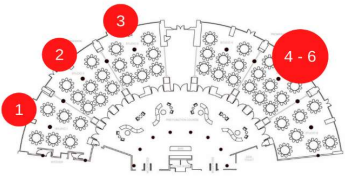





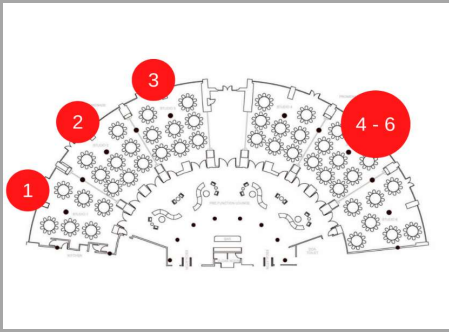


Thursday 13 October 2022					
7:45am - 8:30am		Scientific Program Registration			
8:30am - 10:00am	8:30am - 9:00am	<p>Welcome to Country - Wurundjeri people Thane Garvey <i>Wominjeka yearmann koondee biik Wurundjeri balluk</i> Welcome to the land of the Wurundjeri people</p> <p>Welcome Address Professor Peter Norton, AACBT National Conference Scientific Convenor</p> <p>AACBT National President's Address Associate Professor Melissa Norberg</p>			
<p>Studio 4-6 Chair: Louise Sharpe</p>					
9:00am - 10:00am	<p>Keynote Speaker Mindfulness-based cognitive therapy for life Professor Willem Kuyken, Oxford University Mindfulness Research Centre, UK</p>	<p>Professor Willem Kuyken is a research clinical psychologist. He learned CBT at the Center for Cognitive Therapy, University of Pennsylvania / Beck Institute, working with Aaron T. Beck. Since 2014 he has directed the Oxford Mindfulness Centre.</p>			
Move					
10:00am - 10:30am	AACBT 2022 National Award Recipient Interviews	Open Papers 01: Intrusions	Open Papers 02: Treatment factors	Open Papers 03: Parenting and mobile device	
Studio 4-6		Studio 1	Studio 2	Studio 3	
Chair: Melissa Norberg & Louise Sharpe		Chair: Kristin Gainey	Chair: Janice Wong	Chair: Carolina Gonzalez	
10:00am - 10:30am	<p>AACBT Early Career Award recipient David Preece</p> <p>AACBT Mid-career Award recipient Rebecca Anderson</p> <p>AACBT Distinguished Career Award recipient Ross Menzies</p>	<p>10:00am - 10:15am Experiencing intrusions without awareness: a detailed investigation of the characteristics and influences of meta-awareness failures Yu-Tung Jennifer Sun, Flinders University, Adelaide, SA (6142)</p> <p>10:15am - 10:30am Using Experience Sampling Methodology (ESM) to improve our understanding of intrusion frequency and intrusion related distress in posttraumatic stress disorder (PTSD) Alexandra Canty, Flinders University, Adelaide, SA (6245)</p>	<p>10:00am - 10:15am Pre-treatment prediction of dropout in group psychotherapy Ashleigh Cameron, The University of Western Australia, Crawley, WA (6132)</p> <p>10:15am - 10:30am Immersive virtual reality for cognitive-behavioural and exposure therapies: validating embodiment Cassandra Crone, Macquarie University, Macquarie Park, NSW (6014)</p>	<p>10:00am - 10:15am Coaching parents to conduct powerful exposure therapy with their child: preliminary results from a treatment trial Simon Byrne, The University of Queensland, St Lucia, QLD (6239)</p> <p>10:15am - 10:30am Using a mobile health device to monitor stress in youth psychiatric outpatients: patient and clinician acceptability Simon Byrne, The University of Queensland, St Lucia, QLD (6240)</p>	

Thursday 13 October 2022			
10:30am - 11:00am	Morning Tea (with poster presenters) Lobby		
11:00am - 12:45pm	Studio 4-6 Chair: Natasha Dean 11:00am - 11:45am Invited Speaker Can CBT be effectively adapted for people with cognitive impairment after acquired brain injury? Associate Professor Dana Wong, La Trobe University, VIC		
		Associate Professor Dana Wong leads the eNACT Research Group, which focuses on innovative neuropsychological rehabilitation techniques to improve the lives of brain injury survivors, and enhancing clinical implementation of and clinician competence in these evidence-based interventions.	
