

AACBT National Conference Program

AEDT NSW, ACT, Vic, Tas	ACDT SA	AEST Qld	AWST WA	AWST WA	Thursday 28 October 2021
+3 hours	+2.5 hours	+2 hours	-	-	
10:45am - 12:05pm	10:15am - 11:35am	9:45am - 11:05am	7:45am - 9:05am	7:45am - 8:00am	Welcome to Country TBC
					Welcome Address Dr Janice Wong, AACBT National Conference Convenor
					AACBT National President's Address and 2021 Fellows Associate Professor Melissa Norberg
				8:00am - 9:00am	Keynote Speaker - LIVE VIDEO LINK: Action and dialogue in psychotherapy: dance of equals Dr Christine Padesky, Center for Cognitive Therapy, California, USA
					Room:
					Chair: TBC
				9:00am - 9:05am	Move

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12:05pm - 1:30pm	11:35am - 1:00pm	11:05am - 12:30pm	9:05am - 10:30am	Symposium 01 (2499) Transdiagnostic treatment for depression & anxiety		Symposium 02 (2371) The good, the bad and the ugly: The psychosocial impacts of COVID-19 on children, adolescents, and families in Australia		Symposium 03 (2393) The role of interpretation bias in chronic health conditions	
				Room:		Room:		Room:	
				Chair: Jill Newby Discussant: Peter McEvoy		Chair: Jennie Hudson		Chair: Poorva Pradhan Discussant: Colin MacLeod	
				9:05am - 9:20am	Paper 1. Transdiagnostic interventions for emotional disorders: impacts on positive and negative affect Bruce Campbell, Centre for Clinical Interventions, Perth, WA	9:05am - 9:20am	Paper 1. Mental health symptoms in a sample of Australian children and adolescents during the initial stages of COVID-19 Gemma Sicouri, Black Dog Institute, University of NSW, Sydney, NSW	9:05am - 9:20am	Paper 1. Are fear campaigns effective for increasing adherence to COVID-related mitigation measures? Bethany Richmond, The University of Sydney, Sydney, NSW
				9:20am - 9:35am	Paper 2. Transdiagnostic CBT: extension and preliminary evaluation for mixed anxiety and depressive disorder Peter Norton, Cairnmillar Institute, Melbourne, Vic	9:20am - 9:35am	Paper 2. The impact of COVID-19 on the lives and mental health of Australian adolescents Sophie H Li, Black Dog Institute, University of NSW, Sydney, NSW	9:20am - 9:35am	Paper 2. Testing the threat interpretation model of fear of cancer recurrence in women with breast cancer Poorva Pradhan, The University of Sydney, Sydney, NSW
				9:35am - 9:50am	Paper 3. The uptake and effectiveness of online cognitive behaviour therapy for symptoms of anxiety and depression during COVID-19 Katie Dobinson, Clinical Research Unit for Anxiety and Depression, St Vincent's Hospital, Sydney, NSW	9:35am - 9:50am	Paper 3. Seeing the brighter side: coping and psychological resilience in Australian adolescents during the COVID-19 pandemic Joanne Beames, Black Dog Institute, Sydney, University of NSW, Sydney, NSW	9:35am - 9:50am	Paper 3. Interpretation bias in Type 2 diabetes and chronic pain: a double-edged sword Jemma Todd, University of Sydney, Sydney, NSW
				9:50am - 10:05am	Paper 4. Transdiagnostic blended care intervention for depression and anxiety Jill Newby, Black Dog Institute, Sydney, NSW	9:50am - 10:05am	Paper 4. The psychosocial impacts of home-schooling on parents and caregivers during the COVID-19 pandemic Alison Calex, The Australian National University, Canberra, ACT	9:50am - 10:05am	Paper 4. Home-based cognitive bias modification (CBM-I) and expectancy in chronic pain patients Louise Sharpe, The University of Sydney, Sydney, NSW
				10:05am - 10:30am	Rapid poster presentation viewing time				
1:30pm - 2:00pm	1:00pm - 1:30pm	12:30pm - 1:00pm	10:30am - 11:00am	Short break					

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2:00pm - 3:30pm	1:30pm - 3:00pm	1:00pm - 2:30pm	11:00am - 12:30pm	Master Clinician Session		AACBT Award Interviews	
				Room:		Room:	
				Chair: TBC		Chair: Melissa Noberg & Louise Sharpe	
				11:00am - 12:30pm	Invited Speaker: Using exposure treatment effectively in the treatment of anxiety in children and young people Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW	11:00am - 11:15am	AACBT Early Career Award Interview Dr Cele Richardson
						11:15am - 11:30am	AACBT Mid-career Award Interview Associate Professor Genevieve Dingle
11:30am - 11:45am	AACBT Distinguished Career Award Interview Professor Peter McEvoy						
		11:45am - 12:30pm	Rapid poster presentation viewing time				
3:30pm - 4:30pm	3:00pm - 4:00pm	2:30pm - 3:30pm	12:30pm - 1:30pm	Long break		12:45pm - 1:15pm	AACBT Annual General Meeting (AGM) - all members welcome Room: TBC (<i>and Zoom</i>)

