



**AACBT**

AUSTRALIAN ASSOCIATION  
FOR COGNITIVE AND  
BEHAVIOUR THERAPY

## Short-form Presentations

*Rapid Presentations, Static Poster Display, or combined*

**Olifa Asmara**

2472 (C)

*A randomised control trial of Triple P seminars for promoting parent and child self-regulation in Indonesia*

Rapid Presentation + Poster Display

**Arunima Basu**

2449

*The relationship between future thinking and negative mood: clinical implications*

Poster Display

**Simon Byrne**

2418

*Evidence for third wave therapies for alcohol use disorder across two systematic reviews*

Rapid Presentation + Poster Display

**Shawna Campbell**

2420

*Evidence-based practice, in practice: key learnings from two decades of parent coaching research and service in an at-risk population*

Poster Display

**Justin Catania**

2437

*Psychologists' perspectives of a blended care intervention*

Poster Display



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*Rapid Presentations, Static Poster Display, or combined*

**Phuong Linh Dang**

2489

*Transdiagnostic psychological treatments for depression and anxiety in multiple sclerosis: a systematic review and meta-analysis*

Poster Display

**Uyen Doan**

2429 (A)

*The predictive relationship between autobiographical memory specificity and onset of psychiatric disorders – an individual participant data meta-analysis*

Rapid Presentation + Poster Display

**Jacqueline Frei**

2403

*Supporting those who support our children: investigating the mental health literacy of primary school teachers*

Poster Display

**Meri Grajdan**

2464

*Exploring the lived experience of parents of anxious children to develop parent resources for a digital child anxiety program*

Poster Display

**Patrick Haylock**

2429 (B)

*The relationship between autobiographical memory flexibility, mechanisms of wellbeing, and depression in young people: a prospective study*

Rapid Presentation + Poster Display



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*Rapid Presentations, Static Poster Display, or combined*

**Nikki Huang**

2434

*Understanding repetitive negative thinking in early adolescence and prevention needs and preferences: a descriptive qualitative survey study.*

Poster Display

**Masahiko Inoue**

2436

*Measuring self-injurious behaviour to the head using a wearable acceleration sensor in individuals with Autism Spectrum Disorders*

Poster Display

**Nusaibah Islam**

2468

*Stop, drop and think! The effect of a scheduled problem-solving intervention on fatigue and repetitive negative thinking.*

Rapid Presentation + Poster Display

**Chloe Lim**

2412 (C)

*Courage Quest: pilot trial of a parent-led digital exposure-focused intervention for children with anxiety*

Rapid Presentation + Poster Display

**Sally-Anne McCormack**

2483

*Bridging the gap with AI: revolutionising mental health care through digital innovation*

Poster Display



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## Short-form Presentations

*Rapid Presentations, Static Poster Display, or combined*

**Zamantha Munoz Rodriguez**

2402

*Mental images of suicide, theoretical framework, and findings in youth*

Poster Display

**Isaac Sabel**

2408

*Mental imagery and hoarding symptoms*

Rapid Presentation + Poster Display

**Alicia Smith**

2429 (C)

*Metacognition as a mediator in body-brain disruptions in mental health*

Rapid Presentation + Poster Display

**Adam Theobald**

2431

*Co-design of a blended care model for a digital CBT intervention for depression in adolescents*

Poster Display

**Emily Upton**

2435

*A randomised controlled trial exploring the efficacy of an intensive 7-day online CBT program for reducing symptoms of social anxiety disorder compared to waitlist control*

Poster Display

**Natasha Van der Eyk**

2419

*Understanding sex differences in anxiety: exploring the role of the menstrual cycle*

Poster Display