<i>Move</i>		<i>Move</i>	<i>Move</i>
Symposium 01 (6356) The transdiagnostic nature of death anxiety and other existential concerns		Symposium 02 (6174) Predicting treatment outcome for patients with obsessive-compulsive disorder (OCD): who responds best?	Open Papers 04: Treatment factors
Studio 4-6		Studio 1	Studio 2
Chair: Rachel Menzies		Chair: Bethany Wootton Discussant: Milena Gandy	Chair: Anna Dedousis-Wallace
11:45am - 12:00pm	Paper 1. The effect of mortality salience on disordered eating behaviours and attitudes Madeline Forrester, The University of Sydney, Camperdown, NSW	11:45am - 12:00pm	Paper 1. Predicting remission in obsessive-compulsive disorder: a systematic review and meta-analysis Maral Melkonian, University of Technology Sydney, Broadway, NSW
12:00pm - 12:15pm	Paper 2. "Life's too short to be small": the role of death anxiety in muscle dysmorphic disorder Rachel Menzies, The University of Sydney, Camperdown, NSW	12:00pm - 12:15pm	Paper 2. Predictors of response to cognitive behavioural therapy for individuals with obsessive-compulsive disorder: a systematic review Sarah McDonald, University of Technology Sydney, Broadway, NSW
12:15pm - 12:30pm	Paper 3. Existential concerns in OCD with aggressive and sexual obsessions Ross Menzies, University of Technology Sydney, Broadway, NSW	12:15pm - 12:30pm	Paper 3. Predicting outcome in self-guided internet-delivered cognitive behaviour therapy for obsessive compulsive disorder: a preliminary investigation Bethany Wootton, University of Technology Sydney, Broadway, NSW
12:30pm - 12:45pm	Paper 4. Existential concerns and fear of progression in rheumatoid arthritis Louise Sharpe, The University of Sydney, Camperdown, NSW	12:30pm - 12:45pm	Paper 4. Predicting outcome in self-guided internet-delivered cognitive behaviour therapy for obsessive compulsive disorder: a replication and extension Bethany Wootton, University of Technology Sydney, Broadway, NSW
11:45am - 12:00pm		11:45am - 12:00pm	Evaluating a group-based insomnia intervention for autistic adults Lauren Lawson, La Trobe University, Bundoora, VIC (6268)
12:00pm - 12:15pm		12:00pm - 12:15pm	The impact on treatment adherence of adding a bedpartner to CBT-I: preliminary findings from a randomised controlled trial (project REST) Sean Drummond, Monash University, Melbourne, VIC (6352)
12:15pm - 12:30pm		12:15pm - 12:30pm	The effects of a sleep-focused smartphone application on sleep and mental health symptoms in adolescents: a randomised controlled trial and mediation analysis Aliza Werner-Seidler, Black Dog Institute; University of New South Wales, Randwick, NSW (6131)
12:30pm - 12:45pm		12:30pm - 12:45pm	Improving engagement with digital interventions: clinician perspectives on a blended care approach to the treatment of depression and anxiety Rosemaree Miller, Black Dog Institute, Randwick, NSW (6175)
11:45am - 12:00pm		11:45am - 12:00pm	Paper 1. Inside and out of the box: transforming clinical psychology care and training during the covid-19 pandemic Maja Nedeljkovic, Swinburne University of Technology, Hawthorn, VIC
12:00pm - 12:15pm		12:00pm - 12:15pm	Paper 2. Adapting group-based compassion-focused therapy for online delivery to treat comorbid eating disorders and posttraumatic stress disorder Inge Gnat, Swinburne University of Technology, Hawthorn, VIC
12:15pm - 12:30pm		12:15pm - 12:30pm	Paper 3. Social anxiety in the time of covid: adapting a group based cognitive behaviour therapy treatment for social anxiety disorder to incorporate online delivery Catherine Brennan, Swinburne University of Technology, Hawthorn, VIC
12:30pm - 12:45pm		12:30pm - 12:45pm	Paper 4. Cognitive behaviour therapy for pandemic-related anxiety and depression in youth: an observational study Chris Ludlow, Swinburne University of Technology, Hawthorn, VIC

Thursday 13 October 2022								
12:45pm - 1:30pm		Lunch (with poster presenters) Lobby				1:00pm - 1:30pm		AACBT Annual General Meeting (AGM) - all members welcome Studio 3
1:30pm - 3:15pm		Studio 4-6 Chair: Peter Norton 1:30pm - 2:15pm Invited Speaker: Considering the role of culture in trauma-focused psychological interventions Associate Professor Laura Jobson, Monash University, VIC				Associate Professor Laura Jobson is a registered Clinical Psychologist specialising in the areas of culture and trauma. Dr Jobson leads three related themes in her program of research: 1) emotional and cognitive substrates of PTSD and depression, 2) translational studies, and 3) the role of cultural practice in wellbeing.		
