

AACBT Qld Pub discussion

Transgender and gender diverse issues in therapy



Working with transgender and gender diverse populations is a complex area, and this pub discussion will provide you with key information when working with this diverse population.

GUEST SPEAKERS **DR JACQUES RIZK**

Australia and the world over is seeing an exponential rise in the number of transgender and gender-diverse (TGD) individuals and their families presenting to mental health professionals in public and private settings for help.

New Australian data collected puts self-reported incidents of self-harm as high as 80%, suicide attempts (48%) at over 10 times the national average, and anxiety (75%) and depression (88%) rates alarmingly above those of the general population. The need for skilled, sensitive, professional mental health assistance is clear, but to the uninitiated clinician with little prior personal or professional exposure, starting work in this area can be daunting.

This brief and broad primer in TGD-specific clinical work covers an introduction to the common terms, experiences, comorbidities, treatment complexities, and psychological and medical treatments that psychologists encounter.

Please arrive at 6:15pm for a 6:30pm start; upstairs at Norman Hotel.

- **When** Monday 30 July 2018 @ 6:30-7:30pm
- **Where** Norman Hotel, 102 Ipswich Rd, Woolloongabba
(enter via Qualtrough St)
- **Tickets** AACBT Members **Free** / Non-Members \$10

Dr Rizk has a special interest in working with LGBTQI people and their allies. He works primarily with TGD and same-sex-attracted people, offering affirming psychological intervention to adolescents, adults, families and couples, and clinical supervision and training to health professionals new to this area.

Jacques is a Melbourne-based clinical psychologist in private practice and is a member of the Australian and New Zealand Professional Association for Transgender Health.

Book now at <https://www.aacbt.org.au/events/>



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