

## AACBT National Conference Program

AEDT NSW, ACT, Vic, Tas	ACDT SA	AEST QLD	AWST WA	AWST WA	Thursday 28 October 2021
+3 hours	+2.5 hours	+2 hours	-	-	
10:45am - 12:05pm	10:15am - 11:35am	9:45am - 11:05am	7:45am - 9:05am	7:45am - 8:00am	<b>Welcome to Country</b> Simon Forrest
					<b>Welcome Address</b> Dr Janice Wong, AACBT National Conference Convenor
					<b>AACBT National President's Address and 2021 Fellows</b> Associate Professor Melissa Norberg
				8:00am - 9:00am	Keynote Speaker - LIVE VIDEO LINK: <b>Action and dialogue in psychotherapy: dance of equals</b> Dr Christine Padesky, Center for Cognitive Therapy, California, USA
					<b>Room: West Hall</b>
					Chair: Louise Sharpe
				9:00am - 9:05am	Move

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12:05pm - 1:30pm	11:35am - 1:00pm	11:05am - 12:30pm	9:05am - 10:30am	<b>Symposium 01 (2499)</b> Transdiagnostic treatment for depression & anxiety		<b>Symposium 02 (2371)</b> The good, the bad and the ugly: The psychosocial impacts of COVID-19 on children, adolescents, and families in Australia		<b>Symposium 03 (2393)</b> The role of interpretation bias in chronic health conditions	
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>	
				Chair: Jill Newby Discussant: Peter McEvoy		Chair: Jennie Hudson		Chair: Poorva Pradhan Discussant: Colin MacLeod	
				9:05am - 9:20am	Paper 1. Transdiagnostic interventions for emotional disorders: impacts on positive and negative affect Bruce Campbell, Centre for Clinical Interventions, Perth, WA	9:05am - 9:20am	Paper 1. Mental health symptoms in a sample of Australian children and adolescents during the initial stages of COVID-19 Gemma Sicouri, Black Dog Institute, University of NSW, Sydney, NSW	9:05am - 9:20am	Paper 1. Are fear campaigns effective for increasing adherence to COVID-related mitigation measures? Bethany Richmond, The University of Sydney, Sydney, NSW
				9:20am - 9:35am	Paper 2. Transdiagnostic CBT: extension and preliminary evaluation for mixed anxiety and depressive disorder Peter Norton, Cairnmillar Institute, Melbourne, Vic	9:20am - 9:35am	Paper 2. The impact of COVID-19 on the lives and mental health of Australian adolescents Sophie H Li, Black Dog Institute, University of NSW, Sydney, NSW	9:20am - 9:35am	Paper 2. Testing the threat interpretation model of fear of cancer recurrence in women with breast cancer Poorva Pradhan, The University of Sydney, Sydney, NSW
				9:35am - 9:50am	Paper 3. The uptake and effectiveness of online cognitive behaviour therapy for symptoms of anxiety and depression during COVID-19 Katie Dobinson, Clinical Research Unit for Anxiety and Depression, St Vincent's Hospital, Sydney, NSW	9:35am - 9:50am	Paper 3. Seeing the brighter side: coping and psychological resilience in Australian adolescents during the COVID-19 pandemic Joanne Beames, Black Dog Institute, Sydney, University of NSW, Sydney, NSW	9:35am - 9:50am	Paper 3. Interpretation bias in Type 2 diabetes and chronic pain: a double-edged sword Jemma Todd, University of Sydney, Sydney, NSW
				9:50am - 10:05am	Paper 4. Transdiagnostic blended care intervention for depression and anxiety Jill Newby, Black Dog Institute, Sydney, NSW	9:50am - 10:05am	Paper 4. The psychosocial impacts of home-schooling on parents and caregivers during the COVID-19 pandemic Alison Calex, The Australian National University, Canberra, ACT	9:50am - 10:05am	Paper 4. Home-based cognitive bias modification (CBM-I) and expectancy in chronic pain patients Louise Sharpe, The University of Sydney, Sydney, NSW
				10:05am - 10:30am	<b>Rapid poster presentation viewing time</b>				
1:30pm - 2:00pm	1:00pm - 1:30pm	12:30pm - 1:00pm	10:30am - 11:00am	<b>Short break</b>					