Move		Move		Move		Move		
Symposium 04 (6260) Recent advances in transdiagnostic CBT		Open Papers 05: New advances in anxiety disorders and voice hearing		Symposium 05 (6264) New directions in the field of trauma and grief: identifying novel processes and improving interventions for understudied populations		Symposium 06 (6179) Mind the gap: improving engagement and adherence to digital interventions for child and adolescent anxiety and depression		
Studio 4-6		Studio 1		Studio 2		Studio 3 Child / parenting stream		
Chair: Peter Norton		Chair: Janice Wong		Chair: Fiona Maccallum		Chair: Gemma Sicouri		
2:15pm - 2:30pm	Paper 1. An analysis of differential improvement by diagnosis in group transdiagnostic cognitive behaviour therapy for anxiety disorders Peter Norton, Cairnmillar Institute, Hawthorn East, VIC	2:15pm - 2:30pm	Treatment histories, barriers and preferences for individuals with symptoms of generalized anxiety disorder Vesna Trenoska Basile, University of Technology Sydney, Broadway, NSW (5854)	2:15pm - 2:30pm	Paper 1. The mental health impacts of coercive control: a systematic review & meta-analysis Susanne Lohmann, The University of Melbourne, Melbourne, VIC	2:15pm - 2:30pm	Paper 1. Instructions for use and operationalisation of adherence to digital cognitive behavioural therapy for depression and anxiety in youth: a systematic review Sophie Li, Black Dog Institute, Randwick, NSW	
2:30pm - 2:45pm	Paper 2. A mixed methods study of an online intervention to reduce perfectionism Shanara Visvalingam, Macquarie University, Macquarie Park, NSW	2:30pm - 2:45pm	Applying imagery rescripting in the treatment of worry: a preliminary experimental investigation Lauren Stavropoulos, University of New South Wales, Sydney, NSW (58560)	2:30pm - 2:45pm	Paper 2. When we fail to live up to our own standards: self-discrepancy and moral injury Kari James, The University of Queensland, St Lucia, QLD	2:30pm - 2:45pm	Paper 2. Co-development of a digital cognitive bias modification of interpretations for child anxiety and depression Gemma Sicouri, Black Dog Institute, Randwick, NSW	
2:45pm - 3:00pm	Paper 3. A randomised controlled trial evaluation two universal prevention programs for children: building resilience to manage worry Junwen Chen, The Australian National University, Canberra, ACT	2:45pm - 3:00pm	The role of fear of positive evaluation in social anxiety: a systematic review and meta-analysis Sarina Cook, The University of Melbourne, Parkville, VIC (6251)	2:45pm - 3:00pm	Paper 3. Bereavement during the covid-19 pandemic: a focus on mental health outcomes and support needs following bereavement due to suicide Fiona Maccallum, The University of Queensland, St Lucia, QLD	2:45pm - 3:00pm	Paper 3. Increasing access to care for Australian children with anxiety and depression: the online mental health check Deanna Francis, Black Dog Institute, Randwick, NSW	
3:00pm - 3:15pm	Paper 4. Increasing access to CBT for all: codesign of a blended care app for depression and anxiety Kathleen O'Moore, Black Dog Institute, Randwick, NSW	3:00pm - 3:15pm	Pathways from trauma to unusual perceptual experiences: modelling the roles of insecure attachment, negative affect, emotion regulation, and dissociation Laura Strachan, Curtin University, Bentley, WA (Abstract_Strachan)	3:00pm - 3:15pm	Paper 4. Reducing symptoms of anxiety and depression in young people experiencing grief: results from a systematic review and meta-analysis Lauren Breen, Curtin University, Bentley, WA	3:00pm - 3:15pm	Discussion	


Thursday 13 October 2022								
3:15pm - 3:45pm	Afternoon Tea (with poster presenters) Lobby							
3:45pm - 5:00pm	Symposium 07 (6115) Mechanisms and optimisation of treatment for anxiety		Open Papers 06: Medical and health		Open Papers 07: Telehealth and digital health		Symposium 08 (6335) Innovations in Australian clinical child and youth research: introducing growing minds Australia	
Studio 4-6		Studio 1		Studio 2		Studio 3		
Chair: Carly Johnco		Chair: Heidi Saunders		Chair: Alana Fisher		Chair: Mark Dadds Discussant: Mark Dadds		
3:45pm - 4:00pm	Paper 1. Investigating the use of exposure for the treatment and targeted prevention of anxiety and related disorders in young people Jennie Hudson, Black Dog Institute, Randwick, NSW	3:45pm - 4:00pm	Predictive genetic testing for amyotrophic lateral sclerosis: psychological differences between those who receive and do not receive testing Marika Blonner, Macquarie University, Macquarie Park, NSW (6177)	3:45pm - 4:00pm	Who chooses internet-delivered cognitive-behavioural therapy for obsessive compulsive disorder? Maral Melkonian, University of Technology Sydney, Broadway, NSW (6255)	3:45pm - 4:00pm	Paper 1. The growing minds Australia clinical trials network in child & adolescent mental health: progress & challenges David Hawes, The University of Sydney, Camperdown, NSW	
