

# AACBT 38th National Conference Program

Thursday 26 October 2017				
7:30am - 8:30am	<b>Registration</b>			
8:30am - 10:00am	<b>Opening Plenary</b>			
	Room: Oceanic Ballroom			
	Chair: Louise Sharpe			
8:30am - 8:40am	Welcome Address Melissa Norberg, AACBT National Conference Convenor			
8:40am - 9:00am	President's Address Professor Amanda Baker			
9:00am - 10:00am	<b>Keynote Speaker Presentation</b> <b>Keynote Speaker:</b> A Theoretical Framework and Therapy Model for Fear of Cancer Recurrence: Practical Strategies. Professor Phyllis Butow, University of Sydney, NSW, Australia			
<b>5 minutes for delegates to move between rooms</b>				
10:05am - 10:45am	<b>Distinguished Career Award for Contribution to Cognitive or Behavioural Research and Therapy</b>		<b>Open Papers 1: General</b>	<b>Open Papers 2: Obsessive-compulsive disorder</b>
	Room: Oceanic Ballroom		Room: Coogee	Room: Centennial
	Chair: Leanne Hides		Chair: Zac Seidler	Chair: Richard O'Kearney
	10:05am - 10:45am Transforming the lives of children, parents and communities through positive parenting Professor Matt Sanders, The University of Queensland, Qld	10:05am - 10:18am	Therapist perspectives on working with clinical perfectionism: Client motivation, level of insight and barriers to change Shalane Sadri	10:05am - 10:18am The role of dissociation in obsessive-compulsive washing Ellen Holmes-Preston
		10:18am - 10:31am	Clinical recommendations for psychological treatment of men: A scoping review and evaluation Zac Seidler	10:18am - 10:31am Moderators and predictors of face-to-face and telephone delivered cognitive behaviour therapy outcome for paediatric obsessive-compulsive disorder Richard O'Kearney
		10:31am - 10:45am	Clinical supervisors: Made or taught? Anthony Venning	10:31am - 10:45am Moderators and predictors of response to cognitive behaviour therapy for paediatric obsessive-compulsive disorder: A systematic review and meta-analysis Beth O'Gorman
10:45am - 11:00am	<b>Morning Tea</b> <b>Oceanic Foyer</b>			
11:00am - 12:00pm	<b>Keynote Speaker Presentation</b>		<b>Open Papers 3: Mindfulness</b>	<b>Open Papers 4: Innovations in the treatment of children</b>
	Room: Oceanic Ballroom		Room: Coogee	Room: Centennial
	Chair: Melissa Norberg		Chair: Alice Shires	Chair: David Hawes
	11:00am - 12:00pm <b>Keynote Speaker:</b> Transdiagnostic Approaches to the Cognitive Behavioural Treatment of Anxiety and Emotional Disorders. Professor Peter Norton, Monash University, Vic, Australia	11:00am - 11:15am	Processes of change in two worksite mindfulness-based interventions Eric Morris	11:00am - 11:12am ParentWorks: Preliminary effectiveness of a national, free, online, father-inclusive parenting intervention to reduce child externalising behaviour problems Lucy Tully