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2:00pm - 3:30pm	1:30pm - 3:00pm	1:00pm - 2:30pm	11:00am - 12:30pm	<b>Master Clinician Session</b>		<b>AACBT Award Interviews</b>	
				<b>Room: West Hall</b>		<b>Room: East Hall</b>	
				Chair: Anna Dedousis-Wallace		Chair: Melissa Norberg & Louise Sharpe	
				11:00am - 12:30pm	Invited Speaker: <b>Using exposure treatment effectively in the treatment of anxiety in children and young people</b> Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW	<b>Rapid poster presentation viewing time</b>	11:00am - 11:15am
					11:15am - 11:30am	AACBT Mid-career Award Interview Associate Professor Genevieve Dingle	
					11:30am - 11:45am	AACBT Distinguished Career Award Interview Professor Peter McEvoy	
					11:45am - 12:30pm	<b>Rapid poster presentation viewing time</b>	
3:30pm - 4:30pm	3:00pm - 4:00pm	2:30pm - 3:30pm	12:30pm - 1:30pm	<b>Long break</b>		12:45pm - 1:15pm	<b>AACBT Annual General Meeting (AGM) - all members welcome</b>
						<b>Room: East Hall (and Zoom)</b>	

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4:30pm - 5:45pm	4:00pm - 5:15pm	3:30pm - 4:45pm	1:30pm - 2:45pm	<b>Invited Speaker &amp; Open Papers 01 Innovative technology</b>		<b>Symposium 04 (2420) Biased expectancies in anxiety and depression</b>		<b>Symposium 05 (2497) Perinatal OCD: Prevention, treatment, and management</b>	
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>	
				Chair: Melissa Norberg		Chair: Julian Basanovic Discussant: Ben Grafton		Chair: Rebecca Anderson	
				1:30pm - 2:00pm	Invited Speaker: <b>Insights from my transition from academia to real-world practice: reflections on a failed paradigm of care and proposed solutions</b> Associate Professor Brett Deacon, Cairnmillar Institute, Melbourne, Vic	1:30pm - 1:45pm	Paper 1. Depression-linked deficits in reward-seeking behaviour: the role of reward expectancy and state emotion Kenneth Sim, University of Western Australia, Crawley, WA	1:30pm - 1:45pm	Paper 1. Do prenatal metacognitive beliefs predict postpartum obsessive compulsive symptoms in new mothers? Melissa Mulcahy, Curtin University, Perth, WA
						1:45pm - 2:00pm	Paper 2. The association between pre-event expectancies, peri-event experience, and post-event processing in social anxiety Julian Basanovic, University of Western Australia, Crawley, WA	1:45pm - 2:00pm	Paper 2. Does prenatal metacognitive psychoeducation about intrusive thoughts prevent postpartum obsessive compulsive symptoms? A prospective randomised controlled trial Melissa Mulcahy, Curtin University, Perth, WA
				2:00pm - 2:15pm	Understanding the temporal dynamics of decentering on clinical outcomes in daily life Kristin Naragon-Gainey, University of Western Australia, Crawley, WA (2408)	2:00pm - 2:15pm	Paper 3. Negative expectancies mediate the relationship between attentional bias and trait anxiety Chiara Ventris, University of Western Australia, Crawley, WA	2:00pm - 2:15pm	Paper 3. The effectiveness of brief metacognitive intervention for postpartum obsessive-compulsive disorder: a pilot study Sarah Ramunno, Curtin University, Perth, WA
				2:15pm - 2:30pm	Using artificial intelligence (AI) to run more efficient and flexible clinical trials Eileen Stech, Black Dog Institute, University of New South Wales, Sydney, NSW (2423)	2:15pm - 2:30pm	Paper 4. Anxiety-linked differences in expectancy updating Amelia Reynolds, University of Western Australia, Crawley, WA	2:15pm - 2:30pm	Paper 4. Health practitioners' recognition and management of postpartum obsessive-compulsive thoughts about infant harm Rebecca Anderson, Curtin University, Perth, WA
				2:30pm - 2:45pm	A meta-analysis and systematic review of quality of life in lower-limb amputees Miranda Cashin, University of New South Wales, Sydney, NSW (2415)	2:30pm - 2:45pm	Paper 5. The role of information-seeking choice bias in understanding anxiety-linked negative expectancy bias James Tough, University of Western Australia, Crawley, WA	2:30pm - 2:45pm	Paper 5. Consensus guidelines for the assessment and treatment of perinatal obsessive compulsive disorder: a Delphi study Melissa Mulcahy, Curtin University, Perth, WA
5:45pm - 6:15pm	5:15pm - 5:45pm	4:45pm - 5:15pm	2:45pm - 3:15pm	<b>Short break</b>					