4:00pm - 4:15pm	Paper 2. An inhibitory learning approach to optimising exposure therapy: understanding the temporal features of expectancy violation during exposure therapy Carly Johnco, Macquarie University, Macquarie Park, NSW	4:00pm - 4:15pm	The use of internet delivered cognitive behavioural therapy (ICBT) for health anxiety in a general hospital outpatient setting. Michael Murphy, Black Dog Institute, Randwick, NSW (6271)	4:00pm - 4:15pm	Is it as good as being in person? The effectiveness of a modified buried in treasures group for hoarding disorder using video teleconferencing Keong Yap, Australian Catholic University, Strathfield, NSW (6254)	4:00pm - 4:15pm	Paper 2. Developing the growing minds check-in: a systematic review and scoping study Jaimie Northam, The University of Sydney, Camperdown, NSW	
4:15pm - 4:30pm	Paper 3. A single-session online cognitive bias modification of interpretations modified for adults with anxiety and depressive symptoms Gemma Sicouri, Black Dog Institute, Randwick, NSW	4:15pm - 4:30pm	Intrusive thoughts and images in health anxiety Natalie Windsor, University of New South Wales, Sydney, NSW (6164)	4:15pm - 4:30pm	Integrating telehealth into routine clinical practice for eating disorders: increasing access at the expense of outcomes? Peter McEvoy, Centre for Clinical Interventions, Perth, WA (6171)	4:15pm - 4:30pm	Paper 3. Lived experience in child and youth mental health-reshaping CBT intervention delivery Trisha Nowland, The University of Sydney, Camperdown, NSW	
4:30pm - 4:45pm	Paper 4. Eye-tracking to assess anxiety-related attentional biases among a large sample of preadolescent children Ella Oar, Macquarie University, Macquarie Park, NSW	4:30pm - 4:45pm	The value of compassionate support for addressing smoking for people who experience severe mental illness: a qualitative study Kristen McCarter, University of Newcastle, Callaghan, NSW (6038)	4:30pm - 4:45pm	An exploratory study on the effects of an online guided rescripting exercise for obsessional imagery David Cooper, University of New South Wales, Sydney, NSW (5932)	4:30pm - 4:45pm	Paper 4. Stepped care assessment and intervention - CBT innovation in child and youth mental health Olivia Liew, The University of Sydney, Camperdown, NSW	
4:45pm - 5:00pm	Paper 5. Content of therapist session notes in online CBT for childhood anxiety Lauren McLellan, Macquarie University, Macquarie Park, NSW	4:45pm - 5:00pm	"QUITLINK"—a randomized controlled trial of peer worker facilitated QUITLINE support for smokers receiving mental health services Kristen McCarter, University of Newcastle, Callaghan, NSW (6033)	4:45pm - 5:00pm	Remote cognitive-behavioural therapy for generalized anxiety disorder: a preliminary meta-analysis Vesna Trenoska Basile, University of Technology Sydney, Broadway, NSW (5853)	4:45pm - 5:00pm	Discussion	
Move	Move		Move		Move		Move	
5:00pm - 5:45pm	Studio 4-6 Chair: Louise Sharpe		 		<p>Dr Zeffie Poulakis is the Director of the Victorian Infant Hearing Screening Program at the Royal Children's Hospital's Centre for Community Child Health.</p> <p>Dr Carmen Pace is a senior clinical psychologist in the Gender Service (Department of Adolescent Medicine) and in the Psychology Service (Mental Health) at the Royal Children's Hospital Melbourne.</p>			
5:00pm - 5:45pm	Invited Speakers Mental health in trans, gender diverse, and non-binary young people: what we know and how to help Dr Zeffie Poulakis & Dr Carmen Pace, The Royal Children's Hospital Melbourne, VIC							
5:45pm - 7:00pm	Studio 4-6 Chairs: Kristin Gainey & David Preece							
5:45pm - 7:00pm	Early Career Network Meeting (Researchers and Clinicians)							
7:00pm - 9:00pm	Welcome Reception Lobby							

Friday 14 October 2022																	
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	<p>Dr Cammi Murrup-Stewart is an Aboriginal woman with close ties to Wurundjeri Country and a family history impacted by the Stolen Generation policies. She is an Assistant Lecturer (Indigenous) and researcher at the Turner Institute for Brain and Mental Health, Monash University.</p>																