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		11:15am - 11:30am	Mind the Parent: What can mindfulness add to parenting programs? Mark Donovan	11:12am - 11:24am	Engaging fathers in interventions for child mental health: Evaluation of a national practitioner training program David Hawes	
		11:30am - 11:45am	Comparison of a brief mindfulness task with distraction in the reduction of induced pain with a moderator of attentional bias Alice Shires	11:24am - 11:36am	Putting the "C" into BPT: Integrating parental attributions in the behavioural parent training for high-risk families while treating child conduct problems Vilas Sawrikar	
		11:45am - 12:00pm	Q&A	11:36am - 11:48am	A randomised controlled trial of an intervention to help parents communicate to children about sexuality Sarah Teo	
				11:48am - 12:00pm	Q&A	
<b>5 minutes for delegates to move between rooms</b>						
12:05pm - 1:05pm	<b>Symposium 1: Innovations in child and adolescent internalising disorders</b>	<b>Symposium 2: Current status and future directions in internet-delivered CBT</b>		<b>Symposium 3: Refugee trauma and the settlement process: Understanding the underlying emotional, cognitive and social mechanisms</b>		
	Room: Oceanic Ballroom	Room: Coogee		Room: Centennial		
	Chair: Viviana Wuthrich	Chair: Alison Mahoney		Chair: Angela Nickerson Discussant: Kim Felmingham		
12:05pm - 1:05pm	Paper 1. The relationship between social risk-taking and depression in adolescence: The mediating effect of perceived social acceptance Talia Morris, Centre for Emotional Health, Macquarie University, Sydney, NSW	12:05pm - 1:05pm	Paper 1. Integrating mindfulness into CBT – randomised controlled trial of online mindfulness-enhanced CBT For anxiety and depression Natalie Kladnitski, Clinical Research Unit for Anxiety and Depression (CRUfAD), Sydney, NSW	12:05pm - 1:05pm	Paper 1. Moral injury appraisals in refugee trauma Joel Hoffman, University of New South Wales, Sydney, NSW	
	Paper 2. The relationship between fathers' parenting behaviours and childhood anxiety disorders: A systematic review Jennie Hudson, Centre for Emotional health, Macquarie University, Sydney, NSW		Paper 2. A randomised controlled trial of Internet-based cognitive behavioural therapy (iCBT) For posttraumatic stress disorder (PTSD) Adrian Allen, Clinical Research Unit for Anxiety and Depression (CRUfAD), Sydney, NSW		Paper 2. Effects of control and emotion regulation on psychological responses: An empirical investigation Lillian Le, University of New South Wales, Sydney, NSW	
	Paper 3. Randomised controlled trial of The Study Without Stress Program: A CBT program that aims to reduce stress in HSC students Catherine Lowe, Centre for Emotional health, Macquarie University, Sydney, NSW		Paper 3. Development and evaluation of an online intervention for perinatal anxiety and depression: The Mumentum program Amanda Sie, Clinical Research Unit for Anxiety and Depression (CRUfAD), Sydney, NSW		Paper 3. Negative emotions and intrusive memories in refugees Angela Nickerson, School of Psychology, UNSW Australia, Sydney NSW	
	Paper 4. Treatment of functional somatic symptoms with comorbid anxiety or depressive symptoms: An evaluation of the New Cool Kids & Adolescent Health Program Maria Kangas, Centre for Emotional health, Macquarie University, Sydney, NSW		Paper 4. Promoting self-regulation in preschoolers: The iENGAGE program Alison Mahoney, Clinical Research Unit for Anxiety and Depression (CRUfAD), Sydney, NSW		Paper 4. Tell Your Story: An online intervention targeting mental health stigma in refugee men Yulisha Byrow, University of New South Wales, Sydney, NSW	

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	Paper 5. Double-blind randomised controlled trial of CBT with and without sertraline for child anxiety Jennie Hudson, Centre for Emotional health, Macquarie University, Sydney, NSW	Discussion	Discussion
1:05pm - 1:45pm	<b>Lunch (in two locations)</b> <b>Bluesalt Restaurant (Ground Floor)</b> <b>Oceans Dining &amp; Drinks (Lower Ground)</b>		
1:15pm - 1:40pm	<b>AACBT Annual General Meeting (AGM) - all members welcome</b>		
	Room: Coogee		
1:45pm - 3:45pm	<b>Master Clinician Session</b>  Room: Oceanic Ballroom Chair: Anna Dedousis-Wallace	<b>Symposium 4: Physical and mental disorder comorbidity in older adult populations: Underlying factors and psychological interventions</b>  Room: Coogee Chair: Viviana Wuthrich Discussant: Patrick Raue	<b>Open Papers 5: Issues in diagnosis and transdiagnostic practice</b>  Room: Centennial Chair: Alison Mahoney
1:45pm - 3:15pm	<b>Keynote Speaker:</b> An Introduction to Family-based Treatment of Children with Conduct Problems.  Professor Mark Dadds, University of Sydney, NSW, Australia	1:45pm - 2:45pm  Paper 1. The Role of rumination and cognitive reappraisal in late-life depression in patients with multi-morbidity Louise Sharpe, School of Psychology, University of Sydney, NSW	1:45pm - 1:57pm  Transdiagnostic processes in mental health: Flavour of the month or an enduring useful concept? Lisa Phillips
		Paper 2. Internet-delivered cognitive behavioural therapy to prevent depression in older adults with multi-morbidity: A randomised controlled trial Jennifer Read, School of Psychology, University of Sydney, NSW	1:57pm - 2:09pm  Emotion regulation for adolescent anxiety and depression: Transdiagnostic treatment approaches Carolyn Schniering
		Paper 3. Update on follow-up outcomes of a psychological intervention to reduce cognitive decline in at-risk older adults with anxiety and depression Viviana Wuthrich, Centre for Emotional Health, Department of Psychology, Macquarie University, Sydney, NSW	2:09pm - 2:21pm  Dialectical behaviour therapy for emotional dysregulation within a community practice setting: Preliminary results and implications Natasha Davis
		Paper 4. Effects of a multi-faceted "Healthy Brain Ageing" cognitive training program in older adults at risk of dementia Loren Mowszowski, Healthy Brain Ageing Program, Brain and Mind Centre, University of Sydney, NSW	2:21pm - 2:33pm  A transdiagnostic taxonomy that can replace the DSM Gary Bakker
		Discussion	2:33pm - 2:45pm  The effect of diagnostic labelling with the 'with limited prosocial emotions' (LPE) specifier for conduct disorder on decision-making Ashneeta Prasad
	<b>Open Papers 6: Health</b>  Room: Coogee		<b>Symposium 5: Parenting constructs in the modern world</b>  Room: Centennial

