

AACBT National Conference Program

| AEDT NSW, ACT, Vic, Tas | ACDT SA | AEST Qld | AWST WA | AWST WA | Thursday 28 October 2021 |
|-------------------------------|----------------------|---------------------|--------------------|--------------------|---|
| +3 hours | +2.5 hours | +2 hours | - | - | |
| 10:45am - 12:05pm | 10:15am - 11:35am | 9:45am - 11:05am | 7:45am - 9:05am | 7:45am - 8:00am | Welcome to Country TBC |
| | | | | | Welcome Address Dr Janice Wong, AACBT National Conference Convenor |
| | | | | | AACBT National President's Address and 2021 Fellows Associate Professor Melissa Norberg |
| | | | | 8:00am - 9:00am | Keynote Speaker - LIVE VIDEO LINK: Action and dialogue in psychotherapy: dance of equals Dr Christine Padesky, Center for Cognitive Therapy, California, USA |
| | | | | | Room: |
| | | | | | Chair: TBC |
| | | | | 9:00am - 9:05am | Move |

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|-------------------------------|---------------------|----------------------|----------------------|--|--|--|--|--|---|
| 12:05pm - 1:30pm | 11:35am - 1:00pm | 11:05am - 12:30pm | 9:05am - 10:30am | Symposium 01 (2499) Transdiagnostic treatment for depression & anxiety | | Symposium 02 (2371) The good, the bad and the ugly: The psychosocial impacts of COVID-19 on children, adolescents, and families in Australia | | Symposium 03 (2393) The role of interpretation bias in chronic health conditions | |
| | | | | Room: | | Room: | | Room: | |
| | | | | Chair: Jill Newby Discussant: Peter McEvoy | | Chair: Jennie Hudson | | Chair: Poorva Pradhan Discussant: Colin MacLeod | |
| | | | | 9:05am - 9:20am | Paper 1. Transdiagnostic interventions for emotional disorders: impacts on positive and negative affect Bruce Campbell, Centre for Clinical Interventions, Perth, WA | 9:05am - 9:20am | Paper 1. Mental health symptoms in a sample of Australian children and adolescents during the initial stages of COVID-19 Gemma Sicouri, Black Dog Institute, University of NSW, Sydney, NSW | 9:05am - 9:20am | Paper 1. Are fear campaigns effective for increasing adherence to COVID-related mitigation measures? Bethany Richmond, The University of Sydney, Sydney, NSW |
| | | | | 9:20am - 9:35am | Paper 2. Transdiagnostic CBT: extension and preliminary evaluation for mixed anxiety and depressive disorder Peter Norton, Cairnmillar Institute, Melbourne, Vic | 9:20am - 9:35am | Paper 2. The impact of COVID-19 on the lives and mental health of Australian adolescents Sophie H Li, Black Dog Institute, University of NSW, Sydney, NSW | 9:20am - 9:35am | Paper 2. Testing the threat interpretation model of fear of cancer recurrence in women with breast cancer Poorva Pradhan, The University of Sydney, Sydney, NSW |
| | | | | 9:35am - 9:50am | Paper 3. The uptake and effectiveness of online cognitive behaviour therapy for symptoms of anxiety and depression during COVID-19 Katie Dobinson, Clinical Research Unit for Anxiety and Depression, St Vincent's Hospital, Sydney, NSW | 9:35am - 9:50am | Paper 3. Seeing the brighter side: coping and psychological resilience in Australian adolescents during the COVID-19 pandemic Joanne Beames, Black Dog Institute, Sydney, University of NSW, Sydney, NSW | 9:35am - 9:50am | Paper 3. Interpretation bias in Type 2 diabetes and chronic pain: a double-edged sword Jemma Todd, University of Sydney, Sydney, NSW |
| | | | | 9:50am - 10:05am | Paper 4. Transdiagnostic blended care intervention for depression and anxiety Jill Newby, Black Dog Institute, Sydney, NSW | 9:50am - 10:05am | Paper 4. The psychosocial impacts of home-schooling on parents and caregivers during the COVID-19 pandemic Alison Calex, The Australian National University, Canberra, ACT | 9:50am - 10:05am | Paper 4. Home-based cognitive bias modification (CBM-I) and expectancy in chronic pain patients Louise Sharpe, The University of Sydney, Sydney, NSW |
| | | | | 10:05am - 10:30am | Rapid poster presentation viewing time | | | | |
| 1:30pm - 2:00pm | 1:00pm - 1:30pm | 12:30pm - 1:00pm | 10:30am - 11:00am | Short break | | | | | |