	<table border="1"> <tr> <td colspan="2">Studio 3</td> </tr> <tr> <td colspan="2">Chair: Genevieve Dingle</td> </tr> <tr> <td>7:45am - 8:45am</td> <td> "Publish that Paper!" Tips for ECR researchers Associate Professor Genevieve Dingle, Editor "Behaviour Change" </td> </tr> <tr> <td colspan="2"><i>Move</i></td> </tr> </table>	Studio 3		Chair: Genevieve Dingle		7:45am - 8:45am	"Publish that Paper!" Tips for ECR researchers Associate Professor Genevieve Dingle, Editor "Behaviour Change"	<i>Move</i>									
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Friday 14 October 2022								
10:30am - 11:00am	Morning Tea (with poster presenters) Lobby							
11:00am - 12:15pm	Symposium 09 (6282) Transdiagnostic factors across depression, anxiety and eating disorders		Symposium 10 (6250) Promoting personal recovery in public mental health: consumer experiences and process-based interventions		Symposium 11 (6270) New directions in understanding and addressing emotion (dys)regulation		Symposium 12 (6253) Contemporary issues in supporting children and young people: transdiagnostic mechanisms and treatments	
	Studio 4-6		Studio 1		Studio 2		Studio 3 Child / parenting stream	
	Chair: Litza Kiroopoulos		Chair: Eric Morris Discussant: Neil Thomas		Chair: Genevieve Dingle Discussant: David Preece		Chair: Caroline Donovan	
11:00am - 11:15am	Paper 1. Transdiagnostic psychological processes underlying depression and anxiety in multiple sclerosis and endometriosis: a systematic review and meta-analysis Rebekah Davenport, The University of Melbourne, Parkville, VIC	11:00am - 11:15am	Paper 1. The NorthWestern Mental Health (NWMH) activating recovery program: embedding process driven therapies into public mental health services Lisa Soares, NorthWestern Mental Health, Royal Melbourne Hospital, Bundoora, VIC	11:00am - 11:15am	Paper 1. The relationship between emotion regulation and social support in the prediction of well-being: longitudinal evidence from two vulnerable samples Zoe Walter, The University of Queensland, St Lucia, QLD	11:00am - 11:15am	Paper 1. An investigation of potential mechanisms of change in a parenting program for families facing multiple adversities Sharon Dawe, Griffith University, Mt Gravatt, QLD	
11:15am - 11:30am	Paper 2. Can embodiment illusions elucidate transdiagnostic factors across depression, anxiety, psychosis, eating disorders and body dysmorphia? A scoping review Jade Portingale, The University of Melbourne, Parkville, VIC	11:15am - 11:30am	Paper 2. "Look at the person not the illness": consumers' experiences of acceptance and commitment therapy groups supporting psychosis recovery Eric Morris, La Trobe University ; NorthWestern Mental Health, Royal Melbourne Hospital, Bundoora, VIC	11:15am - 11:30am	Paper 2. Components of emotion regulation flexibility and reactions to loss during the COVID-19 pandemic Fiona Maccallum, The University of Queensland, St Lucia, QLD	11:15am - 11:30am	Paper 2. Multi-dimensional perfectionism and associations with emotion regulation strategies and obsessive-compulsive symptoms Matthew McKenzie, Griffith University, Mt Gravatt, QLD	
11:30am - 11:45am	Paper 3. An examination of the transdiagnostic model of eating disorders across anorexia nervosa-restrictive, anorexia nervosa-binge-purging and bulimia nervosa An Dang, The University of Melbourne, Parkville, VIC	11:30am - 11:45am	Paper 3. Therapist self-disclosure in group acceptance and commitment therapy for psychosis recovery Julia Nicholls, Alfred Health, Melbourne, VIC; Ellie Newman, Peninsula Health Mental Health Service, Melbourne, VIC	11:30am - 11:45am	Paper 3. Longitudinal study of loneliness, social connections and emotion regulation in psychology clinic clients Shaun Hayes, The University of Queensland, St Lucia, QLD	11:30am - 11:45am	Paper 3. FULLFIX: a randomised controlled trial of a telephone delivered transdiagnostic intervention for comorbid substance and mental health problems in young people Leanne Hides, The University of Queensland, St Lucia, QLD	
11:45am - 12:00pm	Paper 4. A longitudinal examination of anxiety sensitivity in the relationship between intolerance of uncertainty, health anxiety, and GAD, SAD, PTSD and PD symptoms in multiple sclerosis, help-seeking, and community-based populations Linh Dang, The University of Melbourne, Parkville, VIC	11:45am - 12:00pm	Paper 4. Engaging consumers in their own recovery - evaluating relapse prevention work in the public mental health sector Simone Cremona, NorthWestern Mental Health, Royal Melbourne Hospital, Bundoora, VIC	11:45am - 12:00pm	Paper 4. Efficacy of the tuned in music emotion regulation program in international university students Dianna Vidas, The University of Queensland, St Lucia, QLD	11:45am - 12:00pm	Paper 4. Treating paediatric insomnia & comorbid disorders: a RCT of a group-based, parent-focused CBT program for sleep problems in young children Caroline Donovan, Griffith University, Mt Gravatt, QLD	
