

Thursday 17 October 2024

Australian Association for Cognitive and Behaviour Therapy 44th National Conference

#AACBT24 Theme: "Making meaning with cognitive and behavioural therapies"

Thursday 17 October 2024

V1.2		Avro Room	Bristol Room	Catalina Room	Dehavilland Room		
7:00am - 8:36am	7:00	Registration				7:00	7:00am - 8:36am
8:36am - 9:00am	8:36			8:36 Welcome to Country Songwoman Maroochy Turrbal People		8:36	8:36am - 9:00am
	8:48			8:48 Welcome Address Fiona MacCallum AACBT National Conference Scientific Convenor (2024)		8:48	
9:00am - 10:00am	9:00		Tim's research focuses on understanding mechanisms and developing psychological preventions and treatments for common mental health problems, such as depression, anxiety, and post-traumatic stress.	9:00 Keynote Speaker Shattered lives: understanding and treating posttraumatic stress in children and adolescents Professor Tim Dalgleish, University of Cambridge, United Kingdom Chairperson: Fiona MacCallum		9:00	9:00am - 10:00am
10:00am - 10:48am	10:00		Melissa's program of research is focused on implementing randomised controlled trials to evaluate the efficacy and mechanisms of cognitive-behavioural and mindfulness-based interventions for chronic pain conditions.	10:00 Invited Speaker Chronic pain: we can do better Associate Professor Melissa Day, University of Queensland, St Lucia, Qld Chairperson: Heidi Saunders		10:00	10:00am - 10:48am
10:48am - 11:24am	10:48	Morning Tea Southern Cross Pavilion (time to view the posters)				10:48	10:48am - 11:24am
11:24am - 1:00pm	11:24	Rapid Presentations - Session 01 2468, 2417 (refer Rapid Presentations detail)	11:24 Rapid Presentations - Session 02 2418 (refer Rapid Presentations detail)	11:24 Invited Speaker - Master Clinician Session Beyond the manual; fundamental ideas and strategies for working with families and child mental health Professor Mark Dadds, Sydney University, Sydney, NSW Chairperson: Ross Menzies		11:24	11:24am - 1:00pm
	11:36	Open Papers 01: Mental health and resilience Chair: Fiona MacCallum Wounded witnesses: making sense of moral injury in journalism Kari James, University of Queensland, QLD (2467)	11:36 Open Papers 02: Emotional and social factors in mental health Chair: Danielle Mathersul The relationship between Premenstrual Dysphoric Disorder and emotion dysregulation Anagha Kaluve, University of New South Wales, NSW (2441)	 Mark has developed and directed several national intervention programs for children, youth, and their families, at risk for mental health problems. His expertise and interests are in child and family mental health, parenting/family processes, prevention, and early intervention. 		11:36	
		Evidence-based behavioural pain treatment's target flexibility but what does it mean? A latent variable analysis. Jayden Lucas, The University of Western Australia, WA (2458)	Understanding NSSI disclosure decision-making in the context of personal information disclosure frameworks Sylvanna Mirichlis, Curtin University, WA (2452)				
		Essential everyday actions for promoting mental health: the development of the Big 5 Framework Nick Titov, MindSpot, Macquarie University, WA (2487)	Could Men's Sheds be a social cure for depression, anxiety, and loneliness in older men? Peter McEvoy, Curtin University, WA (2456)				