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| 2:00pm - 3:30pm | 1:30pm - 3:00pm | 1:00pm - 2:30pm | 11:00am - 12:30pm | Master Clinician Session | | AACBT Award Interviews | |
| | | | | Room: | | Room: | |
| | | | | Chair: TBC | | Chair: Melissa Noberg & Louise Sharpe | |
| | | | | 11:00am - 12:30pm | Invited Speaker: Using exposure treatment effectively in the treatment of anxiety in children and young people Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW | 11:00am - 11:15am | AACBT Early Career Award Interview Dr Cele Richardson |
| | | | | | | 11:15am - 11:30am | AACBT Mid-career Award Interview Associate Professor Genevieve Dingle |
| 11:30am - 11:45am | AACBT Distinguished Career Award Interview Professor Peter McEvoy | | | | | | |
| | | 11:45am - 12:30pm | Rapid poster presentation viewing time | | | | |
| 3:30pm - 4:30pm | 3:00pm - 4:00pm | 2:30pm - 3:30pm | 12:30pm - 1:30pm | Long break | | 12:45pm - 1:15pm | AACBT Annual General Meeting (AGM) - all members welcome Room: TBC (and Zoom) |

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| 4:30pm - 5:45pm | 4:00pm - 5:15pm | 3:30pm - 4:45pm | 1:30pm - 2:45pm | Invited Speaker & Open Papers 01 Innovative technology | | Symposium 04 (2420) Biased expectancies in anxiety and depression | Symposium 05 (2497) Perinatal OCD: Prevention, treatment, and management | |
| | | | | Room: | | Room: | Room: | |
| | | | | Chair: TBC | | Chair: Julian Basanovic Discussant: Ben Grafton | Chair: Rebecca Anderson | |
| | | | 1:30pm - 2:00pm | Invited Speaker: Insights from my transition from academia to real-world practice: reflections on a failed paradigm of care and proposed solutions Associate Professor Brett Deacon, Cairnmillar Institute, Melbourne, Vic | 1:30pm - 1:45pm | Paper 1. Negative expectancies mediate the relationship between attentional bias and trait anxiety Chiara Ventris, University of Western Australia, Crawley, WA | 1:30pm - 1:45pm | Paper 1. Do prenatal metacognitive beliefs predict postpartum obsessive compulsive symptoms in new mothers? Melissa Mulcahy, Curtin University, Perth, WA |
| | | | | | 1:45pm - 2:00pm | Paper 2. The role of information-seeking choice bias in understanding anxiety-linked negative expectancy bias James Tough, University of Western Australia, Crawley, WA | 1:45pm - 2:00pm | Paper 2. Does prenatal metacognitive psychoeducation about intrusive thoughts prevent postpartum obsessive compulsive symptoms? A prospective randomised controlled trial Melissa Mulcahy, Curtin University, Perth, WA |
| | | | 2:00pm - 2:15pm | Understanding the temporal dynamics of decentering on clinical outcomes in daily life Kristin Naragon-Gainey, University of Western Australia, Crawley, WA | 2:00pm - 2:15pm | Paper 3. Anxiety-linked differences in expectancy updating Amelia Reynolds, University of Western Australia, Crawley, WA | 2:00pm - 2:15pm | Paper 3. The effectiveness of brief metacognitive intervention for postpartum obsessive-compulsive disorder: a pilot study Rebecca Anderson, Curtin University, Perth, WA |
| | | | 2:15pm - 2:30pm | Using artificial intelligence (AI) to run more efficient and flexible clinical trials Eileen Stech, Black Dog Institute, University of New South Wales, Sydney, NSW | 2:15pm - 2:30pm | Paper 4. The association between pre-event expectancies, peri-event experience, and post-event processing in social anxiety Julian Basanovic, University of Western Australia, Crawley, WA | 2:15pm - 2:30pm | Paper 4. Health practitioners' recognition and management of postpartum obsessive- compulsive thoughts about infant harm Rebecca Anderson, Curtin University, Perth, WA |
| | | | 2:30pm - 2:45pm | A meta-analytic review of online treatments for anxiety: eligibility, engagement, and outcomes Madelyne Bisby, Macquarie University, Sydney, NSW | 2:30pm - 2:45pm | Paper 5. Depression-linked deficits in reward-seeking behaviour: the role of reward expectancy and state emotion Kenneth Sim, University of Western Australia, Crawley, WA | 2:30pm - 2:45pm | Paper 5. Consensus guidelines for the assessment and treatment of perinatal obsessive compulsive disorder: a Delphi study Melissa Mulcahy, Curtin University, Perth, WA |
| 5:45pm - 6:15pm | 5:15pm - 5:45pm | 4:45pm - 5:15pm | 2:45pm - 3:15pm | Short break | | | | |