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		Chair: Louise Sharpe		Chair: Gerri Minshall	
3:15pm - 3:45pm	An investigation of the transportability of imagery-enhanced group CBT for social anxiety disorder Peter McEvoy	2:45pm - 3:00pm	Development of a model of cancer-related anxiety Leah Curran	2:45pm - 3:45pm	Paper 1. Constructs to be considered in parenting interventions Gerri Minshall, The Children's Hospital at Westmead; Anxiety Solutions CBT
		3:00pm - 3:15pm	Outcomes of CBT for depression and anxiety tailored for early stage cancer survivors (ICANADAPT EARLY) Jill Newby		Paper 2. Childhood obesity and the parent-child relationship Olivia Liew, University of New England, Armidale, NSW
		3:15pm - 3:30pm	The Non-Avoidant Pacing Scale: Development and preliminary validation Renata Hadzic		Paper 3. Impulsivity under uncertainty: Examining childhood obesity from a life history theory perspective Olivia Liew, University of New England, Armidale, NSW
		3:30pm - 3:45pm	Q&A		Paper 4. Mind the parent: What can mindfulness add to parenting programs? Mark Donovan, University of Wollongong, NSW
3:45pm - 4:00pm	<b>Afternoon Tea</b> <b>Oceanic Foyer</b>				
4:00pm - 5:00pm	<b>Keynote Speaker Presentation</b>  Room: Oceanic Ballroom Chair: Louise Sharpe			<b>Open Papers 7: Innovations in the treatment of eating disorders and emotion regulation</b>  Room: Centennial Chair: Agatha Conrad	
5:30pm - 7:30pm (+)	Welcome Reception Oceans Bar, Crown Plaza Coogee Beach	4:00pm - 5:00pm	<b>Keynote Speaker:</b> Evidence-based Treatment for Late Life Depression. Professor Patrick Raue, University of Washington, USA	4:00pm - 4:15pm	The role of regular eating and self-monitoring in treatment of bulimia nervosa: a pilot study of an online CBT program Sarah Barakat
				4:15pm - 4:30pm	Can family based interventions for eating disorders work effectively across general mental health services: A control intervention comparison study Agatha Conrad
				4:30pm - 4:45pm	Adapting CBT for people with eating disorders and comorbid overweight or obesity: The HAPIFED program Felipe Quinto da Luz
				4:45pm - 5:00pm	Do indulgent activities facilitate emotion-regulation following stressors John Martin

