



Strategic Plan 2026-2028

Vision: To improve the quality of practice of behavioural and cognitive therapies in Australia

Purpose: To provide high quality professional development in behavioural and cognitive therapies based on scientific evaluation

Strategic Objectives

PD	SP	CR	BC	PI
Provide high quality professional development in behavioural and cognitive therapies	Support and disseminate scientifically informed practice	Increase awareness of and responsiveness to cultural considerations in the use of behavioural and cognitive therapies in Australia	Broaden the behavioural and cognitive therapies community in Australia	Partner with international organisations that promote behavioural and cognitive therapies
PD1 Offer face-to-face and on-line training, informed by member feedback	SP1 Convey importance of scientifically informed practice	CR1 Encourage diversity and inclusion in all aspects of AACBT activities	BC1 Grow and retain members	PI1 Continue AACBT involvement, and report back about the world confederation
	SP2 Promote scientific clinical practice guidelines		BC2 Maintain award programs	
PD2 Host AACBT National Conference	SP3 Demonstrate the links between scientific theories, evidence, and clinical practice		BC3 Increase participation at AACBT events, and on social platforms	PI2 Utilise international delegates