

Australian Association for Cognitive and Behaviour Therapy

National Conference 2022 (#AACBT22) – **Posters**

1. Nicole Gray

Profiling ambivalence in the context of non-suicidal self-injury

Type: Rapid poster presenter & Poster

2. Eric Morris

Examining psychological flexibility and other transdiagnostic psychological processes in poor sleep

Type: Rapid poster presenter & Poster

3. Erin Forbes

Rates of procedural anxiety during radiotherapy and next steps

Type: Rapid poster presenter & Poster

4. Michelle Tadros

Psychological treatments to improve sleep quality in university students: a systematic review and meta-analysis

Type: Poster

5. Kate Maston

A trial to prevent depression at scale in Australian adolescents: the future proofing study

Type: Rapid poster presenter & Poster

6. Anthony Joffe

All in a days work: examining how Australian psychologists manage their own emotions when providing therapy

Type: Rapid poster presenter & Poster

7. Imran Keshani

Telehealth-delivered CBT for older adults

Type: Rapid poster presenter & Poster

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8. Lauren Stavropoulos

Basic processes and clinical applications of mental imagery in generalised anxiety disorder: a systematic review

Type: Rapid poster presenter & Poster

9. Isaac Sabel

Imagining letting go: rescripting negative discarding imagery in hoarding disorder

Type: Rapid poster presenter & Poster

10. Henry Austin

Investigating the relationship between perseverative negative thinking and disrupted sleep in the laboratory and daily life

Type: Rapid poster presenter & Poster

11. Donita Baird

Behaviour change techniques used by Quitline to support people with severe mental illness who smoke

Type: Rapid poster presenter & Poster

12. Nusaibah Islam

Think you're tired? The relationship between cognitions and fatigue in a community sample.

Type: Rapid poster presenter & Poster

13. Cassie Lavell

Developmentally tailored cognitive-behavioural therapy for adolescent body dysmorphic disorder: a multiple-baseline design pilot study

Type: Rapid poster presenter & Poster