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Friday 27 October 2017				
7:30am - 8:30am	Registration			
8:30am - 9:15am	<b>The Tracy Goodall Early Career Award</b>  Room: Oceanic Ballroom Chair: Leanne Hides		<b>Open Papers 8: Treatment meta-analyses</b>  Room: Coogee Chair: Nicole Livermore	
	<b>Memory-based interventions for the treatment of depression and the role of prevention</b> Aliza Werner-Seidler, Black Dog Institute		<b>Open Papers 9: General</b>  8:30am - 8:45am The effectiveness of CBT for the treatment of perinatal anxiety: A preliminary meta-analysis Peta Maguire  8:45am - 9:00am The efficacy of psychosocial interventions for people with multiple sclerosis: A meta-analysis of specific treatment effects Amy-Lee Sesel  9:00am - 9:15am Q&A	
9:15am - 10:15am	<b>Keynote Speaker Presentation</b>  Room: Oceanic Ballroom Chair: Leanne Hides		<b>Open Papers 10: General</b>  8:30am - 8:45am Beyond threat perception: The contribution of metacognitive theory to understanding anger Avalon Tissue  8:45am - 9:00am Clinical validity of the Metacognitions Questionnaire in anxiety disorders Julia White  9:00am - 9:15am The impact of rumination on decision-making in depression Shanta Dey	
9:15am - 10:15am	<b>Keynote Speaker: Failure is Fun and Important: An Attempt to Develop a New Theoretically Driven Treatment for Callous-antisocial Behaviour in Children.</b> Professor Mark Dadds, University of Sydney, NSW, Australia		9:15am - 9:30am Mediating factors underpinning eating-disordered symptoms and cognitions in bipolar disorder Claire McAulay  9:30am - 9:45am Testing cognitive defusion and guided imagery as reduction strategies for naturalistic food cravings: A two week online diary study Sophie Schumacher  9:45am - 10:00am Enhancing the efficacy of cognitive behaviour therapy: Can load shed any light? Roberto Parada  10:00am - 10:15am Q&A	
10:15am - 10:30am	<b>Morning Tea</b> Court Foyer (lower ground)			
10:30am - 11:30am	<b>Keynote Speaker Presentation</b>  Room: Oceanic Ballroom Chair: Melissa Norberg		<b>Symposium 6 : Manualized treatments across the lifespan and in different settings</b>  Room: Coogee Chair: Chair: Gerri Minshall	
	<b>Symposium 7: Using CBT strategies to achieve change: Future directions from the eating as treatment trial for head and neck cancer patients</b>  Room: Centennial Chair: Ben Britton Discussant: Amanda Baker			

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10:30am - 11:30am	<b>Keynote Speaker:</b> The Impact of Childhood Trauma on Adult Functioning: Neurobiological, Psychological and Cognitive Effects. Professor Kim Felmingham, University of Melbourne, Vic, Australia	10:30am - 11:30am	Paper 1. Advantages and disadvantages of manualised treatments Gerri Minshall, The Children's Hospital at Westmead; Anxiety Solutions CBT	10:30am - 11:30am	Paper 1. A health behaviour change intervention to improve treatment outcomes for head and neck cancer patients undergoing radiotherapy Ben Britton, University of Newcastle, NSW
			Paper 2. How I developed, published and researched my own anxiety treatment manual Renee Mill, Anxiety Solutions CBT		Paper 2. Eating as treatment: The Eat Intervention Alison Beck, University of Newcastle, NSW
			Paper 3. The use of manualized therapy in the treatment of adolescent anorexia nervosa: Can it be done effectively in private practice? Mandy Goldstein, Mandy Goldstein Psychology		Paper 3. Practice change in the clinical oncology setting Kristen McCarter, University of Newcastle
			Paper 4. The how of manual use in private practice. The case of adolescent anorexia nervosa Chris Thornton, Chris Thornton and Associates The Redleaf Practice		Paper 4. Patient, clinician and systems change: Where to from here? Ben Britton, University of Newcastle, NSW

5 minutes for delegates to move between rooms

11:35am - 12:35pm	<b>Symposium 8: Risks to adolescent well-being</b>	<b>Open Papers 11: Cognitive processes in emotional disorders</b>		<b>Symposium 9: Innovations in brief parenting interventions: Applications across age, context and place</b>	
	Room: Oceanic Ballroom	Room: Coogee		Room: Centennial	
	Chair: Ella Oar Discussant: Jennifer Hudson	Chair: Louise Sharpe		Chair: Alina Morawska Discussant: Amy Mitchell	
11:35am - 12:35pm	Paper 1. Social media use in preteens: Links with body dissatisfaction and eating pathology Jasmine Fardouly, Centre for Emotional Health, Department of Psychology, Macquarie University, Sydney, NSW	11:35am - 11:50am	The relationship between anxiety and attentional control: results from a meta-analysis Ran Shi	11:35am - 12:35pm	Paper 1. Do fathers report benefits from brief parenting interventions? Father outcomes from a randomised controlled trial of a brief parenting intervention for children with asthma and eczema Alina Morawska, Parenting and Family Support Centre, The University of Queensland, Qld
	Paper 2. The preteen perfectionist: Associations with adolescent social functioning and mental health outcomes Natasha Magson, Centre for Emotional Health, Department of Psychology, Macquarie University, Sydney, NSW	11:50am - 12:05pm	The role of attentional bias and interpretation bias in video feedback for social anxiety Junwen Chen		Paper 2. Positive Parenting for Healthy Living (Triple P): Randomised controlled trial of a brief group program for parents of children with type 1 diabetes Amy Mitchell, Parenting and Family Support Centre, The University of Queensland, Qld
	Paper 3. Sleep disturbance in youth internalising and externalising disorders Ella Oar, Centre for Emotional Health, Department of Psychology, Macquarie University, Sydney, NSW	12:05pm - 12:20pm	Cognitive processing deficits associated with body dysmorphic disorder Shevaughn Johnson		Paper 3. Assessing the multifaceted influence of parents on adolescent adjustment: Development and applications of a new parent-adolescent questionnaire battery Kylie Burke, Parenting and Family Support Centre, The University of Queensland, Qld