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12:12	Symposium 01: Advances in treating common mental disorders (2447) Chair: Suzanna Azevedo A randomised clinical trial of augmenting trauma-focused psychotherapy with memory specificity training Suzanna Azevedo, UNSW Sydney, NSW Do clinicians overestimate patient concerns about exposure therapy? Comparing clinician perceptions vs. patient lived experience of intensive ERP for OCD. Brett Deacon, University of Melbourne, Vic A randomised clinical trial of the role of specific and non-specific factors in a brief group psychological intervention for psychological distress Dharani Keyan, UNSW Sydney, NSW A randomised trial of stepped care for anxiety and depression Eileen Stech, UNSW Sydney, NSW	12:12 Symposium 02: Advances in understanding and treating depression and anxiety in later life (2411) Chair: Jessamine Chen What is the treatment of choice for late-life anxiety? A systematic review and meta-analysis of remission, response, attrition and relapse rates for after psychological and pharmacological treatment. Carly Johnco, Macquarie University Lifespan Health & Wellbeing Research Centre, NSW Efficacy of low intensity interventions for geriatric depression and anxiety Viviana Wuthrich, Macquarie University Lifespan Health & Wellbeing Research Centre, NSW Experimental investigation of mechanisms underlying social connectedness in later life Jessamine Chen, Macquarie University Lifespan Health & Wellbeing Research Centre, NSW Ageing Wisely for Chinese-speaking older adults: culturally and linguistically appropriate adaptation and pilot study Jessamine Chen, Macquarie University Lifespan Health & Wellbeing Research Centre, NSW		<i>Master Clinician Session continued</i>		12:12
1:00pm - 2:00pm	1:00 Lunch Southern Cross Pavilion (time to view the posters)					1:00pm - 2:00pm
2:00pm - 2:36pm	2:00 Rapid Presentations - Session 03 2429 (A), 2429 (B), 2429 (C) (refer Rapid Presentations detail) Open Papers 03: Open stream Chair: Anna Dedousis-Wallace	2:00 Rapid Presentations - Session 04 2480, 2408, 2416 (refer Rapid Presentations detail) Open Papers 04: Pre and postnatal mental health Chair: Rebecca Anderson	2:00 Open Papers 05: Advances in treatments for anxiety Chair: Gia Nhi Lam A metacognitive approach to treating rumination in Social Anxiety Disorder Hayley Donohue, The University of Sydney, NSW (2457)	1:30 AACBT Annual General Meeting (AGM) - all members welcome	2:00 Rapid Presentations - Session 05 2412 (A) (refer Rapid Presentations detail) Tracy Goodall Early Career Award Chairperson: Natasha Dean	2:00pm - 2:36pm
	2:12 Meta-analysis of the association of childhood emotional abuse with emotion regulation Mohammadali (Ali) Amini-Tehrani, University of Western Australia (UWA), WA (2454)	2:12 From information to prenatal worry: how selective interrogation of information shapes different prenatal expectations and impact prenatal worry Mahdi Mazidi, The University of Western Australia, WA (2478)	2:12 Subthreshold Social Anxiety Disorder in adolescence and effectiveness of web-based CBT Kazuki Matsumoto, Division of Clinical Psychology, Kagoshima University Hospital, Research and Education Assembly Medical and Dental Sciences Area, Kagoshima University, Japan (2439)		2:24 Ultra-brief treatments: current evidence and new directions Madelyne Bisby, Macquarie University, NSW	
	2:24 Building health workforce capability to utilise iCBT programs Heidi Sturk, Queensland University of Technology, Qld (2425)	2:24 The relationship between sleep disturbance, repetitive negative thinking, anxiety sensitivity and obsessive-compulsive symptoms in postpartum women Susan Hextell, ACT (2448)	2:24 Implementation trial of "myNewWay" (TM) a transdiagnostic blended digital and in-person CBT intervention for depression and anxiety Jill Newby, Black Dog Institute, NSW (2462)			