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| 6:15pm - 7:05pm | 5:45pm - 6:35pm | 5:15pm - 6:05pm | 3:15pm - 4:05pm | Open Papers 02: NSSI | | Open Papers 03: Sleep; Transdiagnosis approaches | | Open Papers 04: Internet interventions | | |
| | | | | Room: | | Room: | | Room: | | |
| | | | | Chair: TBC | | Chair: TBC | | Chair: TBC | | |
| | | | | 3:15pm - 3:30pm | Emotional regulation in non-suicidal self-injury Sophie Haywood, Curtin University, Perth, WA | 3:15pm - 3:30pm | Improving sleep to promote healthy brain aging: a CBT-insomnia intervention study Melissa Ree, University of Western Australia, Perth, WA | 3:15pm - 3:30pm | Characterising usage of a multicomponent digital intervention to predict treatment outcomes in first-episode psychosis Shaunagh O'Sullivan, Orygen, Melbourne, VIC | |
| | | | | 3:30pm - 3:45pm | Cognitive and emotional factors associated with the desire to cease non-suicidal self-injury Nicole Gray, Curtin University, Perth, WA | 3:30pm - 3:45pm | The prevalence and burden of insomnia among U.S. military veterans Simon Byrne, Westmead Hospital, Westmead, NSW | 3:30pm - 3:45pm | Piloting an integrated face-to-face and virtual clinic to enhance specialist treatment for complex youth mental health disorders: eOrygen.MOST Shaunagh O'Sullivan, Orygen, Melbourne, VIC | |
| | | | | 3:45pm - 4:00pm | Correlates of disclosure and non-disclosure of non- suicidal self-injury Sylvanna Mirichlis, Curtin University, Perth, WA | 3:45pm - 4:00pm | Managing rumination and worry – a randomised controlled trial of an internet intervention delivered with and without clinician guidance versus treatment as usual Amy Joubert, Clinical Research Unit for Anxiety and Depression (CRUFAD), Darlinghurst, NSW | 3:45pm - 4:00pm | Implementing a CBT-based digital mental health intervention within Victorian youth mental health services: barriers and facilitators Jennifer Nicholas, Orygen, Melbourne, VIC | |
| 4:00pm - 4:05pm | Move | | | | | | | | | |
| 7:05pm - 9:00pm | 6:35pm - 8:30pm | 6:05pm - 8:00pm | 4:05pm - 6:00pm | 4:05pm - 4:50pm | Invited Speaker: Improving psychological treatments for children with anxiety disorders Professor Jennie Hudson, Black Dog Institute, University of New South Wales, Sydney, NSW | | | | | |
| | | | | Room: | | | | | | |
| | | | | Chair: TBC | | | | | | |
| | | | | 4:50pm - 6:00pm | Early Career Network Meeting (Researchers and Clinicians) | | | | | |
| Room: various (as indicated on map) | | | | Chairs: Kristin Gainey and David Preece | | | | | | |
| 9:00pm - 11:00pm | 8:30pm - 10:30pm | 8:00pm - 10:00pm | 6:00pm - 8:00pm | AACBT after dark | | | | | | |