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6:15pm - 7:05pm	5:45pm - 6:35pm	5:15pm - 6:05pm	3:15pm - 4:05pm	<b>Open Papers 03 Sleep; Transdiagnosis approaches</b>		<b>Open Papers 02 Emotion Regulation and NSSI</b>		<b>Open Papers 04 Internet interventions</b>		
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>		
				Chair: Peter Norton		Chair: Heidi Saunders		Chair: Alina Morawska		
				3:15pm - 3:30pm	Improving sleep to promote healthy brain aging: a CBT-insomnia intervention study Melissa Ree, University of Western Australia, Perth, WA (MR01)	3:15pm - 3:30pm	The factor structure of the Emotion Beliefs Questionnaire and examining the mediating role of emotion regulation between maladaptive beliefs about emotions and affective disorder symptoms among adolescents Seyran Ranjbar, University of Western Australia, Perth, WA (2478)	3:15pm - 3:30pm	Characterising usage of a multicomponent digital intervention to predict treatment outcomes in first-episode psychosis Shaunagh O'Sullivan, Orygen, Melbourne, VIC (2403)	
				3:30pm - 3:45pm	The prevalence and burden of insomnia among U.S. military veterans Simon Byrne, Westmead Hospital, Westmead, NSW (2575)	3:30pm - 3:45pm	Emotional regulation in non-suicidal self-injury Sophie Haywood, Curtin University, Perth, WA (2407)	3:30pm - 3:45pm	Piloting an integrated face-to-face and virtual clinic to enhance specialist treatment for complex youth mental health disorders: eOrygen.MOST Shaunagh O'Sullivan, Orygen, Melbourne, VIC (2405)	
				3:45pm - 4:00pm	Managing rumination and worry – a randomised controlled trial of an internet intervention delivered with and without clinician guidance versus treatment as usual Amy Joubert, Clinical Research Unit for Anxiety and Depression (CRUFAD), Darlinghurst, NSW (2323)	3:45pm - 4:00pm	Correlates of disclosure and non-disclosure of non-suicidal self-injury Sylvanna Mirichlis, Curtin University, Perth, WA (2249)	3:45pm - 4:00pm	A meta-analytic review of online treatments for anxiety: eligibility, engagement, and outcomes Madelyne Bisby, Macquarie University, Sydney, NSW (2367)	
				4:00pm - 4:05pm	<i>Move</i>					
7:05pm - 9:00pm	6:35pm - 8:30pm	6:05pm - 8:00pm	4:05pm - 6:00pm	4:05pm - 4:50pm	Invited Speaker: <b>Improving psychological treatments for children with anxiety disorders</b> Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW					
				<b>Room: West Hall</b>						
				Chair: Sue Spence						
				4:50pm - 6:00pm	<b>AACBT Early Career Network Meeting (Researchers and Clinicians)</b>					
				<b>Mentors:</b>	Associate Professor Rodrigo Becerra Professor Richard Bryant Associate Professor Brett Deacon Mr Paul Jeffery	Ms Michelle LaPuma Dr Clair Lawson Professor Peter McEvoy Professor Nick Titov				
<b>Room: East Hall</b>				Chairs: Kristin Gainey and David Preece						
9:00pm - 11:00pm	8:30pm - 10:30pm	8:00pm - 10:00pm	6:00pm - 8:00pm	<b>Welcome Reception: "AACBT21 after dark"</b>						