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2:36pm	2:36	Move	Move	Move	Move	2:36pm
2:48pm - 3:48pm	2:48	Symposium 03: The role of the family in improving outcomes for victims of school bullying (2442) Chair: Matthew Sanders Discussant: Matthew Sanders The protective role of supportive relationships in mitigating bullying victimisation and psychological distress in adolescents Karyn L Healy, Parenting and Family Support Centre, School of Psychology, The University of Queensland, QLD Pilot randomised controlled trial of a family intervention for adolescents experiencing peer problems and emotional distress Karyn L Healy, Parenting and Family Support Centre, School of Psychology, The University of Queensland, QLD Interventions for autistic children who experience bullying victimisation Alex M Johnstone, The Parenting and Family Support Centre, School of Psychology, The University of Queensland, QLD Can a brief parenting seminar provide parents with skills to support their children's peer relationships and prevent bullying? Julie Hodges, Parenting and Family Support Centre, School of Psychology, The University of Queensland, QLD <i>Discussion</i> Matthew Sanders The University of Queensland	2:48 Symposium 04: Burnout in health professionals: identifying the signs and getting support (2422) Chair: Varies (group) Discussant: Sarah Barker The development and evaluation of The Essential Network (TEN): a blended care mental health service for health professionals in Australia Matthew Coleshill, Black Dog Institute, NSW	2:48 Symposium 05: Advances in the prevention and treatment of obsessive-compulsive disorder (2460) Chair: Kelvin (Shiu Fung) Wong Discussant: Lara Farrell Self-ambivalence and fear-of-self mediates the relationship between self-concept disruption in early life and obsessive-compulsive symptoms Isabella Gomez, Swinburne University of Technology, VIC	2:48 Symposium 06: Meaning through measurement: making accurate appraisals in clinical child mental health (2465) Chair: Adrienne Turnell Discussant: Mark Dadds Use of measures and measurement-based care: a survey of Australian child and youth practitioners Lucy Tully, Child Behaviour Research Clinic, University of Sydney, NSW	2:48pm - 3:48pm
3:48pm - 4:24pm	3:48	Afternoon Tea Southern Cross Pavilion (time to view the posters)				3:48pm - 4:24pm

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V1.2		Avro Room	Bristol Room	Catalina Room	Dehavilland Room	
4:24pm - 5:12pm	4:24	Symposium 07: Music and mental health in young people (2459) Chair: Genevieve Dingle Listen closely: music listening as a technique for emotion regulation Zoe Gath, The University of QLD, QLD	Symposium 08: Novel mental health interventions for preschool- and primary school-aged children (2409) Chair: Chloe Lim Co-design of a novel play-based program for early childhood settings to enhance social-emotional development and mental wellbeing Fotini Vasilopoulos, The Matilda Centre for Research in Mental Health and Substance Use; The University of Sydney; The CREATE Centre, NSW	4:24 <i>{vacant}</i>	Symposium 09: A public health approach to evidence-based parenting support (2470) Chair: Matthew Sanders Effects of the community-wide implementation of the Triple P system on child maltreatment in socially disadvantaged communities Matthew Sanders, The University of Queensland, QLD	4:24pm - 5:12pm
		Participants' perceptions of the Tuned In university students' Program Lachlan Molan, The University of QLD, QLD	Examining the efficacy of positive search training as a treatment for childhood anxiety disorders: a nationwide, non-inferiority trial Allison M Waters, Griffith University, NSW		Evaluating the effectiveness of a Triple P seminar series in Australian primary schools: Findings from a cluster randomised trial Julie Hodges, The University of Queensland, QLD	
		Exploring links between depression and music listening habits in young people Genevieve Dingle, The University of QLD, QLD	Training primary school teachers to support students with anxiety: a consultation and pilot study Chloe Yi Shing Lim, Black Dog Institute, University of New South Wales, NSW		Preparing parents to be partners in children's education: examining the spillover effects of school-based implementation of evidence-based parenting programs Tianyi Ma, The University of Queensland, QLD	
		UQ Voices – a choir for connection and wellbeing of international students attending an Australian university in the context of COVID-19 Rong Han, The University of QLD, QLD	Pre-schoolers overcoming phobias: a randomised controlled trial of play-modified, one session exposure treatment for preschoolers with specific phobias Lara Farrell, Griffith University Centre for Mental Health, QLD		Exploring the real-world effectiveness of the Triple P online system: a national rollout in Australia Alina Morawska, The University of Queensland, QLD	
5:12pm - 6:00pm	5:12		Aaron is an accomplished clinical psychologist and director of Benchmark Psychology, an international training organisation. He is a well-respected figure in the psychology industry and an advocate for mental health support.	Invited Speaker Deliberate practice - the pathway to ongoing improvement in a changing landscape Dr Aaron Frost, Benchmark Psychology, Brisbane, Qld Chairperson: Adela Kiveric	5:12pm - 6:00pm	
6:00pm - 8:00pm	6:00	Early Career Network Meeting (Researchers and Clinicians) <i>Supported by the Psychology Registrar Endorsement Program (PREP)</i> Chair: Luke Ney Panel: <ul style="list-style-type: none"> • Tim Dalgleish • Melissa Day • Caitlin Hitchcock • Aaron Frost • Leanne Hides • Lara Farrell 	Welcome Reception Southern Cross Pavilion		6:00pm - 8:00pm	7:24
8:00pm		Welcome Reception Southern Cross Pavilion				8:00pm
		Close				