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| 10:00am - 11:00am | 9:30am - 10:30am | 9:00am - 10:00am | 7:00am - 8:00am | 7:00am - 8:00am | "Publish that Paper!" Tips for ECR researchers Associate Professor Genevieve Dingle, Editor "Behaviour Change" |
| | | | | | Room: |
| 11:00am - 1:30pm | 10:30am - 1:00pm | 10:00am - 12:30pm | 8:00am - 10:30am | 8:00am - 8:30am | Invited Speaker: A person-centred and strengths-based approach to non-suicidal self-injury Professor Penny Hasking, Curtin University, Perth, WA |
| | | | | 8:30am - 9:00am | Invited Speaker: Cognitive behavioural therapy for eating disorders (CBT-ED): status, innovations, and implications for the therapy room Dr Bronny Raykos, Centre for Clinical Interventions (CCI), North Metropolitan Health Service (WA), Perth, WA |
| | | | | 9:00am - 10:30am | Keynote Speaker - LIVE VIDEO LINK: More walk, less talk: action-packed CBT Dr Christine Padesky, Center for Cognitive Therapy, California, USA |
| | | | | | Room: |
| | | | | | Chair: TBC |
| 1:30pm - 2:00pm | 1:00pm - 1:30pm | 12:30pm - 1:00pm | 10:30am - 11:00am | | Short break |

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| 2:00pm - 3:15pm | 1:30pm - 2:45pm | 1:00pm - 2:15pm | 11:00am - 12:15pm | Symposium 07 (2402) Understanding loneliness and improving social connectedness | | Symposium 08 (2424) Predictors of individual differences in recovery from adversity | | Open Papers 05: Telehealth / COVID | |
| | | | | Room: | | Room: | | Room: | |
| | | | | Chair: Jessamine Chen | | Chair: Lies Notebaert | | Chair: TBC | |
| | | | | 11:00am - 11:15am | Paper 1. Interventions to improve social connections: a systematic review and meta-analysis Dino Zagic, Macquarie University, Sydney, NSW | 11:00am - 11:15am | Paper 1. Recovery following acquired brain injury: correlates and predictors of quality of life in individuals with acquired brain injury during post-acute rehabilitation Georgina Mann, Brightwater Research Centre, Osborne Park, WA | 11:00am - 11:15am | Connecting with the digital mental health world: increases in use of digital mental health services as a result of COVID-19 Heidi Sturk, Queensland University of Technology, Brisbane, Qld |
| | | | | 11:15am - 11:30am | Paper 2. Targeting maladaptive cognitions related to loneliness using focused cognitive restructuring alleviates feelings of loneliness and promotes social connectedness Dino Zagic, Macquarie University, Sydney, NSW | 11:15am - 11:30am | Paper 2. Emotional regulation strategies in recovering from adversity Hannah Abdul Razak, University of Western Australia, Perth, WA | 11:15am - 11:30am | Implementation lessons from the transition to telehealth during COVID-19: perspectives of clinicians and youth mental health service users Jennifer Nicholas, Orygen, Melbourne, VIC |
| | | | | 11:30am - 11:45am | Paper 3. Improving mental health and social participation outcomes in older adults with depression and anxiety – a randomised controlled trial Jessamine Chen, Macquarie University, Sydney, NSW | 11:30am - 11:45am | Paper 3. The contribution of attentional bias and its variability to emotional recovery from adverse experiences Bree Mitchelson, University of Western Australia, Perth, WA | 11:30am - 11:45am | Brief telehealth-delivered expressive writing therapy for post-traumatic stress Rachelle Dawson, Australian National University, Canberra, ACT |
| | | | | 11:45am - 12:00pm | Paper 4. Adapting social activities to COVID-19 health restrictions Jessamine Chen, Macquarie University, Sydney, NSW | 11:45am - 12:00pm | Paper 4. Loneliness during lockdown – role of social activity and depression Julie Ji, University of Western Australia, Perth, WA | 11:45am - 12:00pm | Australians under strain: the experience of the COVID-19 pandemic for families with young children Bronte Morgan, University of Sydney, Sydney, NSW |
| | | | | 12:00pm - 12:15pm | Paper 5. Utilising stepped care to treat depression, anxiety, and social isolation in older adults: a multi-site clinical trial Viviana Wuthrich, Macquarie University, Sydney, NSW | 12:00pm - 12:15pm | Paper 5. Predicting treatment responses with facial and acoustic expressions of emotion Richard Bryant, University of New South Wales, Sydney, NSW | 12:00pm - 12:15pm | Developing a culturally-attuned internet-delivered mindfulness program for university students in Indonesia: outcome of end-user consultation and pilot study Ratih Arruum Listiyandini, University of New South Wales, Sydney, NSW |
| 3:15pm - 4:00pm | 2:45pm - 3:30pm | 2:15pm - 3:00pm | 12:15pm - 1:00pm | Long break | | | 12:30pm - 1:00pm | AACBT Branch open meeting Room: | |

