

AACBT National Conference Program

AEDT NSW, ACT, Vic, Tas	ACDT SA	AEST QLD	AWST WA	AWST WA	Thursday 28 October 2021
+3 hours	+2.5 hours	+2 hours	-	-	
10:45am - 12:05pm	10:15am - 11:35am	9:45am - 11:05am	7:45am - 9:05am	7:45am - 8:00am	Welcome to Country Simon Forrest Welcome Address Dr Janice Wong, AACBT National Conference Convenor AACBT National President's Address and 2021 Fellows Associate Professor Melissa Norberg
				8:00am - 9:00am	Keynote Speaker - LIVE VIDEO LINK: Action and dialogue in psychotherapy: dance of equals Dr Christine Padesky, Center for Cognitive Therapy, California, USA
					Room: West Hall
					Chair: Louise Sharpe
				9:00am - 9:05am	Move

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12:05pm - 1:30pm	11:35am - 1:00pm	11:05am - 12:30pm	9:05am - 10:30am	Symposium 01 (2499) Transdiagnostic treatment for depression & anxiety		Symposium 02 (2371) The good, the bad and the ugly: The psychosocial impacts of COVID-19 on children, adolescents, and families in Australia		Symposium 03 (2393) The role of interpretation bias in chronic health conditions	
				Room: West Hall		Room: Central		Room: East Hall	
				Chair: Jill Newby Discussant: Peter McEvoy		Chair: Jennie Hudson		Chair: Poorva Pradhan Discussant: Colin MacLeod	
				9:05am - 9:20am	Paper 1. Transdiagnostic interventions for emotional disorders: impacts on positive and negative affect Bruce Campbell, Centre for Clinical Interventions, Perth, WA	9:05am - 9:20am	Paper 1. Mental health symptoms in a sample of Australian children and adolescents during the initial stages of COVID-19 Gemma Sicouri, Black Dog Institute, University of NSW, Sydney, NSW	9:05am - 9:20am	Paper 1. Are fear campaigns effective for increasing adherence to COVID-related mitigation measures? Bethany Richmond, The University of Sydney, Sydney, NSW
				9:20am - 9:35am	Paper 2. Transdiagnostic CBT: extension and preliminary evaluation for mixed anxiety and depressive disorder Peter Norton, Cairnmillar Institute, Melbourne, Vic	9:20am - 9:35am	Paper 2. The impact of COVID-19 on the lives and mental health of Australian adolescents Sophie H Li, Black Dog Institute, University of NSW, Sydney, NSW	9:20am - 9:35am	Paper 2. Testing the threat interpretation model of fear of cancer recurrence in women with breast cancer Poorva Pradhan, The University of Sydney, Sydney, NSW
				9:35am - 9:50am	Paper 3. The uptake and effectiveness of online cognitive behaviour therapy for symptoms of anxiety and depression during COVID-19 Katie Dobinson, Clinical Research Unit for Anxiety and Depression, St Vincent's Hospital, Sydney, NSW	9:35am - 9:50am	Paper 3. Seeing the brighter side: coping and psychological resilience in Australian adolescents during the COVID-19 pandemic Joanne Beames, Black Dog Institute, Sydney, University of NSW, Sydney, NSW	9:35am - 9:50am	Paper 3. Interpretation bias in Type 2 diabetes and chronic pain: a double-edged sword Jemma Todd, University of Sydney, Sydney, NSW
				9:50am - 10:05am	Paper 4. Transdiagnostic blended care intervention for depression and anxiety Jill Newby, Black Dog Institute, Sydney, NSW	9:50am - 10:05am	Paper 4. The psychosocial impacts of home-schooling on parents and caregivers during the COVID-19 pandemic Alison Calex, The Australian National University, Canberra, ACT	9:50am - 10:05am	Paper 4. Home-based cognitive bias modification (CBM-I) and expectancy in chronic pain patients Louise Sharpe, The University of Sydney, Sydney, NSW
				10:05am - 10:30am	Rapid poster presentation viewing time				
1:30pm - 2:00pm	1:00pm - 1:30pm	12:30pm - 1:00pm	10:30am - 11:00am	Short break					