Thursday 17 October 2024

Australian Association for Cognitive and Behaviour Therapy 44th National Conference - Rapid Presentations

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Avro Room		Bristol Room	Catalina Room	Dehavilland Room	
11:24am	11:24 Rapid Presentations - Session 01 Chair: Fiona MacCallum [Open Papers 01]	11:24 Rapid Presentations - Session 02 Chair: Danielle Mathersul [Open Papers 02]			11:24am
11:36pm	11:27 Stop, drop and think! The effect of a scheduled problem-solving intervention on fatigue and repetitive negative thinking. Nusaibah Islam, University of New South Wales, NSW (2468) #	11:27 Evidence for third wave therapies for alcohol use disorder across two systematic reviews Simon Byrne, University of Queensland, QLD (2418) #			11:36pm
	11:30 Empowering family members in the context of hoarding disorder: development and evaluation of an evidence-based group intervention Emily Dewar, The University of Sydney , NSW (2417)				11:27
					11:30
					11:33

Rapid Presentations

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Avro Room		Bristol Room	Catalina Room	Dehavilland Room	
2:00pm - 2:12pm	2:00 Rapid Presentations - Session 03 Chair: Anna Dedousis-Wallace [Open Papers 03]	2:00 Rapid Presentations - Session 04 Chair: Rebecca Anderson [Open Papers 04]		2:00 Rapid Presentations - Session 05 Chair: Natasha Dean [Early Career Award]	2:00pm - 2:12pm
	2:03 The predictive relationship between autobiographical memory specificity and onset of psychiatric disorders – an individual participant data meta-analysis Uyen Doan, University of Melbourne, VIC (2429 A) #	2:03 Illness anxiety disorder: to seek, or not to seek (medical care) Katarina Kikas, Black Dog Institute and UNSW, NSW (2480)		2:03 FAST CBT for paediatric OCD: a RCT of multimodality, digital parent training in exposure and response prevention for children with OCD Lara Farrell, Griffith University Centre for Mental Health, Griffith University, QLD (2412 A)	2:03
	2:06 The relationship between autobiographical memory flexibility, mechanisms of wellbeing, and depression in young people: a prospective study Patrick Haylock, University of Melbourne, VIC (2429 B) #	2:06 Mental imagery and hoarding symptoms Isaac Sabel, University of New South Wales, NSW (2408) #			2:06
	2:09 Metacognition & post-trauma symptoms: bridging insights from the cognitive and clinical fields Alicia Smith, University of Cambridge / University of Melbourne, VIC (2429 C) #	2:09 The impact of hoarding disorder on family members: a systematic review of qualitative studies Emily Dewar, The University of Sydney , NSW (2416)			2:09