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10:00am - 11:00am	9:30am - 10:30am	9:00am - 10:00am	7:00am - 8:00am	7:00am - 8:00am	<b>"Publish that Paper!" Tips for ECR researchers</b> Associate Professor Genevieve Dingle, Editor "Behaviour Change" <b>Room: East Hall</b>
11:00am - 1:30pm	10:30am - 1:00pm	10:00am - 12:30pm	8:00am - 10:30am	8:00am - 8:30am	Invited Speaker: <b>A person-centred and strengths-based approach to non-suicidal self-injury</b> Professor Penny Hasking, Curtin University, Perth, WA
				8:30am - 9:00am	Invited Speaker: <b>Cognitive behavioural therapy for eating disorders (CBT-ED): status, innovations, and implications for the therapy room</b> Dr Bronny Raykos, Centre for Clinical Interventions (CCI), North Metropolitan Health Service (WA), Perth, WA
				9:00am - 10:30am	Keynote Speaker - LIVE VIDEO LINK: <b>More walk, less talk: action-packed CBT</b> Dr Christine Padesky, Center for Cognitive Therapy, California, USA
					<b>Room: West Hall</b> Chair: Louise Sharpe
1:30pm - 2:00pm	1:00pm - 1:30pm	12:30pm - 1:00pm	10:30am - 11:00am		<b>Short break</b>

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2:00pm - 3:15pm	1:30pm - 2:45pm	1:00pm - 2:15pm	11:00am - 12:15pm	<b>Symposium 07 (2402)</b> <b>Understanding loneliness and improving social connectedness</b>		<b>Open Papers 05</b> <b>Telehealth / COVID</b>		<b>Symposium 08 (2424)</b> <b>Predictors of individual differences in recovery from adversity</b>	
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>	
				Chair: Jessamine Chen		Chair: Rebecca Anderson		Chair: Lies Notebaert	
				11:00am - 11:15am	Paper 1. Interventions to improve social connections: a systematic review and meta-analysis Dino Zagic, Macquarie University, Sydney, NSW	11:00am - 11:15am	Connecting with the digital mental health world: increases in use of digital mental health services as a result of COVID-19 Heidi Sturk, Queensland University of Technology, Brisbane, QLD (2422)	11:00am - 11:15am	Paper 1. Recovery following acquired brain injury: correlates and predictors of quality of life in individuals with acquired brain injury during post-acute rehabilitation Georgina Mann, Brightwater Research Centre, Osborne Park, WA
				11:15am - 11:30am	Paper 2. Targeting maladaptive cognitions related to loneliness using focused cognitive restructuring alleviates feelings of loneliness and promotes social connectedness Dino Zagic, Macquarie University, Sydney, NSW	11:15am - 11:30am	Brief telehealth-delivered expressive writing therapy for post-traumatic stress Rachelle Dawson, Australian National University, Canberra, ACT (2467)	11:15am - 11:30am	Paper 2. Emotional regulation strategies in recovering from adversity Hannah Abdul Razak, University of Western Australia, Perth, WA
				11:30am - 11:45am	Paper 3. Improving mental health and social participation outcomes in older adults with depression and anxiety – a randomised controlled trial Jessamine Chen, Macquarie University, Sydney, NSW	11:30am - 11:45am	Australians under strain: the experience of the COVID-19 pandemic for families with young children Bronte Morgan, University of Sydney, Sydney, NSW (2502)	11:30am - 11:45am	Paper 3. The contribution of attentional bias and its variability to emotional recovery from adverse experiences Bree Mitchelson, University of Western Australia, Perth, WA
				11:45am - 12:00pm	Paper 4. Adapting social activities to COVID-19 health restrictions Jessamine Chen, Macquarie University, Sydney, NSW	11:45am - 12:00pm	Developing a culturally-attuned internet-delivered mindfulness program for university students in Indonesia: outcome of end-user consultation and pilot study Ratih Arruum Listiyandini, University of New South Wales, Sydney, NSW (2388)	11:45am - 12:00pm	Paper 4. Loneliness during lockdown – role of social activity and depression Julie Ji, University of Western Australia, Perth, WA
12:00pm - 12:15pm	Paper 5. Utilising stepped care to treat depression, anxiety, and social isolation in older adults: a multi-site clinical trial Viviana Wuthrich, Macquarie University, Sydney, NSW	12:00pm - 12:15pm	<b>Rapid poster presentation viewing time</b>		12:00pm - 12:15pm	Paper 5. What predicts treatment response in PTSD? Richard Bryant, University of New South Wales, Sydney, NSW			
3:15pm - 4:00pm	2:45pm - 3:30pm	2:15pm - 3:00pm	12:15pm - 1:00pm	<b>Long break</b>			12:30pm - 1:00pm	<b>AACBT Branch open meeting</b> <b>Room: East Hall</b>	