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| 4:00pm - 5:30pm | 3:30pm - 5:00pm | 3:00pm - 4:30pm | 1:00pm - 2:30pm | Symposium 09 (2418) Death anxiety in anxiety-related conditions | | Symposium 10 (2384) The role of cognitive processes in unhealthy patterns of consumption | | Symposium 11 (2431) Exposure therapy: diverse clinical applications and novel delivery methods | |
| | | | | Room: | | Room: | | Room: | |
| | | | | Chair: Rachel Menzies | | Chair: Laura Dondzilo Discussant: Daniel Rudaizky | | Chair: Eileen Stech Discussant: Jennie Hudson | |
| | | | | 1:00pm - 1:15pm | Paper 1. Overcome death anxiety: results from a novel online CBT treatment for fears of death Rachel Menzies, University of Sydney, Sydney, NSW | 1:00pm - 1:15pm | Paper 1. Healthiness matters: approach motivation for (un)healthy food in overweight and obese individuals Sophia Moore, University of Western Australia, Crawley, WA | 1:00pm - 1:15pm | Paper 1. Active ingredients for preventing and treating anxiety in young people: the effectiveness of exposure Jennie Hudson, University of New South Wales, Sydney, NSW |
| | | | | 1:15pm - 1:30pm | Paper 2. Death anxiety and OCD: what's love got to do with it? Ross Menzies, University of Technology, Sydney, NSW | 1:15pm - 1:30pm | Paper 2. Perceived healthiness and tastiness differentially impact on approach tendencies to food in successful and unsuccessful healthy eaters Daniel Rudaizky, Curtin University, Perth, WA | 1:15pm - 1:30pm | Paper 2. Factors associated with practitioners' use of exposure therapy for older adults with anxiety disorders Jessamine Chen, Macquarie University, Sydney, NSW |
| | | | | 1:30pm - 1:45pm | Paper 3. Can death anxiety predict fear of cancer recurrence and progression in women with ovarian cancer over and above other cognitive factors? Daelin Coutts-Bain, The University of Sydney, Sydney, NSW | 1:30pm - 1:45pm | Paper 3. Switching from celery to chocolate: biased attentional switching to high calorie food in restrained eaters Laura Dondzilo, University of Western Australia, Crawley, WA | 1:30pm - 1:45pm | Paper 3. The relative efficacy and efficiency of single- versus multi-session exposure therapy for specific phobia: a meta-analysis Bronwyn M Graham, University of New South Wales, Sydney, NSW |
| | | | | 1:45pm - 2:00pm | Paper 4. Do meaning and relationships buffer death anxiety in fear of cancer recurrence? Louise Sharpe, The University of Sydney, Sydney, NSW | 1:45pm - 2:00pm | Paper 4. Drinking more than planned: attentional bias in attempts to reduce alcohol consumption Jemma Todd, University of Sydney, Sydney, NSW | 1:45pm - 2:00pm | Paper 4. Delivering exposure therapy for panic disorder online: an RCT comparing exposure-based vs multi-component CBT programs Eileen Stech, University of New South Wales, Sydney, NSW |
| | | | | 2:00pm - 2:15pm | Restoring our emotional tank: the effects and management of emotional labour in psychotherapy James Clarke, Curtin University, Perth, WA | 2:00pm - 2:15pm | Paper 5. The role of impaired inhibitory control in negative emotional drinking Henry Austin, University of Western Australia, Crawley, WA | 2:00pm - 2:15pm | Paper 5. Exposure therapy for binge eating – It works! Melissa M. Norberg, Macquarie University, Sydney, NSW |
| 2:15pm - 2:30pm | Rapid poster presentation viewing time | | | | | | | | |

