



# AACBT

AUSTRALIAN ASSOCIATION  
FOR COGNITIVE AND  
BEHAVIOUR THERAPY

## 2020 AACBT 41<sup>st</sup> National Conference

### Abstract Guidelines for Oral and Poster Presentations

In order for your presentation to be considered, abstract guidelines and relevant templates must be followed as closely as possible. Please ensure that the presenting author completes the abstract submission.

**Abstracts must be submitted via the website portal by Sunday 3 May 2020.**

**The conference is to be held 29-31 October 2020 at The Esplanade, Fremantle, Western Australia.**

**Please ensure you refer to one of the following templates:**

- Individual Oral/Poster Presentation Template
- Symposium Presentation Template

#### Presentation Formats

There are three types of presentation formats available for abstract submission:

Type	Explanation
<b>Symposium</b>	A Symposium is a focused session in which speakers present on a common theme, issue or question. A chairperson briefly introduces the topic, followed by at least 4 individual speakers. The session ends with concluding remarks by a Discussant followed by an opportunity for audience members to ask questions and general discussion. A symposium session will run for up to 90 minutes.
<b>Individual Oral Presentations</b>	<b>Individual Oral Presentations</b> must present the empirical results of a research project, which can include critically evaluating the empirical findings of others in the form of a meta-analysis or critical review. Abstracts presenting the results of theoretically derived original research projects are preferred. Each individual paper will consist of a presentation of up to 15-minutes, including 2-3 minutes for questions and answers. Speakers will usually be expected to use PowerPoint slides. The Scientific Program Committee will integrate sets of individual papers into thematic sessions.
<b>Poster Presentation</b>	<b>Poster Presentations</b> are a visual display of research projects, which will be on display for a limited period on specific times and days during the Conference, with the opportunity to discuss your presentation with delegates during informal poster sessions. More information regarding the logistics of the poster presentations will be advised following acceptance.  There will be some posters selected for "Rapid Poster Presentations", which will be 2-3 minutes in duration, and distributed throughout the scientific program schedule.

**Panel Discussions** and **Master Clinician Sessions** are traditionally presented by Invited Speakers, however the Scientific Committee may consider submissions for these presentation types. If you wish to be considered for a Panel Discussion or Master Clinician Session please email [info@aacbt.org.au](mailto:info@aacbt.org.au).

## Presentation Themes

The theme of #AACBT20 is:

### "2020 VISION: THE FUTURE OF CBT"

Abstracts can be submitted within one of the following themes:

- Alcohol & Substance Use
- Anger Problems
- Anxiety
- Behaviour Problems
- Bipolar Disorder
- Child, Adolescent & Youth Mental Health
- Comorbidity
- Couples & Relationship Problems
- Depression
- Developmental Disabilities
- Diversity, Sexual Orientation & Gender Identity
- Eating Disorders & Body Image
- eHealth
- Family Relations & Domestic Violence
- Forensic Populations
- Health & Chronic Medical Disorders
- Indigenous Health
- Neuroscience
- Obsessive Compulsive & Related Disorders
- Obesity
- Pain, Injuries & Rehabilitation
- Personality Disorder
- Positive Psychology, Wellbeing & Happiness
- Psychosis & Schizophrenia
- Sexual Difficulties
- Sleep
- Suicide
- Training & Supervision
- Transdiagnostic
- Trauma, PTSD & Grief
- Other

## Abstract Submission

Abstracts must be submitted **electronically through the online submission site**. You will be required to enter:

- Preferred presentation type
- Abstract title
- Authors' names (including titles, email addresses and presenting author)
- Abstract as a word document plus a disclosure of interest statement
- Short biography of presenter (maximum 50 words). This information will be used by the session chair for introduction purposes and may be published in conference literature

## Abstract Guidelines

### All abstracts must:

- Be prepared in Arial 11 point type only on the appropriate **AACBT TEMPLATE**. The document **must not** be password protected or read only as this may result in your abstract failing to upload successfully.
- Single spacing should be used
- Format - Microsoft Word (.doc or .docx) file only
- Leave one line between paragraphs
- Specify all abbreviations in full at the first mention, followed by the abbreviation in parentheses, thereafter abbreviation only should be used. Do not use abbreviations in the title
- Abstracts must be original and written in English with Australian spelling
- Abstracts must NOT have a header or footer on the page
- Download the appropriate template for your submission.

### All abstracts must include:

1. **TITLE:** in **BOLD** and **UPPERCASE** at the top of the abstract
  
2. **Authors:**
  - Principal author to appear first
  - Underline the name of the author who will be presenting the paper
  - Use surname followed by initials (do not use full stops or commas between surname and initials)
  - Omit degrees and titles
  - Include affiliations for each author. Use superscript numbering *after* the author's name to indicate affiliations
  
3. **Body of Abstract: maximum 250 words**, with following headings:
  - **Background:** study objectives, hypothesis tested, or description of problem
  - **Methods:** method used or approach taken
  - **Results:** in summarised form, must include data/results but **do not include tables, graphs or pictures**
  - **Conclusion:** description of main outcomes of the study. Include knowledge or insight that conference attendees will gain from the presentation, explanation of how conference attendees can apply the skills and/or knowledge within their communities and how the study contributes to evidence-based knowledge

#### 4. Disclosure of Interest/Ethical Statement

Please include a disclosure of interest statement in your abstract for any contributions received relevant to this work. Please see the example below:

*“The Australian Association for Cognitive and Behaviour Therapy Conference Collaborators recognise the considerable contribution that industry partners make to professional and research activities. We also recognise the need for transparency of disclosure of potential conflicts of interest by acknowledging these relationships in publications and presentations.”*

Please indicate that there is nothing to disclose or please disclose all potential conflict of interest.

Please contact the Conference Secretariat at [info@aacbt.org.au](mailto:info@aacbt.org.au) if you are unable to lodge your abstract via the website or if you have any queries.

#### Please Note

- All abstracts must be prepared using the **relevant template**. Incomplete or incorrect submissions will be returned to the author and must be re-submitted in the correct format to be considered for inclusion in the program
- There are a limited number of oral and poster positions, priority will be given to original submissions. There is no limit to the number of abstracts that may be submitted by an individual. Splitting of a body of work into multiple abstracts is discouraged and consolidation into one abstract is preferred. The Scientific Committee reserve the right to limit the number of oral presentations per author to encourage presentation diversity
- The contact author details provided at the time of abstract submission should be for the nominated main contact for your abstract. All correspondence relating to the submission will be directed to this person, and they should in turn distribute to all co-presenters as applicable

- It is the presenting author's responsibility to check the accuracy of the abstract. You can resubmit the abstract prior to the deadline if you wish to make changes or replace it. After this date, abstracts will be published exactly as they are submitted; there will be no opportunity for amendments after the abstract submission deadline
- All submissions may be considered for alternative presentation formats; authors will be advised accordingly following completion of the review process
- By submitting an abstract all authors agree to release the license to the Conference organisers and give permission to publish the abstract in the conference handbook, website, application, USB etc. and in so doing certify that the abstract is original work
- The invitation to submit an abstract does not constitute an offer to pay travel, accommodation or registration costs associated with the Conference. Similarly, no presenter fee will be paid to successful participants

### **Conference Registration**

Abstract presenters will be required to fund their own attendance at the conference and should not submit an abstract if this is not possible. All presenters (including poster presenters) will be required to register for the conference **by the early bird deadline**. It will be assumed that any presenter not registered by this date has withdrawn from the program and their abstract will be removed from the handbook.