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4:00pm - 5:30pm	3:30pm - 5:00pm	3:00pm - 4:30pm	1:00pm - 2:30pm	<b>Symposium 09 (2418)</b> <b>Death anxiety in anxiety-related conditions plus Open Paper</b>		<b>Symposium 10 (2384)</b> <b>The role of cognitive processes in unhealthy patterns of consumption</b>		<b>Symposium 11 (2431)</b> <b>Exposure therapy: diverse clinical applications and novel delivery methods</b>		
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>		
				Chair: Rachel Menzies		Chair: Laura Dondzilo Discussant: Daniel Rudaizky		Chair: Eileen Stech Discussant: Jennie Hudson		
				1:00pm - 1:15pm	Paper 1. Overcome death anxiety: results from a novel online CBT treatment for fears of death Rachel Menzies, University of Sydney, Sydney, NSW	1:00pm - 1:15pm	Paper 1. Healthiness matters: approach motivation for (un)healthy food in overweight and obese individuals Sophia Moore, University of Western Australia, Crawley, WA	1:00pm - 1:15pm	Paper 1. Active ingredients for preventing and treating anxiety in young people: the effectiveness of exposure Jennie Hudson, University of New South Wales, Sydney, NSW	
				1:15pm - 1:30pm	Paper 2. Death anxiety and OCD: what's love got to do with it? Ross Menzies, University of Technology, Sydney, NSW	1:15pm - 1:30pm	Paper 2. Perceived healthiness and tastiness differentially impact on approach tendencies to food in successful and unsuccessful healthy eaters Daniel Rudaizky, Curtin University, Perth, WA	1:15pm - 1:30pm	Paper 2. Factors associated with practitioners' use of exposure therapy for older adults with anxiety disorders Jessamine Chen, Macquarie University, Sydney, NSW	
				1:30pm - 1:45pm	Paper 3. Can death anxiety predict fear of cancer recurrence and progression in women with ovarian cancer over and above other cognitive factors? Daelin Coutts-Bain, The University of Sydney, Sydney, NSW	1:30pm - 1:45pm	Paper 3. Food-related attentional bias in restrained eaters: converging evidence from two attentional assessment approaches Laura Dondzilo, University of Western Australia, Crawley, WA	1:30pm - 1:45pm	Paper 3. The relative efficacy and efficiency of single- versus multi-session exposure therapy for specific phobia: a meta-analysis Bronwyn M Graham, University of New South Wales, Sydney, NSW	
				1:45pm - 2:00pm	Paper 4. Do meaning and relationships buffer death anxiety in fear of cancer recurrence? Louise Sharpe, The University of Sydney, Sydney, NSW	1:45pm - 2:00pm	Paper 4. Drinking more than planned: attentional bias in attempts to reduce alcohol consumption Jemma Todd, University of Sydney, Sydney, NSW	1:45pm - 2:00pm	Paper 4. Delivering exposure therapy for panic disorder online: an RCT comparing exposure-based vs multi- component CBT programs Eileen Stech, University of New South Wales, Sydney, NSW	
				2:00pm - 2:15pm	Restoring our emotional tank: the effects and management of emotional labour in psychotherapy James Clarke, Curtin University, Perth, WA (2232)	2:00pm - 2:15pm	Paper 5. The role of impaired inhibitory control in negative emotional drinking Henry Austin, University of Western Australia, Crawley, WA	2:00pm - 2:15pm	Paper 5. Exposure therapy for binge eating – It works! Melissa M. Norberg, Macquarie University, Sydney, NSW	
2:15pm - 2:30pm	<b>Rapid poster presentation viewing time</b>									