12:00pm - 12:15pm	Paper 5. Psychological correlates of death anxiety in oncology, multiple sclerosis and eating disorder populations: a systematic review Anastasia Pouriakas, The University of Melbourne, Parkville, VIC	12:00pm - 12:15pm	Discussion	12:00pm - 12:15pm	Discussion	12:00pm - 12:15pm	Paper 5. Trajectories of anxiety among adolescents from a national, longitudinal sample, and the role of social support from parents, peers, and the school in predicting anxiety development Sue Spence, Griffith University, Mt Gravatt, QLD	

Friday 14 October 2022								
12:15pm - 1:00pm	Lunch (with poster presenters) Lobby						12:30pm - 1:00pm	AACBT Branch open meeting Studio 3
1:00pm - 2:15pm	Symposium 13 (6246) Unpacking the factors the lead to hoarding: the way forward		Symposium 14 (6285) Interpretation bias in pain conditions: mechanisms and treatment		Open Papers 08: Emotion regulation and psychological flexibility		Symposium 15 (6241) From perinatal care to school involvement: supporting parents and their children's development through parenting interventions	
	Studio 4-6		Studio 1		Studio 2		Studio 3 Child / parenting stream	
	Chair: Jonathan David Discussant: Jessica Grisham		Chair: Jemma Todd Discussant: Louise Sharpe		Chair: Kristin Gainey		Chair: Alina Morawska	
1:00pm - 1:15pm	Paper 1. Investigating the motivations behind acquiring and saving Jonathan David, Macquarie University, Macquarie Park, NSW	1:00pm - 1:15pm	Paper 1. The role of interpretation bias in endometriosis-related pain and disability Brydee Pickup, The University of Sydney, Camperdown, NSW	1:00pm - 1:15pm	'Managing emotion': open label trial and waitlist controlled trial of an emotion regulation program for university students Penelope Hasking, Curtin University, Bentley, WA (6365)	1:00pm - 1:15pm	Paper 1. Prenatal depression and anxiety among pregnant women in low resource settings: a hospital-based prevalence study Japheth Adina, The University of Queensland, St Lucia, QLD	
1:15pm - 1:30pm	Paper 2. The experience and expression of anger in hoarding Wanting Chen, University of New South Wales, Sydney, NSW	1:15pm - 1:30pm	Paper 2. Interpretation biases, pain, and fear of progression in endometriosis Daelin Coutts-Bain, The University of Sydney, Camperdown, NSW	1:15pm - 1:30pm	Analysis of distinctive biomarkers of emotion regulation strategies Tomas Meaney, University of New South Wales, Sydney, NSW (6161)	1:15pm - 1:30pm	Paper 2. Parent challenges in implementing health behaviours with young children Alina Morawska, The University of Queensland, St Lucia, QLD	
1:30pm - 1:45pm	Paper 3. The high prevalence of loneliness in people with hoarding disorder Keong Yap, Australian Catholic University, Strathfield, NSW	1:30pm - 1:45pm	Paper 3. Interpretation bias predicting the transition from acute to chronic pain Jemma Todd, The University of Sydney, Camperdown, NSW	1:30pm - 1:45pm	Self-compassion, psychological flexibility, burnout, and emotional labour: how do they relate in psychologists? James Clarke, Curtin University, Bentley, WA (6090)	1:30pm - 1:45pm	Paper 3. Children born very preterm transitioning to school: predictors of school readiness and adjustment Amy Mitchell, Griffith University, Mt Gravatt, QLD	
1:45pm - 2:00pm	Paper 4. Examining the multidimensional nature of "self" in hoarding disorder Richard Moulding, Cairnmillar Institute, Hawthorn East, VIC	1:45pm - 2:00pm	Paper 4. The efficacy of cancer-specific vs pain-related cognitive bias modification for interpretation (CBM-I) for the treatment of fear of cancer recurrence in breast and ovarian cancer Poorva Pradhan, The University of Sydney, Camperdown, NSW	1:45pm - 2:00pm	The role of psychological flexibility in understanding the impact of trauma symptoms in helpers Angelika Radeka, La Trobe University, Bundoora, VIC (6200)	1:45pm - 2:00pm	Paper 4. Preferences of parent of children born very pre-term for parenting support at the transition to school Alina Morawska, The University of Queensland, St Lucia, QLD	