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2:00pm - 3:30pm	1:30pm - 3:00pm	1:00pm - 2:30pm	11:00am - 12:30pm	Master Clinician Session		AACBT Award Interviews
				Room: West Hall		Room: East Hall
				Chair: Anna Dedousis-Wallace		Chair: Melissa Norberg & Louise Sharpe
				11:00am - 12:30pm	Invited Speaker: Using exposure treatment effectively in the treatment of anxiety in children and young people Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW	<p>Rapid poster presentation viewing time</p> <p>11:00am - 11:15am AACBT Early Career Award Interview Dr Cele Richardson</p> <p>11:15am - 11:30am AACBT Mid-career Award Interview Associate Professor Genevieve Dingle</p> <p>11:30am - 11:45am AACBT Distinguished Career Award Interview Professor Peter McEvoy</p> <p>11:45am - 12:30pm Rapid poster presentation viewing time</p>
3:30pm - 4:30pm	3:00pm - 4:00pm	2:30pm - 3:30pm	12:30pm - 1:30pm	Long break		<p>12:45pm - 1:15pm AACBT Annual General Meeting (AGM) - all members welcome</p> <p>Room: East Hall (and Zoom)</p>

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4:30pm - 5:45pm	4:00pm - 5:15pm	3:30pm - 4:45pm	1:30pm - 2:45pm	Invited Speaker & Open Papers 01 Innovative technology		Symposium 04 (2420) Biased expectancies in anxiety and depression		Symposium 05 (2497) Perinatal OCD: Prevention, treatment, and management	
				Room: West Hall		Room: Central		Room: East Hall	
				Chair: Melissa Norberg		Chair: Julian Basanovic Discussant: Ben Grafton		Chair: Rebecca Anderson	
				1:30pm - 2:00pm	Invited Speaker: Insights from my transition from academia to real-world practice: reflections on a failed paradigm of care and proposed solutions Associate Professor Brett Deacon, Cairnmillar Institute, Melbourne, Vic	1:30pm - 1:45pm	Paper 1. Depression-linked deficits in reward-seeking behaviour: the role of reward expectancy and state emotion Kenneth Sim, University of Western Australia, Crawley, WA	1:30pm - 1:45pm	Paper 1. Do prenatal metacognitive beliefs predict postpartum obsessive compulsive symptoms in new mothers? Melissa Mulcahy, Curtin University, Perth, WA
						1:45pm - 2:00pm	Paper 2. The association between pre-event expectancies, peri-event experience, and post-event processing in social anxiety Julian Basanovic, University of Western Australia, Crawley, WA	1:45pm - 2:00pm	Paper 2. Does prenatal metacognitive psychoeducation about intrusive thoughts prevent postpartum obsessive compulsive symptoms? A prospective randomised controlled trial Melissa Mulcahy, Curtin University, Perth, WA
				2:00pm - 2:15pm	Understanding the temporal dynamics of decentering on clinical outcomes in daily life Kristin Naragon-Gainey, University of Western Australia, Crawley, WA (2408)	2:00pm - 2:15pm	Paper 3. Negative expectancies mediate the relationship between attentional bias and trait anxiety Chiara Ventris, University of Western Australia, Crawley, WA	2:00pm - 2:15pm	Paper 3. The effectiveness of brief metacognitive intervention for postpartum obsessive-compulsive disorder: a pilot study Sarah Ramunno, Curtin University, Perth, WA
				2:15pm - 2:30pm	Using artificial intelligence (AI) to run more efficient and flexible clinical trials Eileen Stech, Black Dog Institute, University of New South Wales, Sydney, NSW (2423)	2:15pm - 2:30pm	Paper 4. Anxiety-linked differences in expectancy updating Amelia Reynolds, University of Western Australia, Crawley, WA	2:15pm - 2:30pm	Paper 4. Health practitioners' recognition and management of postpartum obsessive-compulsive thoughts about infant harm Rebecca Anderson, Curtin University, Perth, WA
				2:30pm - 2:45pm	A meta-analysis and systematic review of quality of life in lower-limb amputees Miranda Cashin, University of New South Wales, Sydney, NSW (2415)	2:30pm - 2:45pm	Paper 5. The role of information-seeking choice bias in understanding anxiety-linked negative expectancy bias James Tough, University of Western Australia, Crawley, WA	2:30pm - 2:45pm	Paper 5. Consensus guidelines for the assessment and treatment of perinatal obsessive compulsive disorder: a Delphi study Melissa Mulcahy, Curtin University, Perth, WA
5:45pm - 6:15pm	5:15pm - 5:45pm	4:45pm - 5:15pm	2:45pm - 3:15pm	Short break					