Rapid Presentations

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Avro Room		Bristol Room	Catalina Room	Dehavilland Room	
7:00am - 8:36am	7:00 Registration				7:00 7:00am - 8:36am
8:36am - 9:36am	8:36  	Emily's work as a clinical psychologist has fuelled her interest in psychological treatment innovation in mental health – both in creating new techniques and reaching more people.	8:36 Keynote Speaker Just imagine: using mental imagery within CBT Professor Emily Holmes, Uppsala University, Sweden Chairperson: Peter McEvoy		8:36 8:36am - 9:36am
9:36am - 10:24am	9:36	Maree is a distinguished researcher with a depth of experience in leadership roles. Working across research, health and education, Professor Toombs has a track record of impactful work, improving the lives of Aboriginal and Torres Strait Islander people.	9:36 Invited Speaker Get in the back seat, I am driving. Translating research into action. Professor Maree Toombs, UNSW - Sydney Chairperson: Kathryn Nicholson Perry		9:36 9:36am - 10:24am
10:24am - 10:48am	10:24 Morning Tea Southern Cross Pavilion (time to view the posters)				10:24 10:24am - 10:48am
11:00am - 11:48am	11:00 Rapid Presentations - Session 06 2426, 2488 (refer Rapid Presentations detail)	11:00 Rapid Presentations - Session 07 2472 (A), 2472 (B), 2472 (C) (refer Rapid Presentations detail)	11:00 Rapid Presentations - Session 08 2406 (B) (refer Rapid Presentations detail)	11:00 Rapid Presentations - Session 09 2412 (C), 2412 (D) (refer Rapid Presentations detail)	11:00 11:00am - 11:48am
	11:12 Open Papers 06: Adolescent mental health Chair: Pete McEvoy Opportunities lost? Rates and predictors of attrition in an eating disorders outpatient service. Rosie Blackburn, Curtin University , WA (2453)	11:12 Open Papers 07: Meaning making and predictors of mental health Chair: Lara Keogh Meaning through metaphors in CBT Fiona Mathieson, University of Otago, Wellington, New Zealand (2479)	11:12 Open Papers 08: Optimizing psychological treatments Chair: Luke Ney Optimization of Cognitive Behavioural Therapy modules in treatment for Attention-Deficit Hyperactivity Disorder Sayo Hamatani, University of Fukui, Japan (2474)	11:12 Open Papers 09: Uncertainty and mental health Chair: Rebecca Anderson Experimenting with uncertainty: a brief intervention targeting negative beliefs about uncertainty for individuals with generalised anxiety disorder Emily Wilson, University of Technology Sydney, NSW (2413)	11:12
		11:12 Predictive factors influencing insomnia trajectories in Australian adolescents Kate Maston, Black Dog Institute, UNSW Sydney, NSW (2475)	11:12 Internet-videoconferencing delivered Cognitive Behaviour Therapy for Social Anxiety Disorder Halaina Winter, University of Technology Sydney, NSW (2410)	11:12 Improving mental health by increasing tolerance of uncertainty Susanne Schweizer, University of New South Wales, NSW (2469)	
		11:36 Move	11:36 A clinical pilot of imagery rescripting in Generalised Anxiety Disorder Lauren Stavropoulos, UNSW Sydney, NSW (2438)	11:36 How can we best address the mental health impacts of climate-related disasters? James Bennett-Levy, Southern Cross University, NSW (2476)	

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Avro Room		Bristol Room		Catalina Room		Dehavilland Room			
11:48am	11:48	Move	11:48		Move	11:48	Move	11:48	11:48am
12:00pm - 1:00pm	12:00	Symposium 10: Exploring meaning making in intrusive memories elicited during a combined trauma film and fear conditioning paradigm (2444)	12:00	Symposium 11: Latest research on screening, assessment and treatment in child mental health (2423)	12:00	Symposium 12: Self-guided internet-delivered cognitive behaviour therapy (ICBT) for obsessive compulsive disorder (OCD): is it effective? Who chooses it? Who responds best? Who drops out? When do symptoms change? (2421)	12:00	Mid-career Award	12:00 12:00pm - 1:00pm
		Chair: Madeline Jarvis Discussant: Luke Ney		Chair: Melissa Aji		Chair: Bethany Wootton Discussant: Madelyne Bisby		Chairperson: Janice Wong	
		Meaning making in intrusive memories following fear conditioning Gia Nhi Lam, Queensland University of Technology, QLD		School-based screen-and-treat': an effective blueprint for expediting access to care in children experiencing PTSD following disasters Vanessa E. Cobham, The University of Queensland, QLD		Reasons for seeking self-guided internet-delivered cognitive behaviour therapy for individuals with obsessive-compulsive disorder Maral Melkonian, University of Technology Sydney, NSW		Ageing wisely – a short tour of older adult mental health Viviana Wuthrich, Macquarie University Lifespan Health & Wellbeing Research Centre, NSW	
		Methods for combining the trauma film and fear conditioning paradigms: relevance to theories of intrusive memories in PTSD Sarah Olsson, Queensland University of Technology, QLD		The impact of universal mental health checks on stigma in primary schools Emma McDermott, Black Dog Institute, University of New South Wales, NSW		Who responds best to self-guided internet-delivered cognitive behaviour therapy (ICBT) for obsessive compulsive disorder? Bethany Wootton, University of Technology Sydney, NSW			
		Towards more valid experimental fear conditioning paradigms for exposure therapy in posttraumatic stress disorder Luke Ney, Queensland University of Technology, QLD		How do Aboriginal and Torres Strait Islander youth experience life interference when they are socially and emotionally unwell? Maddison O'Gradey-Lee, Black Dog Institute, NSW		Who drops out of self-guided internet-delivered cognitive behaviour therapy (ICBT) for obsessive compulsive disorder? Bethany Wootton, University of Technology Sydney, NSW			
		Endocannabinoids, neurosteroids, and steroid hormone effects on intrusive memories following acute stress and trauma film viewing Khalisa Amir Hamzah, Queensland University of Technology, QLD		Barriers to accessing and engaging with mental health services for low income families: a qualitative evaluation Sophie Dickson, Macquarie University Lifespan Health and Wellbeing Research Centre, NSW		The timing of symptom change and early treatment response in a self-guided digital treatment for obsessive-compulsive disorder Madelyne Bisby, Macquarie University, NSW			
		Discussion Luke Ney, Queensland University of Technology		A systematic review of measures of fears and worries interfering with sleep in children Melissa Aji, Black Dog Institute, University of New South Wales, NSW		Discussion Madelyne Bisby, Macquarie University			
1:00pm - 2:00pm	1:00	Lunch Southern Cross Pavilion (time to view the posters)							1:00 1:00pm - 2:00pm
							1:24	Branch Meeting all delegates welcome	

