



Strategic Plan 2021-2025

Vision: To improve the quality of practice of behavioural and cognitive therapies in Australasia

Purpose: To provide high quality professional development in behavioural and cognitive therapies based on scientific evaluation

Strategic Objectives

PD	SP	CR	BC	PI
Provide high quality professional development in Cognitive Behaviour Therapy	Publish and disseminate scientifically informed practice	Increase awareness of and responsiveness to cultural considerations in the use of behavioural and cognitive therapies in Australasia	Broaden the behavioural and cognitive therapies community in Australasia	Partner with international organisations that promote behavioural and cognitive therapies
PD1 Provide professional development	SP1 Promote and demonstrate scientific clinical practice	CR1 Encourage diversity and inclusion in all aspects of AACBT activities	BC1 Grow and retain members	PI1 Continued involvement at global level
			BC2 Maintain grant and award programs	
PD2 Host national conference			BC3 Increase engagement	