



# AACBT

AUSTRALIAN ASSOCIATION  
FOR COGNITIVE AND  
BEHAVIOUR THERAPY

## 42<sup>nd</sup> AACBT NATIONAL CONFERENCE

*“CBT for all”*

### **AACBT Early-Mid Career Travel Grant Guidelines**

AACBT Early-Mid Career Travel Grants will be available to AACBT members to support travel to the AACBT National Conference following acceptance of an abstract. AACBT will award complimentary 2-day scientific program registration, plus up to \$1,000 to help cover eligible travel expenses for the applicant to attend the conference.

**Travel grant applications will be open for submission after the successful abstracts are announced and will close 2 weeks later.**

#### **ELIGIBILITY CRITERIA**

1. The applicant must be a member or student member of AACBT.
2. The applicant must have had an abstract accepted for the current AACBT national conference.
3. The applicant must be based at an Australian university or institution and conducting research relevant to the understanding and development of CBT-based theories/frameworks, interventions/treatments, and training across a range of contexts.
4. Funding is only available to Early-Mid Career Researchers who are within 7 years of graduation from their highest qualification (taking into account any career disruptions as necessary) and Higher Degree Research (HDR) students.
5. AACBT will accept applications with partial funding from another source, however the applicant must disclose the details of this funding (funder, purpose, amounts).

*Recipients of duplicate funding from another source to cover the entire cost of attending the conference are not eligible to apply.*



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## CONDITIONS

1. AACBT will support up approximately 8-10 applications (the final number of applications awarded will depend on the amount of funds requested/awarded to each successful application), and applications will be considered by the AACBT Board with priority to those applicants who have not previously received an AACBT Early-Mid Career Travel Grant.
2. All values must be in Australian dollars.
3. If the application is successful, the applicant will be awarded a grant of up to \$1,000. Funds will be awarded as reimbursement of previously paid travel bookings. No funds will be available as a direct cash transfer to successful applicants. AACBT reserves the right not to fully fund costs if the booked travel costs are deemed too high.
4. No travel documentation is required at the time of application however, cost estimates will be checked to ensure they are reasonable.

## SELECTION CRITERIA

Applicants must:

1. Meet all of the eligibility criteria.
2. Complete the AACBT Early-Mid Career Travel Grant Application in full, to demonstrate that the rationale for attending the conference is clear, relevant and appropriate to your work/research and stage of professional development.

Eligible expenses include:

1. Domestic airfare / transport
  - a. Cost of return economy airfare or hire car for travel to the conference by the most direct route from the applicant's typical home address to the conference venue.
2. Accommodation: a reasonable cost for the required stay of the conference (3 nights max). *Accommodation costs will be no greater than \$200 per night (incl breakfast), which is the on-site block booking rate of our nominated conference hotel.*



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3. Ground transfers: If required, these should be estimated as a reasonable cost for a taxi transfer between the nominated airport / transport location and accommodation on arrival and departure.

## PAYMENT TO SUCCESSFUL APPLICANTS

All successful applicants must liaise with the AACBT Executive Officer ([info@aacbt.org.au](mailto:info@aacbt.org.au)). Copies of the original receipts must be provided by the successful applicant for reimbursement no later than 30 November 2021.

*Please note that accommodation for successful applicants can be booked via AACBT and the on-site block booking at our nominated conference hotel, and the applicant will have no up-front expenses.*

## APPLICATION PROCESS

To apply for an AACBT Travel Grant please refer to the AACBT Abstract Submission page.

Applications will be assessed on a case by case basis by the AACBT Board, in accordance to the eligibility criteria and until such time as the funds allocated to this initiative are exhausted.