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5:30pm - 6:30pm	5:00pm - 6:00pm	4:30pm - 5:30pm	2:30pm - 3:30pm	<b>Open Papers 06 Emotion regulation</b>		<b>Open Papers 07 Child / adolescent</b>		<b>Symposium 06 (2485) Group CBT for social anxiety disorder: outcomes and mechanisms of change</b>		
				<b>Room: West Hall</b>		<b>Room: Central</b>		<b>Room: East Hall</b>		
				Chair: David Preece		Chair: Heidi Saunders		Chair: Peter McEvoy		
				2:30pm - 2:45pm	Advancing the assessment of emotional regulation: psychometric properties of the Perth Emotion Regulation Competency Inventory (PERCI) David Preece, Curtin University, Perth, WA (2287)	2:30pm - 2:45pm	More than a feeling? Investigating emotional reactivity in children with conduct problems and callous-unemotional traits Jaimie Northam, University of Sydney, Sydney, NSW (2500)	2:30pm - 2:45pm	Paper 1. Imagery-enhanced versus verbally-based group CBT for social anxiety disorder: a randomised controlled trial Peter McEvoy, Curtin University, Perth, WA	
				2:45pm - 3:00pm	Psychometric properties of the Emotion Beliefs Questionnaire and the mediating role of emotion regulation between beliefs and affective symptoms Rodrigo Becerra, University of Western Australia, Crawley, WA (2327)	2:45pm - 3:00pm	Parental behaviours and protective factors for children in the context of parental substance use: an exploratory analysis of factors identified by practitioners Zoe Walter, University of Queensland, St Lucia, QLD (2509)	2:45pm - 3:00pm	Paper 2. A longitudinal assessment of the bivalent fear of evaluation model in social anxiety disorder Andrew Johnson, Curtin University, Perth, WA	
				3:00pm - 3:15pm	Assessing alexithymia across Asian and Western cultures: psychometric properties of the Toronto alexithymia scale-20 and Perth alexithymia questionnaire in Singaporean and Australian samples Joan Chan, University of Western Australia, Crawley, WA (2409-3)	3:00pm - 3:15pm	Mind the family: mindfulness and imagery integrated behavioural parent training Mark Donovan, University of Wollongong, Wollongong, NSW (2233)	3:00pm - 3:15pm	Paper 3. Concurrent and prospective associations between negative social-evaluative beliefs, safety behaviours, and symptoms during and following group CBT for social anxiety disorder Melissa Burgess, University of Waterloo, West Waterloo, Ontario, Canada	
3:15pm - 3:30pm	Validity and reliability of the Perth alexithymia questionnaire in adults with acquired brain injury Danielle Fynn, University of Western Australia, Crawley, WA (2409-5)	3:15pm - 3:30pm	"I felt seen by this chatbot": a qualitative focus group study with young people and parents/carers to develop a positive body image chatbot called "KIT" Gemma Sharp, Monash University, Melbourne, VIC (2495)	3:15pm - 3:30pm	Paper 4. An investigation of cognitive and affective changes during group imagery rescripting Samantha Bank, Curtin University, Perth, WA					
6:30pm - 6:45pm	6:00pm - 6:15pm	5:30pm - 5:45pm	3:30pm - 3:45pm	<b>Short break</b>						

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6:45pm - 7:30pm	6:15pm - 7:00pm	5:45pm - 6:30pm	3:45pm - 4:30pm	<b>Symposium 12 (2558)</b> <b>Loneliness – theory and practice</b>		<b>Symposium 13 (2411)</b> <b>From measurement to mechanisms: examining impairments in attentional control and their relationship with anxiety vulnerability</b>	
				<b>Room: West Hall</b> Chair: Genevieve Dingle		<b>Room: East Hall</b> Chair: Owen Myles Discussant: Patrick Clarke	
			3:45pm - 4:30pm  (45 min)	Paper 1. Evidence that loneliness matters in psychological practice David Preece, Curtin University, Perth, WA		3:45pm - 4:30pm  (45 min)	Paper 1. The mediating role of beliefs about attentional control in the relationship between self-report measures of attentional control and anxiety Lies Notebaert, The University of Western Australia, Crawley, WA
				Paper 2. Exploring links between social identity, emotion regulation, and loneliness in those with and without a history of a mental disorder Shaun Hayes, The University of Queensland, St Lucia, QLD			Paper 2. On the validity of self-report attention control: does the Attention Control Scale predict behavioural attention control performance Patrick Clarke, Curtin University, Perth, WA
				Paper 3. Alone together?: A longitudinal study of loneliness among Australians during COVID-19 Marlee Bower, The University of Sydney, Sydney, NSW			Paper 3. Do the eyes have it? Comparing eye-movement and attentional-probe based approaches to indexing attentional control Owen Myles, The University of Western Australia, Crawley, WA
				Paper 4. The impact of COVID-19 on stress, loneliness, and risky drinking in university students Genevieve Dingle, The University of Queensland, St Lucia, QLD			Paper 4. The moderating role of attentional control on the relationship between attentional preference for negative information and trait anxiety Julian Basanovic, The University of Western Australia, Crawley, WA
							Paper 5. The role of poor attentional control in the relationship between elevated social anxiety and selective attention to negative social information Mahdi Mazidi, The University of Western Australia, Crawley, WA