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Avro Room		Bristol Room		Catalina Room		Dehavilland Room			
2:00pm - 2:36pm	2:00 Symposium 13: Mechanisms underpinning maintenance and treatment of common mental disorders (2445) Chair: Suzanna Azevedo Intrusive memories and a new model for exposure therapy Christina Kheir, UNSW Sydney, NSW	2:00 Symposium 14: Parenting and risk and protective factors of child development (2424) Chair: April Hoang Acceptability and use of corporal punishment and parenting practices across high-income countries Carolina Gonzalez, University of Southern Queensland, QLD	2:00 Symposium 15: Apps, innovations and considerations: new developments in the mechanisms underpinning youth mental health (2451) Chair: Caitlin Hitchcock Imagery rescripting as a novel therapy for suicidal ideation in young people Lianne Schmall, Orygen, VIC	2:00 Symposium 16: Controversies in childhood conduct problems: morality, discipline and diagnostic labels (2471) Chair: Mark Dadds How should parents discipline conduct problems in children? Evidence from asking the children themselves. Mark Dadds, The University of Sydney, NSW	2:00 Symposium 17: Towards trauma-informed discipline: exploring the moderating role of adversity on the appropriateness of time-out for young children with conduct disorders Caitlin Hitchcock, University of Melbourne, Vic	2:00 Symposium 18: Is impaired emotional reactivity in child callous-unemotional traits associated with impaired emotional comprehension and moral reasoning? Jaime Northam, The University of Sydney, NSW	2:00 Symposium 19: Parent perceptions of diagnosis of Oppositional Defiant Disorder for their child Lucy Tully, The University of Sydney, NSW	2:00pm - 2:36pm	
2:48pm	2:48 Move	2:48 Move	2:48 Move	2:48 Move	2:48 Move	2:48 Move	2:48 Move	2:48	2:48pm