2:00pm - 2:15pm	Paper 5. Family accommodation in hoarding: supporting families and carers of individuals with hoarding Maja Nedeljkovic, Swinburne University of Technology, Hawthorn, VIC	2:00pm - 2:15pm	Discussion			2:00pm - 2:15pm	Paper 5. The role of parenting self-efficacy on teacher-child relationship and parent-teacher communication: evidence from an Australian national longitudinal study Tianyi Ma, The University of Queensland, St Lucia, QLD	

Friday 14 October 2022									
Move	Move	Move	Move	Move	Move	Move	Move	Move	Move
2:15pm - 3:15pm	Open Papers 09: Transdiagnostic	Symposium 16 (6355) Novel treatment strategies for identifying & treating loneliness, anxiety & depression		Symposium 17 (6165) Building evidence to improve access and effectiveness of parenting interventions for caregivers, children, and families		Open Papers 10: Child / adolescent			
	Studio 4-6	Studio 1		Studio 2		Studio 3		Child / parenting stream	
	Chair: Heidi Saunders	Chair: Viviana Wuthrich		Chair: Matthew R Sanders		Chair: Lisa Catania			
2:15pm - 2:30pm	Sudden gain prevalence during transdiagnostic cognitive-behavioural therapy for principal anxiety disorders: the effects of comorbid depression Ursula Silverstone, Cairnmillar Institute, Hawthorn East, VIC (6530)	2:15pm - 2:30pm	Paper 1. Development and validation of the loneliness automatic thoughts questionnaire Jessamine Chen, Centre for Emotional Health, Macquarie University, Macquarie University, NSW	2:15pm - 2:30pm	Paper 1. Validation of a brief scale assessing self-regulation in parents and parenting practitioners Tianyi Ma, The University of Queensland, St Lucia, QLD	2:15pm - 2:30pm	A mental health program accessible to children with reading difficulties: an evaluation of the 'Clever Kids' program Mark Boyes, Curtin University, Bentley, WA (5872)		
2:30pm - 2:45pm	Sudden gains in therapist-guided versus self-guided online treatments for anxiety or depression Madelyne Bisby, Macquarie University, Macquarie Park, NSW (6084)	2:30pm - 2:45pm	Paper 2. Focused cognitive restructuring alleviates feelings of aloneness, loneliness, and promotes social connectedness Dino Zagic, Centre for Emotional Health, Macquarie University, Macquarie University, NSW	2:30pm - 2:45pm	Paper 2. Effects of family life skills Triple P: an open feasibility trial for vulnerable parents Matthew R Sanders, The University of Queensland, St Lucia, QLD	2:30pm - 2:45pm	The curative effect of schools: a longitudinal study of the impact of school climate, school identification, and resilience on adolescent mental health Aseel Sahib, The Australian National University, Canberra, ACT (5684)		
2:45pm - 3:00pm	The wellbeing neuro course: a randomised controlled trial of an internet-delivered transdiagnostic psychological intervention for adults with neurological disorders Milena Gandy, Macquarie University, Macquarie Park, NSW (6078)	2:45pm - 3:00pm	Paper 3. Utilising Telehealth to treat depression and anxiety in older adults: a multi-site clinical trial Jessamine Chen, Centre for Emotional Health, Macquarie University, Macquarie University, NSW	2:45pm - 3:00pm	Paper 3. Effectiveness of Triple P in an orphanage context in Lahore, Pakistan Amina Khalid, The University of Queensland, St Lucia, QLD	2:45pm - 3:00pm	Mind the family: enhanced behavioural parent training for fathers and mothers Mark Donovan, University of Wollongong, Wollongong, NSW (5875)		
3:00pm - 3:15pm	The timing and magnitude of symptom improvements during an internet-delivered transdiagnostic treatment program for anxiety and depression Madelyne Bisby, Macquarie University, Macquarie Park, NSW (6085)	3:00pm - 3:15pm	Paper 4. Acceptability and feasibility of a wellbeing check for primary care Viviana Wuthrich, Centre for Emotional Health, Macquarie University, Macquarie University, NSW	3:00pm - 3:15pm	Paper 4. Profile of parents' preferences to enhance their engagement with parenting interventions Carolina Gonzalez, The University of Queensland, St Lucia, QLD				

Friday 14 October 2022							
3:15pm - 3:45pm	Afternoon Tea (with poster presenters) Lobby						
3:45pm - 5:00pm	Open Papers 11: Diverse populations		Symposium 18 (6194) Cognitive processing therapy for PTSD/CPTSD: increasing impacts and reach		Open Papers 12: Digital approaches		Open Papers 13: Child, youth & family
Studio 4-6		Studio 1		Studio 2		Studio 3	
Chair: David Hawes		Chair: Reg Nixon		Chair: David Preece		Chair: Carolina Gonzalez	
