

An AACBT / WCCBT Special Event

# The power of parenting with Professor Matt Sanders



Learn the latest in parenting interventions from an Australian world expert and how to best target child social, behavioural, and emotional problems!

## GUEST SPEAKER Professor Matthew Sanders

This one-day workshop provides an overview of the latest developments in the Triple P multilevel system of parenting interventions and their application to a broad range of child social, emotional, and behavioural problems.

This full-day workshop is designed for all levels of clinician.

Strategies for dealing with vulnerable and high-risk parents are discussed including parents with mental health problems, relationship problems, and parents affected by substance abuse and trauma. A series of case scenarios will be used to develop participant clinical problem solving and formulation skills.

Full details, including pre-readings and learning objects are on the website.

*This workshop has 7 hours CPD and includes morning tea. Lunch is self-catered on-site.*

- **Sydney only @ Easts Bondi Junction, Spring Street, Bondi Junction – Wednesday 26 July 2023**

### Ticket prices

- AACBT Full Members \$200 (\$275 after early-bird expires)
- AACBT Student Members \$80
- Non-Members \$380

*\*group prices available*

**Professor Sanders** is a Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at The University of Queensland. He is the founder of the internationally recognized Triple P-Positive Parenting Program.

He has published extensively in parenting, family psychology and the prevention and treatment of behavioural and emotional problems in children.

He is a former Queenslander of the Year, and a 2023 world CBT Ambassador for WCCBT.



**AACBT**

AUSTRALIAN ASSOCIATION  
FOR COGNITIVE AND  
BEHAVIOUR THERAPY

Book now at <https://www.aacbt.org.au/events/>