



# AACBT

AUSTRALIAN ASSOCIATION  
FOR COGNITIVE AND  
BEHAVIOUR THERAPY

## **AACBT MID-CAREER AWARD**

### **AIM, CRITERIA, PROCEDURE, SELECTION PROCESS**

#### **Aim of the award**

The aim of this annual award is to recognise the exceptional contribution of a mid-career AACBT member to CBT, through research, teaching, and clinical innovation, over a 10-15-year period since completion of a research or clinical doctorate.

#### **Detailed selection criteria**

- Evidence of an exceptional contribution to the advancement of CBT knowledge and/or practice as evidenced by achievements such as research grants, publications, supervision of research candidates, conference presentations, innovation & track record in clinical supervision, teaching & dissemination of knowledge and skills relating to CBT practice, innovative clinical and practice developments in CBT, leadership in CBT, contribution to policy and practice as related to CBT, contributions to AACBT, dedication to science, and other key achievements.
- No award will be made if the quality of applicants is deemed by the selection committee to not meet the award criteria.
- No more than one award will be made annually.
- Individuals may apply annually if the eligibility criteria are met.

#### **Eligibility**

To be considered eligible for the award:

- You must have completed your PhD or Clinical Doctorate within the past 10-15 years from the date of closure of nominations.
- Career disruptions will be considered and are defined as a prolonged interruption (> 28 consecutive days) in your capacity to work, due to pregnancy; major illness/injury; or carer responsibilities.
- You must be a current member of AACBT at the time of nomination and have been a member for at least the previous one (1) year, i.e. two (2) consecutive years in total at a minimum.
- You must not be a current member of the AACBT Board or National Conference committee.
- You must not have won this award previously.

#### **Conditions the award and related responsibilities**

- The award is composed of \$2,000 to be used for travel to the AACBT National Conference in the year of the award and will receive a complimentary 2-day scientific program registration. All travel, meals, accommodation, etc. costs are the responsibility of the award winner.
- It is a condition of the award that the successful nominee is presented with their award at the AACBT National Conference in the year of the award.

- The successful awardee may be invited to present an invited paper, or clinical skills session at the AACBT National Conference in the year of the award, alternately they may be asked to record a webinar or online presentation (60 min max) for distribution through the AACBT website. If the latter, the awardee will conduct a short (10 min max) in-person interview during National Conference, hosted by our National President and National Conference Coordinator / Chair.
- The award winner will be presented with a commemorative plaque.
- It is expected that:
  - Remaining funds, not spent on attending the AACBT National Conference should be used for other CBT related activities including conference travel, research, or clinical expenses.
  - The award winner will continue their involvement with the AACBT in the years following their award by attending or presenting at AACBT national or branch events, through paper submissions to Behaviour Change, participating in AACBT branch or national boards or committees, and/or mentoring of AACBT members.

### **Selection Process**

- Individuals self-nominate and must have obtained permission from the two (2) named referees to be approached by AACBT for a reference.
- Nominations will be considered by the AACBT selection committee and referee reports will be obtained for short-listed nominees.
- The AACBT selection committee will further review the nominations and referee reports and will provide a recommendation for the award, along with a summary of the short-listed applicants, to the AACBT Board of Directors who will make the final decision.

### **Number of Recipients:**

- Up to one (1) per year.

### **Nomination Materials:**

- Self-nomination summarising the case in relation to the criteria above, including a 4-page Curriculum Vitae.
- Contact details of two (2) referees who have provided permission to be contacted.

### **Selection Committee:**

- Three (3) AACBT Board Members, consisting of:
  - National President
  - National Conference Coordinator
  - Director (Memberships)

*The Board reserves the right to amend the selection committee as may be required.*

### **Key Dates:**

- Call for nominations: June
- Closing date for nominations: Late July
- Short list by selection committee: Early August
- Referee reports due: Early August
- Final recommendation: mid-August
- Decision by Board of Directors: August
- Announcement: August



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Address all questions and correspondence to:  
email: [info@aacbt.org.au](mailto:info@aacbt.org.au)

**CLOSING DATE FOR NOMINATIONS: Monday 31 July 2023**

## NOMINATION FORM

### SECTION 1: Personal Information

Name: \_\_\_\_\_  
(Title) (Given Name/s) (Surname)

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_

email: \_\_\_\_\_

**SECTION 2: Universities attended, and academic qualifications gained – with dates of graduation.** Please also provide details (including dates) if there are any career disruptions you would like considered.

**SECTION 3: Please attach a Curriculum Vitae of no more than four pages.** This should include an employment history and make a case as to why you meet the selection criteria.  
*No more than 4 pages please. 12-point Calibri font, no less than 1.5 line spacing.*

- Make a case for your exceptional contribution to the advancement of CBT knowledge

and/or practice as evidenced by achievements such as research grants, publications, supervision of research candidates, conference presentations, innovation & track record in clinical supervision, teaching & dissemination of knowledge and skills relating to CBT practice, innovative clinical and practice developments in CBT, leadership in CBT, contribution to policy and practice as related to CBT, contributions to AACBT, dedication to science, and other key achievements.

**SECTION 4: Please attach a list of all the nominee's publications.**

*Electronic listing / link to website is acceptable.*

**SECTION 5: Please provide electronic (.pdf) copies of two (2) recent publications for reference.**

**SECTION 6: Please give the names and contact details of two (2) referees who can be approached by AACBT.** Referees should be able to comment authoritatively on the applicant's academic qualifications, employment history, and career achievements in relation to the selection criteria.

**Referee 1:**

**Name:** \_\_\_\_\_  
(Title) (Given Name/s) (Surname)

**Position:** \_\_\_\_\_

**Institution:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**email:** \_\_\_\_\_

**Referee 2:**

**Name:** \_\_\_\_\_  
(Title) (Given Name/s) (Surname)

**Position:** \_\_\_\_\_

**Institution:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**email:** \_\_\_\_\_

**SECTION 7: Declaration**

I declare that:

- The information in my nomination is accurate.
- I am the person primarily responsible for the materials included my Curriculum Vitae.
- I accept that the decision of the AACBT selection committee and AACBT Board is final.
- I am a current member of AACBT at the time of nomination and have been a member for at least the previous one (1) year, i.e. two (2) consecutive years in total at a minimum.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**SECTION 8: Lodgement**

Please email your complete nomination form to: [info@aacbt.org.au](mailto:info@aacbt.org.au).

**Closing date: Monday 31 July 2023**