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7:30pm - 9:05pm	7:00pm - 8:35pm	6:30pm - 8:05pm	4:30pm - 6:05pm	4:30pm - 5:00pm	Invited Speaker: <b>Imagery-rescripting for trauma affected voice hearers</b> Dr Georgie Paulik-White, Perth Voices Clinic & University of Western Australia & Murdoch University, Perth, WA
				5:00pm - 6:00pm	Invited Speaker: <b>Lessons in delivering digital mental health services: things we wished we knew before we started</b> Professor Nick Titov, Macquarie University, Sydney, NSW
				<b>Room: West Hall</b>	
				Chair: David Preece	
				6:00pm - 6:05pm	<b>Closing Address</b> Dr Janice Wong, AACBT National Conference Convenor
9:05pm	8:35pm	8:05pm	6:05pm	<b>Scientific Program Close</b>	

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+3 hours	+2.5 hours	+2 hours	-		+3 hours	+2.5 hours	+2 hours	-	
11:00am - 12:00pm	10:30am - 11:30am	10:00am - 11:00am	8:00am - 9:00am	Workshop Registration	11:00am - 12:00pm	10:30am - 11:30am	10:00am - 11:00am	8:00am - 9:00am	Workshop Registration
12:00pm - 3:30pm	11:30am - 3:00pm	11:00am - 2:30pm	9:00am - 12:30pm	Treating trauma in high-risk populations	12:00pm - 3:30pm	11:30am - 3:00pm	11:00am - 2:30pm	9:00am - 12:30pm	CBT-Insomnia: why is it important? What is it? How do I do it?
				Presenter: Scientia Professor Richard Bryant					Presenter: Dr Melissa Ree
				Room: West Hall / King Sound					Room: East Hall / Admiralty Gulf
				Chair: Natasha Dean					Chair: Bronwyn Milkins
				10:30am - 11:00am					Short break
	Treating trauma in high-risk populations <i>Continued</i>		CBT-Insomnia: why is it important? What is it? How do I do it? <i>Continued</i>						
3:30pm	3:00pm	2:30pm	12:30pm	Workshop Close	3:30pm	3:00pm	2:30pm	12:30pm	Workshop Close
3:30pm - 4:00pm	3:00pm - 3:30pm	2:30pm - 3:00pm	12:30pm - 1:00pm	Workshop Registration	3:30pm - 4:30pm	3:00pm - 4:00pm	2:30pm - 3:30pm	12:30pm - 1:30pm	Workshop Registration
4:00pm - 8:00pm	3:30pm - 7:30pm	3:00pm - 7:00pm	1:00pm - 5:00pm	Treating trauma using Imagery- rescripting in individuals who hear voices of have psychosis	4:30pm - 8:00pm	4:00pm - 7:30pm	3:30pm - 7:00pm	1:30pm - 5:00pm	Operating effectively as a psychologist in a private practice setting
				Presenter: Dr Georgie Paulik-White					Presenters: Dr Clair Lawson & Mr Paul Jeffery
				Room: West Hall / King Sound					Room: East Hall / Admiralty Gulf
				Chair: Janice Wong					Chair: Bronwyn Milkins
				3:15pm - 3:30pm					Short break
	Treating trauma using Imagery- rescripting in individuals who hear voices of have psychosis <i>Continued</i>		Operating effectively as a psychologist in a private practice setting <i>Continued</i>						
8:00pm	7:30pm	7:00pm	5:00pm	Workshop Close	8:00pm	7:30pm	7:00pm	5:00pm	Workshop Close