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	Discussion	12:20pm - 12:35pm	Q&A	Paper 4. A Mixed methods evaluation of the efficacy of brief, targeted parenting groups for parents of teenagers Cassandra Dittman, Parenting and Family Support Centre, The University of Queensland, Qld	
				Discussion	
12:35pm - 1:15pm	<b>Lunch (in two locations)</b> <b>Bluesalt Restaurant (Ground Floor)</b> <b>Oceans Dining &amp; Drinks (Lower Ground)</b>				
12:45pm - 1:15pm	<b>Meeting: Early Career Researchers</b> <b>Hosted by:</b> Professor Amanda Baker, President AACBT				
	Room: Coogee				
1:15pm - 2:15pm	<b>Symposium 10: Psychological features and mechanisms of obsessive-compulsive spectrum disorders</b>  Room: Oceanic Ballroom Chair: Jessica Grisham Discussant: Melissa Norberg	<b>Symposium 11: How placebo effects could influence CBT outcomes: Lessons learned from medicine</b>  Room: Coogee Chair: Ben Colagiuri Discussant: Professor Mark Dadds	<b>Open Papers 12: The efficacy of brief CBT interventions</b>  1:15pm - 2:15pm Paper 1. Immersion in imagined possibilities among individuals with OCD Shiu Wong, UNSW Sydney, Sydney, NSW  Paper 2. Imagining as an observer: Manipulating visual perspective in obsessional imagery Savannah Minihan, NSW Sydney, Sydney, NSW  Paper 3. Psychological and physiological indices of inattention in hoarding disorder Peter Baldwin, UNSW Sydney, Sydney, NSW  Paper 4. Distress intolerance and treatment outcome for community-based hoarding treatment Jessica Grisham, UNSW Sydney, Sydney, NSW	1:15pm - 1:27pm Paper 1. Labels matter: The role of branding in treatment outcomes Kate Faasse, UNSW Sydney, Sydney, NSW  Paper 2. Is surgery the ultimate placebo? A review of placebo effects for surgical interventions Ian Harris, UNSW Sydney, Sydney, NSW  Paper 3. Can beliefs influence treatment responses in clinical trials? Ben Colagiuri, School of Psychology, University of Sydney, NSW  Paper 4. The placebo response in antidepressant trials: Quantifying the effects of publication bias Brett Deacon, Illawarra Anxiety Clinic, Wollongong, NSW	1:15pm - 1:27pm A brief sleep psychoeducation program improves sleep quality and reduces insomnia symptoms in new mothers Liora Kempler  1:27pm - 1:39pm Uptake of e-mental health programs: Trends over recent years Heidi Sturk  1:39pm - 1:51pm Internet delivered treatment for adults with obsessive-compulsive disorder: Where are we 7 years later? Bethany Wootton  1:51pm - 2:03pm Harnessing internet-delivered and transdiagnostic approaches to enhance the mental health and cognitive functioning of Australians with neurological conditions Milena Gandy