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| 5:30pm - 6:30pm | 5:00pm - 6:00pm | 4:30pm - 5:30pm | 2:30pm - 3:30pm | Open Papers 06: Emotion regulation | | Open Papers 07: Child / adolescent | | Symposium 06 (2485) Group CBT for social anxiety disorder: outcomes and mechanisms of change | |
| | | | | Room: | | Room: | | Room: | |
| | | | | Chair: TBC | | Chair: TBC | | Chair: Peter McEvoy | |
| | | | | 2:30pm - 2:45pm | Advancing the assessment of emotional regulation: psychometric properties of the Perth Emotion Regulation Competency Inventory (PERCI) David Preece, Curtin University, Perth, WA | 2:30pm - 2:45pm | Depression predicts emotion acceptance beliefs in early adolescence: a longitudinal investigation Lauren Harvey, University of Sydney, Sydney, NSW | 2:30pm - 2:45pm | Paper 1. Imagery-enhanced versus verbally-based group CBT for social anxiety disorder: a randomised controlled trial Peter McEvoy, Curtin University, Perth, WA |
| | | | | 2:45pm - 3:00pm | Psychometric properties of the Emotion Beliefs Questionnaire and the mediating role of emotion regulation between beliefs and affective symptoms Rodrigo Becerra, University of Western Australia, Crawley, WA | 2:45pm - 3:00pm | More than a feeling? Investigating emotional reactivity in children with conduct problems and callous-unemotional traits Jaimie Northam, University of Sydney, Sydney, NSW | 2:45pm - 3:00pm | Paper 2. A longitudinal assessment of the bivalent fear of evaluation model in social anxiety disorder Andrew Johnson, Curtin University, Perth, WA |
| | | | | 3:00pm - 3:15pm | Assessing alexithymia across Asian and Western cultures: psychometric properties of the Toronto alexithymia scale-20 and Perth alexithymia questionnaire in Singaporean and Australian samples Joan Chan, University of Western Australia, Crawley, WA | 3:00pm - 3:15pm | Parental behaviours and protective factors for children in the context of parental substance use: an exploratory analysis of factors identified by practitioners Zoe Walter, University of Queensland, Brisbane, Qld | 3:00pm - 3:15pm | Paper 3. Concurrent and prospective associations between negative social-evaluative beliefs, safety behaviours, and symptoms during and following group CBT for social anxiety disorder Melissa Burgess, University of Waterloo, West Waterloo, Ontario, Canada |
| | | | | 3:15pm - 3:30pm | Validity and reliability of the Perth alexithymia questionnaire in adults with acquired brain injury Danielle Fynn, University of Western Australia, Crawley, WA | 3:15pm - 3:30pm | Mind the family: mindfulness and imagery integrated behavioural parent training Mark Donovan, University of Wollongong, Wollongong, NSW | 3:15pm - 3:30pm | Paper 4. An investigation of cognitive and affective changes during group imagery rescripting Samantha Bank, Curtin University, Perth, WA |
| 6:30pm - 6:45pm | 6:00pm - 6:15pm | 5:30pm - 5:45pm | 3:30pm - 3:45pm | Short break | | | | | |

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| 6:45pm - 7:30pm | 6:15pm - 7:00pm | 5:45pm - 6:30pm | 3:45pm - 4:30pm | Open Papers 8: Grouped | | Symposium 12 (2558) Loneliness – theory and practice | | Symposium 13 (2411) From measurement to mechanisms: examining impairments in attentional control and their relationship with anxiety vulnerability | |
| | | | | Room: | | Room: | | Room: | |
| | | | | Chair: TBC | | Chair: Genevieve Dingle | | Chair: Owen Myles Discussant: Patrick Clarke | |
| | | | | 3:45pm - 4:00pm | A meta-analysis and systematic review of quality of life in lower-limb amputees Miranda Cashin, University of New South Wales, Sydney, NSW | 3:45pm - 4:30pm (45 min) | Paper 1. Evidence that loneliness matters in psychological practice David Preece, Curtin University, Perth, WA | 3:45pm - 4:30pm (45 min) | Paper 1. The mediating role of beliefs about attentional control in the relationship between self-report measures of attentional control and anxiety Lies Notebaert, The University of Western Australia, Crawley, WA |
| | | | | 4:00pm - 4:15pm | The factor structure of the Emotion Beliefs Questionnaire and examining the mediating role of emotion regulation between maladaptive beliefs about emotions and affective disorder symptoms among adolescents Seyran Ranjbar, University of Western Australia, Perth, WA | | Paper 2. Exploring links between social identity, emotion regulation, and loneliness in those with and without a history of a mental disorder Shaun Hayes, The University of QLD, St Lucia, Qld | | Paper 2. On the validity of self-report attention control: does the Attention Control Scale predict behavioural attention control performance Patrick Clarke, Curtin University, Perth, WA |
| 4:15pm - 4:30pm | Rapid poster presentation viewing time | | Paper 3. Alone together?: A longitudinal study of loneliness among Australians during COVID-19 Marlee Bower, The University of Sydney, Sydney, NSW | | Paper 3. Do the eyes have it? Comparing eye-movement and attentional-probe based approaches to indexing attentional control Owen Myles, The University of Western Australia, Crawley, WA | | | | |
| | | | | | | Paper 4. The impact of COVID-19 on stress, loneliness, and risky drinking in university students Genevieve Dingle, The University of QLD, St Lucia, Qld | | Paper 4. The moderating role of attentional control on the relationship between attentional preference for negative information and trait anxiety Julian Basanovic, The University of Western Australia, Crawley, WA | |
| | | | | | | | | Paper 5. The role of poor attentional control in the relationship between elevated social anxiety and selective attention to negative social information Mahdi Mazidi, The University of Western Australia, Crawley, WA | |