Friday 18 October 2024

Avro Room		Bristol Room	Catalina Room	Dehavilland Room	
3:00pm - 3:48pm	3:00 Symposium 17: Investigating transdiagnostic approaches to improving our treatment for eating disorders (2485) Chair: Tracey Wade A randomised and adaptive trial of transdiagnostic single session interventions for people on an eating disorder treatment waitlist Tracey Wade, Flinders University, SA	3:00 Symposium 18: Learning mechanisms linking adversity with emotional maladjustment (2407) Chair: Allison Waters Exposure to images of violence and neglect influence fear learning and daily anxiety Michael Beardsley, Griffith University, QLD	3:00 Symposium 19: Online treatments for physical and mental health: identifying barriers to engagement and testing new treatment models (2466) Chair: Madelyne Bisby Predictors of uptake of CBT-based health behaviour change interventions in chronic health conditions: a national survey Andreea Heriseanu, Macquarie University, NSW	3:00 Symposium 20: Empowering families: insights into parenting interventions for autism and adjustment to diagnosis (2414) Chair: Mark Dadds ParentWorks Spectrum: a randomised controlled trial of a brief integrated online parent mediated intervention for young children with autism Bridie Leonard, University of Sydney, NSW	3:00 - 3:48pm
	 A Delphi study of critical "non-eating disorder" targets that are potential targets in early intervention and augmentation of therapy for eating disorders Jamie-Lee Pennesi, Flinders University, SA	 Fear learning and extinction mechanisms linking natural disasters with emotional maladjustment Allison Waters, Griffith University, QLD	 Development and preliminary evaluation of an ultra-brief online treatment for perinatal depression and anxiety Madelyne Bisby, Macquarie University, NSW	 Making meaning from autism diagnosis and treatment: qualitative interviews following caregiver training Elysha Clark-Whitney, University of Sydney, NSW	
	 Intervention approaches designed to have transdiagnostic effects for youth at risk of poor mental health: a meta-analysis of outcomes Marcela Radunz, Flinders University, SA	 Exposure to images of post-bushfire disaster impacts fear learning and extinction Lindsey Franklin-Browne, Griffith University, QLD	 Acceptability and feasibility of an online, transdiagnostic sleep intervention Amelia Scott, Macquarie University, NSW	 Parental functioning and well-being in parents of ParentWorks Spectrum: an integrated parent-mediated intervention for autism Erika Moelle, University of Sydney, NSW	
	 A meta-analysis of acute augmentation of therapy for eating disorders: impact on outcomes Jamie-Lee Pennesi, Flinders University, SA	 The effects of coping self-efficacy on fear learning Rachel Kapnias, Griffith University, QLD	 Examining the efficacy and acceptability of an internet-delivered pain management program for endometriosis Shanika Chandra, Macquarie University, NSW	 (vacant)	
3:48pm - 4:24pm	3:48 Afternoon Tea Southern Cross Pavilion (last chance to view the posters)				
4:24pm - 5:12pm	4:24 Symposium 21: Understanding and treating Prolonged Grief Disorder (2446) Chair: Fiona Maccallum A longitudinal study of bereavement outcomes and support use: practice and policy implications to improve outcomes for those at risk of prolonged grief disorder Fiona Maccallum, University of Queensland, QLD	4:24 Symposium 22: Finding meaning through cultural tailoring of parenting support (2473) Chair: Karen Turner Drawing on community voices to create a universal public service campaign for Cherbourg parents and carers and beyond Arvind Ponnappali, Darling Downs Health and The University of Queensland, QLD	4:24 (vacant)	4:24 Symposium 23: Advances in the field of artificial intelligence for the treatment of mental ill-health: evidence, applications and perspectives (2430) Chair: Imogen Bell Characteristics and effectiveness of AI-enhanced digital mental health interventions: a state-of-the-art systematic review and meta-analysis Shaunagh O'Sullivan, Orygen, University of Melbourne, VIC	4:24 - 5:12pm
	 Using ecological momentary assessment to explore the dynamic relationship between emotion regulation use and prolonged grief in daily life Tom Kennedy, University of Queensland, QLD	 Tailoring evidence-based parent support with Indigenous community service partners Karen Turner, The University of Queensland, QLD		 Artificial intelligence use for mental health care: a community survey of clinician and consumer perspectives and experiences Shane Cross, Orygen, University of Melbourne, VIC	
	 A randomised controlled trial comparing cognitive behaviour therapy and mindfulness in treatment of Prolonged Grief Disorder Suzanna Azevedo, UNSW Sydney, NSW	 Behind their thoughts: Indonesian fathers' involvement in parenting Ari Pratiwi, The University of Queensland, QLD		 Pilot randomised controlled trial of Mello: a Just-In-Time Adaptive Intervention (JITAI) targeting repetitive negative thinking in youth depression and anxiety Imogen Bell, Orygen, University of Melbourne, VIC	
	 Residual symptoms following cognitive behaviour therapy for Prolonged Grief Disorder Suzanna Azevedo, UNSW Sydney, NSW	 Exploring perceptions of Pakistani orphanage staff on the implementation of Triple P Amina Khalid, The University of Queensland, QLD		 'Vibe Up' study: An artificial intelligence-enhanced response adaptive trial of brief digital interventions for psychological distress in university students Jill Newby, Black Dog Institute, VIC	

