

An AACBT National Workshop Tour

Couple Therapy Basics and Beyond



Come and hear from one of Australia's most esteemed therapists and researchers, who is leaving the public eye after 2018. Learn about the reciprocal impact of individual disorders and couple problems.

GUEST SPEAKER Professor Kim Halford

The purpose of this workshop is to provide practical guidance on doing couple therapy. The couple therapy approach covered is integrative of the range of evidence-based couple therapies including integrative behavioural, cognitive behavioural, and emotion-focused couple therapy.

"I am going to retire at the end of 2018. This tour is a final opportunity for passing along whatever I might have learned about work with couples to Australian clinicians, so it has special meaning for me." Kim Halford

These workshops combine didactic presentation, videotaped demonstration of key skills, opportunity for practice of skills, and case-based discussion of the approach.

Check out the event listings on our website for details on the six (6) key learnings and outline of the day.

- Brisbane @ Robertson Gardens – Thursday 2 August 2018
- Hobart @ Grand Chancellor – Monday 6 August 2018
- Melbourne @ The Larwill Studio – Tuesday 7 August 2018
- Sydney @ The Grace Hotel – Thursday 9 August 2018
- Adelaide @ Rockford Hotel – Tuesday 21 August 2018
- Perth @ The Niche – Thursday 23 August 2018

Tickets

- AACBT Early Bird Members \$295 / Regular Members \$325
- AACBT Student Members \$110
- Non-Members \$455

Kim Halford is Professor of Clinical Psychology at the University of Queensland, and is a registered clinical psychologist.

Kim's research and clinical career has focused on couple and family relationships. He studies couples adjusting to major life challenges.

Kim has led more than 20 published trials, has over 200 research publications, and has trained more than 12,000 professionals in couple therapy and relationship education in more than 15 countries.



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