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	Discussion	Discussion	2:03pm - 2:15pm	Harnessing online technologies to deliver cognitive-behavioural therapy to adolescent and young adult survivors: Feasibility, efficacy and clinical challenges Ursula Sansom-Daly	
2:15pm - 2:45pm	<b>Afternoon Tea</b> <b>Court Foyer (lower ground)</b>				
2:45pm - 4:00pm	<b>The Great Debate</b> "Cognitive Behaviour Therapists are Compassionate Enough"	<b>Open Papers 13: General</b>		<b>Open Papers 14: General</b>	
	Room: Oceanic Ballroom	Room: Coogee		Room: Centennial	
	Moderator: Louise Sharpe	Chair: Lisa Phillips		Chair: Kristy Johnstone	
2:45pm - 4:00pm	<b>Panellists:</b> Mark Dadds Kim Felmingham Peter McEvoy Kathryn Nicholson Perry Peter Norton Sonja Pohlman	2:45pm - 2:55pm	An evaluation of the FASD assessment process of children with suspected prenatal alcohol exposure: Exploring caregiver experiences and family empowerment Katrina Chamberlain	2:45pm - 2:55pm	An association between estradiol and fear and avoidance in women with spider phobia after a one-session exposure treatment Sophie Li
		2:55pm - 3:05pm	Is post-traumatic growth associated with actual behaviour change following adversity? An investigation in an Australian sample post-trauma John Martin	2:55pm - 3:05pm	An evaluation of behavioural activation and self-compassion strategies for academic worry Kristy Johnstone
		3:05pm - 3:15pm	Stigma towards individuals who self-harm: The role of gender, disclosure and mental health literacy Lisa Phillips	3:05pm - 3:15pm	A systematic review of prospective memory processes related to symptoms of depression, anxiety, and obsessive-compulsive disorder Angelina Leonello
		3:15pm - 3:25pm	Using training to change expectations regarding the timing of self-generated sensations: Implications for schizophrenia Ruth Elijah	3:15pm - 3:25pm	Integrating theories of alcohol consumption: How do drinking motives influence self-efficacy? Denise Girdlestone
		3:25pm - 3:35pm	Testing the preliminary efficacy of a targeted early intervention for conduct problems with callous-unemotional traits Ashneeta Prasad	3:25pm - 3:35pm	The pattern of depressive symptom changes in young people with major depression following an integrated motivational interviewing and exercise intervention Yasmina Nasstasia
		3:35pm - 3:55pm	Q&A	3:35pm - 3:45pm	Perceived injustice: Association with PTSD symptoms and implications for treatment David Berle

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			3:45pm - 3:55pm	A digital coach to treat anxiety and depression Anthony Venning
4:00pm - 5:00pm	<b>Keynote Speaker Presentation</b>			
	Room: Oceanic Ballroom			
	Chair: Louise Sharpe			
	<b>Keynote Speaker:</b> Schema Therapy for Personality Disorders and other Complex Presentations. Professor Arnoud Arntz, University of Amsterdam, Amsterdam			
5:00pm - 5:15pm	Closing Remarks Louise Sharpe			
5:15pm	<b>Scientific Conference Close</b>			

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Saturday 28 October 2017							
8:15am - 9:00am	<b>Workshop Registration</b>						
9:00am - 5:00pm	Schema Therapy for Personality Disorders and Other Complex Presentations.	Evidence-based Treatment for Late Life Depression. A Stepped-care, Shared Decision Making Approach to Providing High Quality Care to Older Adults.	A Theoretical Framework and Therapy Model for Fear of Cancer Recurrence: Practical Strategies.	Treating Childhood Trauma in Adults: Evidence-based Approaches and Important Process Issues.			
	Room: Centennial	Room: Clovelly	Room: Bronte	Room: Coogee			
	Chair: Louise Sharpe	Chair: Nicole Livermore	Chair: Lara Keough	Chair: Melissa Norberg			
	Presenter: Professor Arnoud Arntz, University of Amsterdam, Amsterdam	Presenter: Professor Patrick Raue, University of Washington, USA	Presenter: Professor Phyllis Butow, University of Sydney, NSW, Australia	Presenter: Professor Kim Felmingham, University of Melbourne, Vic, Australia			
10:30am - 10:45am	<b>Morning Tea</b> <b>Court Foyer (lower ground)</b>						
12:30pm - 1:00pm	<b>Lunch</b> <b>(as directed by Crowne staff)</b>	1:00pm - 1:30pm <b>Lunch (in two locations)</b> <b>Bluesalt Restaurant (Ground Floor)</b> <b>Oceans Dining &amp; Drinks (Lower Ground)</b>					
3:15pm - 3:30pm	<b>Afternoon Tea</b> <b>Court Foyer (lower ground)</b>						
5:00pm	<b>Close</b>						