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5:12pm - 6:00pm	5:12	 <p>Robert is a clinical psychologist, researcher, and a co-director of Schema Therapy Sydney - the first schema therapy focused private practice to be established in Sydney. Over the past 7 years he has provided accredited schema trainings across Australia, New Zealand, Singapore, and Hong Kong.</p>	5:12 Invited Speaker Advances in the practice of schema therapy in 2024 and beyond: trends, opportunities, and challenges Dr Rob Brockman, Schema Therapy Sydney	5:12 Chairperson: Lisa Catania	5:12	5:12pm - 6:00pm
6:00pm - 8:00pm	6:00		6:00 Closing Address Heidi Saunders AACBT National Conference Convenor (2024)	6:00	6:00pm - 8:00pm	6:12
	6:12		Close			7:00
	7:00		Conference social event (dinner and networking) (tickets available on website)			8:00pm
		7pm start until 10pm Bar Pacino, 175 Eagle St, Brisbane City				
8:00pm		Conference social event (dinner and networking) continues...				

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Australian Association for Cognitive and Behaviour Therapy 44th National Conference - Rapid Presentations

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Avro Room		Bristol Room	Catalina Room	Dehavilland Room		
11:00am	11:00	Rapid Presentations - Session 06 Chair: Pete McEvoy [Open Papers 06]	11:00	Rapid Presentations - Session 07 Chair: Heidi Saunders [Open Papers 07]	11:00	Rapid Presentations - Session 08 Chair: Luke Ney [Open Papers 08]
11:12am	11:03	Exploring digital emotion regulation in young people Atia Fatimah, Black Dog Institute , NSW (2426)	11:03	Meta-analysis of teen Triple P-Positive Parenting Program Cassandra Tellegen, The University of Queensland, QLD (2472 A)	11:03	Programs and support pathways for caregivers to strengthen Aboriginal children's wellbeing Talia Carl, Growing Minds Australia, Child Behaviour Research Clinic, University of Sydney, NSW (2406 B)
	11:06	Developing and piloting of the 'Next Steps' decision-aid for people deciding on more intensive psychological treatment options Alana Fisher, Macquarie University, NSW (2488)	11:06	Randomised controlled trial investigating the effects of Stepping Stones Triple P vs Stepping Stones plus Enhanced Triple P on parenting and family adjustment Ayu Paramecwari, The University of Queensland, QLD (2472 B)		11:06 Testing the optimal method of exposure for children with anxiety Jennifer Hudson, Black Dog Institute, University of New South Wales; School of Psychology, University of New South Wales, NSW (2412 D)
			11:09	A randomised control trial of Triple P seminars for promoting parent and child self-regulation in Indonesia Olifa J Asmara, The University of Queensland, QLD (2472 C) #		11:09
-	-					

Rapid Presentations

Saturday 19 October 2024		
<i>All workshops are supported by XXXX</i>		
8:00am - 9:00am	Workshop Registration	
	Full-day workshop Using mental imagery with CBT	Full-day workshop Mindfulness-based cognitive therapy for chronic pain, other health conditions and comorbidities: a clinician's training workshop
	Avro Room	
	Chair: Heidi Saunders	Chair: Danielle Mathersul
	Presenter: Emily Holmes Uppsala University, Sweden	Presenter: Melissa Day University of Queensland
9:00am - 12:30pm	Morning session	Morning session
10:30am - 11:00am	Morning Tea Southern Cross Pavilion	
11:00am - 12:30pm	<i>Continued</i>	<i>Continued</i>
12:30m - 1:30pm	Lunch (and skills practice if req.) Southern Cross Pavilion	
1:30pm - 5:00pm	Afternoon session	Afternoon session
3:00pm - 3:30pm	Afternoon Tea Southern Cross Pavilion	
3:30pm - 5:00pm	<i>Continued</i>	<i>Continued</i>
5:00pm	Close	Close