



AACBT

AUSTRALIAN ASSOCIATION
FOR COGNITIVE AND
BEHAVIOUR THERAPY

Australian Association for Cognitive and Behaviour Therapy

National Conference 2021 (#AACBT21)

Posters

1. Amy Black

The effect of the fear of positive and negative evaluation on state anxiety and repetitive negative thinking in high and low socially anxious individuals

Type: Rapid poster & Poster

2. Jack Brett

Am I happy or sad? How autistic traits relate to alexithymia and its sequential impacts.

Type: Poster

3. Emma Bryant

The role of fibroblast growth factor 2 in predicting psychological outcomes during the COVID-19 pandemic

Type: Poster

4. Simon Byrne

Coaching parents to conduct powerful exposure therapy with their child

Type: Poster

5. Wenting Chen

Investigating empathy in hoarding: a potential target for improving interpersonal connection

Type: Rapid poster & Poster

6. Cassandra Crone

Supporting relationship diversity: can extended and imagined social contact reduce bias toward consensual non-monogamy?

Type: Rapid poster & Poster

7. Jonathan David

Getting distracted by reward cues: evidence that hoarding and compulsive buying are similar to behavioural addictions

Type: Rapid poster & Poster

8. Jessica De Agrela

Profiling emotion regulation abilities across negative and positive emotions in psychopathology symptoms

Type: Rapid poster presentation only

9. Kirsty Hird

Emotion regulation difficulties and self-efficacy to resist NSSI moderate the relationships between outcome expectancies and NSSI

Type: Poster



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10. Anthony Joffe

The heart of the issue: Understanding the relationship between emotion regulation and emotional labour

Type: Rapid poster & Poster

11. Amy Joubert

Understanding rumination and worry: Clinical and theoretical implications from an online qualitative survey

Type: Poster

12. Amy Joubert

Managing rumination and worry: a pilot study of an internet intervention targeting repetitive negative thinking in Australian adults

Type: Poster

13. Isabelle Kaiko

Cognitive flexibility and mind-wandering: different profiles in anxiety

Type: Rapid poster & Poster

14. Erin Kelly

Is self-compassion an important intervention target for adolescents with problematic alcohol use and anxiety symptoms?

Type: Rapid poster & Poster

15. Erin Kelly

The school-led preventure study: preventing adolescent mental illness and substance use through teacher-delivered intervention

Type: Poster

16. Olivia Kingsley

The ecological validity of the Flexible Regulation of Emotional Expression Scale

Type: Poster

17. Ian Li

COVID-19 related differences in the uptake and effects of internet-based cognitive behavioural therapy

Type: Rapid poster & Poster



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18. Stephanie Lu

Will it be worth it? Investigating depression-linked anomalies in reward expectancy formation

Type: Poster

19. Tamsin Mahalingham

Attention control moderates the relationship between social media use and psychological distress

Type: Rapid poster & Poster

20. Mahdi Mazidi

Eating disorder-specific rumination moderates the association between attentional bias to high-caloric foods and eating disorder symptoms: evidence from a reliable eye-tracking task

Type: Rapid poster presentation only

21. Mahdi Mazidi

Worry mediates the association between general intolerance of uncertainty, health-specific intolerance of uncertainty and health anxiety

Type: Poster

22. Mahdi Mazidi

Emotion regulation mediates the relationship between alexithymia and affective disorder symptoms among adolescents and adults

Type: Poster

23. Owen Myles

Anxiety and inhibition: the interactive role of state and trait anxiety in inhibitory attentional control deficits

Type: Poster

24. Jaimie Northam

Developing the growing minds check-up: a narrative review and scoping study

Type: Poster

25. Ethan Pemberton

Alexithymia profiles characterising affective disorder psychopathologies

Type: Rapid poster

26. Anastasia Pourliakas

A co-design process to assess the feasibility and acceptability of a group-based psycho-oncology program

Type: Rapid poster & Poster



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27. Seyran Ranjbar

Attentional control moderates the relationship between pain catastrophizing and selective attention to pain faces on the antisaccade task

Type: Poster

28. WITHDRAWN

29. Tanika Sgherza

Testing the mindfulness-to-meaning theory in daily life

Type: Poster

30. Lexy Staniland

Application of the nonsuicidal self-injury stigma framework

Type: Rapid poster & Poster

31. Laura Strachan

Post-traumatic stress symptoms, voice hearing, and associated psychological mechanisms of maintenance and change: a systematic review

Type: Rapid poster & Poster

32. Alyssa Tan

Emotion regulation strategy profiles that characterise loneliness and general distress

Type: Rapid poster & Poster

33. Kate Tonta

Modelling pathways to non-suicidal self-injury: the roles of perfectionism, negative affect, rumination, and attentional control

Type: Rapid poster & Poster

34. Nicole Gray

Cognitive and emotional factors associated with the desire to cease non-suicidal self-injury

Type: Poster