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| 7:30pm - 9:05pm | 7:00pm - 8:35pm | 6:30pm - 8:05pm | 4:30pm - 6:05pm | 4:30pm - 5:00pm | Invited Speaker: Imagery-rescripting for trauma affected voice hearers Dr Georgie Paulik-White, Perth Voices Clinic & University of Western Australia & Murdoch University, Perth, WA |
| | | | | 5:00pm - 6:00pm | Invited Speaker: Lessons in delivering digital mental health services: things we wished we knew before we started Professor Nick Titov, Macquarie University, Sydney, NSW |
| | | | | Room: | |
| | | | | Chair: TBC | |
| | | | | 6:00pm - 6:05pm | Closing Address Dr Janice Wong, AACBT National Conference Convenor |
| 9:05pm | 8:35pm | 8:05pm | 6:05pm | Scientific Program Close | |

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| +3 hours | +2.5 hours | +2 hours | - | | +3 hours | +2.5 hours | +2 hours | - | |
| 11:00am - 12:00pm | 10:30am - 11:30am | 10:00am - 11:00am | 8:00am - 9:00am | Workshop Registration | 11:00am - 12:00pm | 10:30am - 11:30am | 10:00am - 11:00am | 8:00am - 9:00am | Workshop Registration |
| 12:00pm - 3:30pm | 11:30am - 3:00pm | 11:00am - 2:30pm | 9:00am - 12:30pm | Treating trauma in high-risk populations Presenter: Scientia Professor Richard Bryant Room: Chair: TBC 10:30am - Short break 11:00am | 12:00pm - 3:30pm | 11:30am - 3:00pm | 11:00am - 2:30pm | 9:00am - 12:30pm | CBT-Insomnia: why is it important? What is it? How do I do it? Presenter: Dr Melissa Ree Room: Chair: TBC 10:30am - Short break 11:00am |
| | | | | Treating trauma in high-risk populations <i>Continued</i> | | | | | CBT-Insomnia: why is it important? What is it? How do I do it? <i>Continued</i> |
| 3:30pm | 3:00pm | 2:30pm | 12:30pm | Workshop Close | 3:30pm | 3:00pm | 2:30pm | 12:30pm | Workshop Close |
| 3:30pm - 4:00pm | 3:00pm - 3:30pm | 2:30pm - 3:00pm | 12:30pm - 1:00pm | Workshop Registration | 3:30pm - 4:30pm | 3:00pm - 4:00pm | 2:30pm - 3:30pm | 12:30pm - 1:30pm | Workshop Registration |
| 4:00pm - 8:00pm | 3:30pm - 7:30pm | 3:00pm - 7:00pm | 1:00pm - 5:00pm | Treating trauma using Imagery- rescripting in individuals who hear voices of have psychosis Presenter: Dr Georgie Paulik-White Room: Chair: TBC 3:15pm - Short break 3:30pm | 4:30pm - 8:00pm | 4:00pm - 7:30pm | 3:30pm - 7:00pm | 1:30pm - 5:00pm | Operating effectively as a psychologist in a private practice setting Presenters: Dr Clair Lawson & Mr Paul Jeffery Room: Chair: TBC 3:00pm - Short break 3:30pm |
| | | | | Treating trauma using Imagery- rescripting in individuals who hear voices of have psychosis <i>Continued</i> | | | | | Operating effectively as a psychologist in a private practice setting <i>Continued</i> |
| 8:00pm | 7:30pm | 7:00pm | 5:00pm | Workshop Close | 8:00pm | 7:30pm | 7:00pm | 5:00pm | Workshop Close |