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6:15pm - 7:05pm	5:45pm - 6:35pm	5:15pm - 6:05pm	3:15pm - 4:05pm	Open Papers 03 Sleep; Transdiagnosis approaches		Open Papers 02 Emotion Regulation and NSSI		Open Papers 04 Internet interventions		
				Room: West Hall		Room: Central		Room: East Hall		
				Chair: Peter Norton		Chair: Heidi Saunders		Chair: Alina Morawska		
				3:15pm - 3:30pm	Improving sleep to promote healthy brain aging: a CBT-insomnia intervention study Melissa Ree, University of Western Australia, Perth, WA (MR01)	3:15pm - 3:30pm	The factor structure of the Emotion Beliefs Questionnaire and examining the mediating role of emotion regulation between maladaptive beliefs about emotions and affective disorder symptoms among adolescents Seyran Ranjbar, University of Western Australia, Perth, WA (2478)	3:15pm - 3:30pm	Characterising usage of a multicomponent digital intervention to predict treatment outcomes in first-episode psychosis Shaunagh O'Sullivan, Orygen, Melbourne, VIC (2403)	
				3:30pm - 3:45pm	The prevalence and burden of insomnia among U.S. military veterans Simon Byrne, Westmead Hospital, Westmead, NSW (2575)	3:30pm - 3:45pm	Emotional regulation in non-suicidal self-injury Sophie Haywood, Curtin University, Perth, WA (2407)	3:30pm - 3:45pm	Piloting an integrated face-to-face and virtual clinic to enhance specialist treatment for complex youth mental health disorders: eOrygen.MOST Shaunagh O'Sullivan, Orygen, Melbourne, VIC (2405)	
				3:45pm - 4:00pm	Managing rumination and worry – a randomised controlled trial of an internet intervention delivered with and without clinician guidance versus treatment as usual Amy Joubert, Clinical Research Unit for Anxiety and Depression (CRUFAD), Darlinghurst, NSW (2323)	3:45pm - 4:00pm	Correlates of disclosure and non-disclosure of non-suicidal self-injury Sylvanna Mirichlis, Curtin University, Perth, WA (2249)	3:45pm - 4:00pm	A meta-analytic review of online treatments for anxiety: eligibility, engagement, and outcomes Madelyne Bisby, Macquarie University, Sydney, NSW (2367)	
4:00pm - 4:05pm	<i>Move</i>									
7:05pm - 9:00pm	6:35pm - 8:30pm	6:05pm - 8:00pm	4:05pm - 6:00pm	4:05pm - 4:50pm	Invited Speaker: Improving psychological treatments for children with anxiety disorders Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW					
				Room: West Hall						
				Chair: Sue Spence						
				4:50pm - 6:00pm	AACBT Early Career Network Meeting (Researchers and Clinicians)					
				Mentors:	Associate Professor Rodrigo Becerra Professor Richard Bryant Associate Professor Brett Deacon Mr Paul Jeffery	Ms Michelle LaPuma Dr Clair Lawson Professor Peter McEvoy Professor Nick Titov				
Room: East Hall				Chairs: Kristin Gainey and David Preece						
9:00pm - 11:00pm	8:30pm - 10:30pm	8:00pm - 10:00pm	6:00pm - 8:00pm	Welcome Reception: "AACBT21 after dark"						