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4:30pm - 5:45pm	4:00pm - 5:15pm	3:30pm - 4:45pm	1:30pm - 2:45pm	Invited Speaker & Open Papers 01 Innovative technology		Symposium 04 (2420) Biased expectancies in anxiety and depression	Symposium 05 (2497) Perinatal OCD: Prevention, treatment, and management			
				Room: Chair: TBC		Room: Chair: Julian Basanovic Discussant: Ben Grafton	Room: Chair: Rebecca Anderson			
				1:30pm - 2:00pm	Invited Speaker: Insights from my transition from academia to real-world practice: reflections on a failed paradigm of care and proposed solutions Associate Professor Brett Deacon, Cairnmillar Institute, Melbourne, Vic	1:30pm - 1:45pm	Paper 1. Negative expectancies mediate the relationship between attentional bias and trait anxiety Chiara Ventrìs, University of Western Australia, Crawley, WA	1:30pm - 1:45pm	Paper 1. Do prenatal metacognitive beliefs predict postpartum obsessive compulsive symptoms in new mothers? Melissa Mulcahy, Curtin University, Perth, WA	
						1:45pm - 2:00pm	Paper 2. The role of information-seeking choice bias in understanding anxiety-linked negative expectancy bias James Tough, University of Western Australia, Crawley, WA	1:45pm - 2:00pm	Paper 2. Does prenatal metacognitive psychoeducation about intrusive thoughts prevent postpartum obsessive compulsive symptoms? A prospective randomised controlled trial Melissa Mulcahy, Curtin University, Perth, WA	
				2:00pm - 2:15pm	Understanding the temporal dynamics of decentering on clinical outcomes in daily life Kristin Naragon-Gainey, University of Western Australia, Crawley, WA	2:00pm - 2:15pm	Paper 3. Anxiety-linked differences in expectancy updating Amelia Reynolds, University of Western Australia, Crawley, WA	2:00pm - 2:15pm	Paper 3. The effectiveness of brief metacognitive intervention for postpartum obsessive-compulsive disorder: a pilot study Rebecca Anderson, Curtin University, Perth, WA	
				2:15pm - 2:30pm	Using artificial intelligence (AI) to run more efficient and flexible clinical trials Eileen Stech, Black Dog Institute, University of New South Wales, Sydney, NSW	2:15pm - 2:30pm	Paper 4. The association between pre-event expectancies, peri-event experience, and post-event processing in social anxiety Julian Basanovic, University of Western Australia, Crawley, WA	2:15pm - 2:30pm	Paper 4. Health practitioners' recognition and management of postpartum obsessive-compulsive thoughts about infant harm Rebecca Anderson, Curtin University, Perth, WA	
				2:30pm - 2:45pm	A meta-analytic review of online treatments for anxiety: eligibility, engagement, and outcomes Madelyne Bisby, Macquarie University, Sydney, NSW	2:30pm - 2:45pm	Paper 5. Depression-linked deficits in reward-seeking behaviour: the role of reward expectancy and state emotion Kenneth Sim, University of Western Australia, Crawley, WA	2:30pm - 2:45pm	Paper 5. Consensus guidelines for the assessment and treatment of perinatal obsessive compulsive disorder: a Delphi study Melissa Mulcahy, Curtin University, Perth, WA	
5:45pm - 6:15pm	5:15pm - 5:45pm	4:45pm - 5:15pm	2:45pm - 3:15pm	Short break						

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6:15pm - 7:05pm	5:45pm - 6:35pm	5:15pm - 6:05pm	3:15pm - 4:05pm	Open Papers 02: NSSI		Open Papers 03: Sleep; Transdiagnosis approaches		Open Papers 04: Internet interventions		
				Room:		Room:		Room:		
				Chair: TBC		Chair: TBC		Chair: TBC		
				3:15pm - 3:30pm	Emotional regulation in non-suicidal self-injury Sophie Haywood, Curtin University, Perth, WA	3:15pm - 3:30pm	Improving sleep to promote healthy brain aging: a CBT-insomnia intervention study Melissa Ree, University of Western Australia, Perth, WA	3:15pm - 3:30pm	Characterising usage of a multicomponent digital intervention to predict treatment outcomes in first-episode psychosis Shaunagh O'Sullivan, Orygen, Melbourne, VIC	
				3:30pm - 3:45pm	Cognitive and emotional factors associated with the desire to cease non-suicidal self-injury Nicole Gray, Curtin University, Perth, WA	3:30pm - 3:45pm	The prevalence and burden of insomnia among U.S. military veterans Simon Byrne, Westmead Hospital, Westmead, NSW	3:30pm - 3:45pm	Piloting an integrated face-to-face and virtual clinic to enhance specialist treatment for complex youth mental health disorders: eOrygen.MOST Shaunagh O'Sullivan, Orygen, Melbourne, VIC	
				3:45pm - 4:00pm	Correlates of disclosure and non-disclosure of non- suicidal self-injury Sylvanna Mirichlis, Curtin University, Perth, WA	3:45pm - 4:00pm	Managing rumination and worry – a randomised controlled trial of an internet intervention delivered with and without clinician guidance versus treatment as usual Amy Joubert, Clinical Research Unit for Anxiety and Depression (CRUFAD), Darlinghurst, NSW	3:45pm - 4:00pm	Implementing a CBT-based digital mental health intervention within Victorian youth mental health services: barriers and facilitators Jennifer Nicholas, Orygen, Melbourne, VIC	
4:00pm - 4:05pm	Move									
7:05pm - 9:00pm	6:35pm - 8:30pm	6:05pm - 8:00pm	4:05pm - 6:00pm	4:05pm - 4:50pm	Invited Speaker: Improving psychological treatments for children with anxiety disorders Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW					
				Room:						
				Chair: TBC						
				4:50pm - 6:00pm	Early Career Network Meeting (Researchers and Clinicians)					
Room: various (as indicated on map)				Chairs: Kristin Gainey and David Preece						
9:00pm - 11:00pm	8:30pm - 10:30pm	8:00pm - 10:00pm	6:00pm - 8:00pm	AACBT after dark						