3:45pm - 4:00pm	How are LGBTQ people impacted by public debates about LGBTQ rights? Liam Casey, University of Technology Sydney, Broadway, NSW (5963)	3:45pm - 4:00pm	Paper 1. Randomised controlled trial of an online stepped care treatment approach for adults with posttraumatic stress disorder Larissa Roberts, Flinders University, Adelaide, SA	3:45pm - 4:00pm	A real-world evaluation of "KIT" the body image chatbot Gemma Sharp, Monash University, Melbourne, VIC (6203)	3:45pm - 4:00pm	Predicting the sustained implementation of an evidence-based parenting program: a structural equation modelling approach Tianyi Ma, Parenting and Family Support Centre, The University of Queensland, St Lucia, QLD (6126)
4:00pm - 4:15pm	Prospective effects of internalised stigma on same-sex relationship satisfaction: the mediating role of depressive symptoms and couple conflict Josh Nguyen, La Trobe University, Bundoora, VIC (5900)	4:00pm - 4:15pm	Paper 2. An open trial of cognitive processing therapy in a youth mental health service Reg Nixon, Flinders University, Adelaide, SA	4:00pm - 4:15pm	While we wait: using digital technology to improve care for young people awaiting in-person mental health services Belinda Parker, Black Dog Institute, Randwick, NSW (6128)	4:00pm - 4:15pm	Depression predicts emotion acceptance beliefs in early adolescence: a longitudinal investigation Lauren Harvey, NSW Health; The University of Sydney, Glebe, NSW (6072)
4:15pm - 4:30pm	Pilot trial of a guided culturally attuned internet-delivered mindfulness intervention for Indonesian university students' distress Ratih Arruum Listiyandini, University of New South Wales, Sydney, NSW (6201)	4:15pm - 4:30pm	Paper 3. Pilot study of the feasibility and outcomes of cognitive processing therapy for young people with comorbid posttraumatic stress and substance use disorders in residential substance use treatment Leanne Hides, The University of Queensland, St Lucia, QLD	4:15pm - 4:30pm	Barriers to treatment participation in an internet-based treatment program for child anxiety Lauren McLellan, Macquarie University, Macquarie Park, NSW (6120)	4:15pm - 4:30pm	Development of anxiety and depressive symptoms across adolescence: role of cognitive biases and molecular genetics Elaine Fox, University of Adelaide, Adelaide, SA (EFox_2022)
4:30pm - 4:45pm	Understanding and supporting young trans people who self-injure Kirsty Hird, Curtin University & Telethon Kids Institute, Leederville, WA (5901)	4:30pm - 4:45pm	Paper 4. Implementation of CPT in a Victorian community mental health service Kirsten Yates, Monash Health, Melbourne, VIC	4:30pm - 4:45pm	A cognitive behavioural therapy smartphone app for adolescent depression and anxiety: co-design of CLEARLYME Sophie Li, Black Dog Institute, Randwick, NSW (6117)		
Room preparation		4:45pm - 5:00pm	Paper 5. Improving delivery of an evidence-based therapy for posttraumatic stress disorder (PTSD): a combined analysis of clinical effectiveness and associated economic benefits Sheradyn Matthews, Flinders University, Adelaide, SA	4:45pm - 5:00pm	User decision-making about digital mental health service use: a qualitative exploration of therapist perspectives Alana Fisher, Macquarie University, Macquarie Park, NSW (5815)		
Move	Move	Move		Move		Move	
5:00pm - 5:50pm	Studio 4-6 Chair: David Hawes			Professor Andrew Chanen's interests lie in prevention and early intervention for severe mental disorders, principally personality disorders, along with mood and psychotic disorders.			
5:00pm - 5:45pm	Invited Speaker Early intervention for personality disorder in young people is easier than you might imagine Professor Andrew Chanen, Orygen, the National Centre of Excellence in Youth Mental Health, VIC						
5:45pm - 5:50pm	Closing Address Ms Natasha Dean, AACBT National Conference Convenor						
5:50pm	Scientific Program Close						

Saturday 15 October 2022			
8:00am - 9:00am	Workshop Registration		
9:00am - 5:00pm	Mindfulness: ancient wisdom meets modern psychology in the contemporary world	Developing a professional and clinical toolkit for being a First Nations ally	How to effectively adapt CBT for people with cognitive impairment <i>Workshop supported by Transport Accident Commission (TAC)</i>
	Room: Studio 2	Room: Studio 3	Room: Studio 3
	Chair: Louise Sharpe	Chair: Kristin Gainey	Chair: Melissa Hasty
	Presenter: Professor Willem Kuyken, Oxford University Mindfulness Research Centre, UK	Presenters: Cammi Murrup-Stewart & Samuel Fisher Monash University	Presenter: Dana Wong La Trobe University
	<i>All-day workshop</i>	<i>AM only workshop</i>	
10:30am - 11:00am	Morning Tea Lobby		
	<i>Continued</i>	<i>Continued</i>	
12:30pm - 1:30pm	Lunch (and skills practice if req.) Lobby		
	<i>Continued</i>		<i>PM only workshop</i>
3:00pm - 3:30pm	Afternoon Tea Lobby		
	<i>Continued</i>		<i>Continued</i>
5:00pm	Close		